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2023 Cross Country Sectional & State Championship Tournament Guide

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2023 Cross Country Sectional & State Championship Guide

Table of Contents	Page(s)
General Rules for Sectional & State Championship Meets	3
Sectional Site Information & Assignments	3
Sectional Meet Entry Instructions	4
Sectional Meet Information	4
Sectional BIB Instructions	
State Qualifying Standards	4
State Championship Entry Procedures	5
State Championship BIB Instructions	5
State Championship Information & Schedule	6

Information for spectators including admission pricing, the digital ticketing process, programs, souvenirs, venue information & schedules can be found at:

<https://azpreps365.com/championships/crosscountry-boys>

<https://azpreps365.com/championships/crosscountry-girls>

Media information, including policies, credential requests, broadcasting & media rights agreements can be found at: <https://aiaonline.org/host-media-info>

ADA Compliance information can be found at: <https://aiaonline.org/files/14160/committees-ada-compliance.pdf>

Emergency personnel protocols & information related to AIA postseason competitions can be found at: <https://aiaonline.org/files/17188/qmp.pdf>

School conference/ division/ section alignments can be found at:

<https://aiaonline.org/alignments/2023/activities/crosscountry-boys>

<https://aiaonline.org/alignments/2023/activities/crosscountry-girls>

All rules as stated in the National Federation Rules Book for this sport, along with the AIA Constitution & Bylaws as well as these tournament instructions apply.



2023 Cross Country Sectional & State Championship Guide

General Rules for Sectional Meets & State Championship

1. Bicycles will not be allowed on the sectional courses as well as at the state championship course. Neither coaches nor those associated with a team are to ride bicycles as it can create an unfair advantage.
2. Spikes are not allowed on the sectional courses as well as at the state championship course.
3. Per AIA Policy 24.10.5.1 – The use of unmanned aerial systems, often referred to as drones, is prohibited for any purpose by any person at all AIA post season events.
4. Per AIA Bylaw 23.9.4, A practice or competition on the site of the Sectional or Post-Season Championship Tournament, except for a regularly scheduled contest, is not permitted for seven calendar days prior to the Sectional or Post Season Championship, except in the case of the host school.

Sectional Meet Information

Host Sites

Site	Gilbert Crossroads Park	Heroes Park	Hidden Cove Golf Course	Rio Rico High School
Address	2155 E. Knox Rd, Gilbert, 85296	NE Corner of 83rd Ave. & Bethany Home Rd., Glendale, 85303	1500 Golf Course Rd., Holbrook 86025	590 Camino Lito Galindo, Rio Rico 85648
Host School	Chandler HS	Glendale HS	Holbrook HS	Rio Rico HS
Tournament Director	Dave Shapiro	Julie Patton	Greg Perkins	Chris Laughland
Phone	602-918-6479	623-435-6226	928-524-2815	520-375-8700
Email	shapdave5@gmail.com	Julie.patton@guhsdaz.org	perkins@holbrook.k12.az.us	claughland@scv35.org

Division I Sites

Northeast	Site: Heroes Park	Date: Thursday October 26, 2023
Southeast	Site: Gilbert Crossroads Park	Date: Wednesday October 25, 2023
Southwest	Site: Gilbert Crossroads Park	Date: Wednesday October 25, 2023

Division II Sites

Southern	Site: Rio Rico High School	Date: Wednesday October 25, 2023
Northwest	Site: Heroes Park	Date: Thursday October 26, 2023
East	Site: Gilbert Crossroads Park	Date: Wednesday October 25, 2023
Metro:	Site: Gilbert Crossroads Park	Date: Wednesday October 25, 2023

Division III Sites

Southern	Site: Rio Rico High School	Date: Wednesday October 25, 2023
East	Site: Gilbert Crossroads Park	Date: Wednesday October 25, 2023
Metro	Site: Heroes Park	Date: Thursday October 26, 2023
North	Site: Hidden Cove Golf Course	Date: Friday October 27, 2023

Division IV Sites

Metro	Site: Heroes Park	Date: Thursday October 26, 2023
South	Site: Rio Rico High School	Date: Wednesday October 25, 2023
North	Site: Hidden Cove Golf Course	Date: Friday October 27, 2023
East	Site: Gilbert Crossroads Park	Date: Wednesday October 25, 2023



2023 Cross Country Sectional & State Championship Guide

Sectional Meet Entry Instructions

1. Sign up for a free coach account at <https://az.milesplit.com/register> (If you haven't already)
 - a. Find and Click on the link to your school and claim the team.
 - b. Follow instructions to sign up and activate your account.
2. Add the sectional meet to your calendar.
 - a. Click "Edit Team" from the team home page.
 - b. Click on "Schedule/Admin"
 - c. Select "+ ADD MEET"
 - d. Select the date of your sectional meet and add the meet to your calendar.

