

2019-2020 Difficulty Scoring Rubric All Girl Stunt

STUNT SKILLS RUBRIC

A minimum of 60% of the skills executed must fall within the difficulty range in order to receive the points for that skill range.

The skills below are listed as a base for difficulty points and are not intended to be a CHECKLIST for a team's skills placed in a routine.

DIFFICULTY	EXECUTION
1 - 2 points Extension preps Static one-foot skills at prep level Straight ride cradles from two feet	0 - 4 points Less than 50% of skills were executed with excellent precision and form.
3 – 4 points Two foot extensions Tick-tock variations at prep level Straight ride cradles from one foot	5 - 8 points 50-75% of skills were executed with excellent precision and form.
5 - 6 points Static one-foot skills at extended level Full up to prep level Non-release inversions to prep/extended level Single twist cradles from two feet Two-foot single base skills	9 – 12 points 75-90% of skills were executed with excellent precision and form.
7 - 8 points Full up to two-foot skills at extended level Full release inversions to prep level Single twist cradles from one foot Tick-tock variations to extended level	13 - 15 points 90% or more of skills were executed with excellent precision and form.
9 - 10 points Full up to one-foot skills at extended level Full release inversions to extended level High to high tick-tocks One-foot single base skills	