DEADLINE FOR SECTIONAL REGISTRATION: WEDNESDAY 11:59AM, OCTOBER 18, 2023

All changes must be done prior to race time with the Wingfoot Finish Timing tent.

Sectional Meet Information

Chip timing will be used and provided by Wingfoot Finish at all sectional meets:

Awards: The top fourteen (14) individuals will receive medals. The first place team will receive a championship plaque.

Sectional BIB Instructions for Coaches

1. Inspect your team packet to ensure you received all your bibs
 - a. Immediately notify meet management if you are missing any
 - b. Very important – this must be done before leaving the packet pickup area
2. Distribute your bibs to all competing athletes
 - a. All athletes must wear their assigned bib, as assigned on your team roster
 - b. Athletes that are not registered should not use someone else's bib
 - c. Failure to properly distribute the bibs will result in inaccurate results
3. Athletes must properly secure their bibs with the three provided safety pins

Information For Sectional Tournament Directors

All athletes running at the Sectional Meet *must be* entered with az.milesplit.com.

All sections will be set up with Westview High School being the host school.

Clyde Resendez is in charge of downloading all entries for Wingfoot Finish.

Remind all teams that the state entry deadline for individuals and teams is Monday, October 30, by 11:59AM.

State Qualifying Standards

- Each Sectional race will qualify the **top 50%** of FULL (5 or more runners) teams that finish with a team score. If a Section has an odd number of scoring teams the number of qualifying teams will be rounded up. Example: 11 Sectional teams scoring in the results will qualify 6 teams for state.
- Each Sectional race will qualify the **top 7 individual finishers** from teams that are NOT qualifying as one of the top 50% of full teams that finish with a team score as referenced above.



2023 Cross Country Sectional & State Championship Guide

State Championship Entry Procedures

1. Sign up for a free coach account at <https://az.milesplit.com/register> (If you haven't already)
 - a. Find and Click on the link to your school and claim the team.
 - b. Follow instructions to sign up and activate your account.

2. Add the sectional meet to your calendar.
 - a. Click "Edit Team" from the team home page.
 - b. Click on "Schedule/Admin"
 - c. Select "+ ADD MEET"
 - d. Select the state meet that your school will attend (Divided by AM and PM) and add the meet to your calendar.

DEADLINE FOR STATE REGISTRATION MONDAY 11:59 AM, OCTOBER 30, 2023

All athletes running at the State Meet *must be* entered with **az.milesplit.com**.

Chip timing will be used and provided by FinishResults from California.

State Championship Bib Instructions

2023 Cross Country Sectional & State Championship Guide

INSPECT your Team Packet

- Confirm you have the correct team roster and the matching bibs
- If you notice anything missing/incorrect, please notify meet management, before you leave the pickup area

DISTRIBUTE your BIBS to your competing athletes

- All competing athletes **MUST** wear their assigned Bib as listed on your Team Roster
- Athletes that are not registered should not use someone else's bib. Failure to follow these instructions will result in inaccurate results

PROPERLY ATTACH the bibs for each athlete (see picture)

- Race bibs should be placed up-right on the torso, between the chest and stomach
- Be sure each athlete uses 4 safety pins to securely affix their bib
- **DO NOT FOLD OR DAMAGE BIBS**



RACE BIBS - POST EVENT

- Please return any unused bibs and safety pins to the timer so they can be recycled or used at another event
- Athletes may keep their race bib as a souvenir or discard them in the proper recycling





2023 Cross Country Sectional & State Championship Guide

State Championship Information

Date: Saturday, November 4, 2023

Site: Cave Creek Golf Course; 15202 N. 19th Avenue; Phoenix, AZ 85023; 602-866-8076

Course Distance: 3.1 miles

The course is closed for practice all year and there are to be no scheduled meets on site during the season.

State Race Day

6:45am Walk Through (Div. I & IV)

Packet pick-up at white pop-up

8:15am National Anthem

Report Schedule

Race Schedule

8:15am	Division I Girls	8:30am	Division I Girls
8:40am	Division IV Boys	8:55am	Division IV Boys
9:05am	Division I Boys	9:20am	Division I Boys
9:30am	Division IV Girls	9:45am	Division IV Girls
10:15am	Awards Division I		
10:45am	Awards Division IV		
11:00am	Walk Through (Div. II & III)		
12:30pm	Division II Girls	12:45pm	Division II Girls
12:55pm	Division III Boys	1:10pm	Division III Boys
1:20pm	Division II Boys	1:35pm	Division II Boys
1:45pm	Division III Girls	2:00pm	Division III Girls

2:15pm Awards Division II

2:50pm Awards Division III

The race schedule is based upon a rotating formula approved by the Cross Country Sports Advisory Committee.

* All times are approximate and subject to change; **BE READY FOR YOUR RACE!**

The course will not be open for a walk-through until Saturday, November 4, 2023. During your walk through please do not interfere with any of the participants competing in the race in progress!