ARIZONA HIGH SCHOOL WRESTLING

FRESHMAN/JV WEIGH IN SHEET

TEAM _____

EVENT/OPPONENTS _____

COACH _____

WEIGHT CLASS	***WRESTLER'S NAME***	***ACTUAL WEIGHT***

NOTE – ALL FRESHMAN AND JV WRESTLERS MUST APPEAR ON AN OFFICIAL TRACKWRESTLING ALPHA SHEET AND MEET ALL REQUIREMENTS TO WRESTLE ACCORDING TO AIA AND NFHS WRESTLING GUIDELINES. IF THE WRESTLERS ABOVE MEET THESE REQUIREMENTS, THE COACH MUST SIGN BELOW TO CONFIRM AFTER WEIGH INS ARE COMPLETE.

COACH SIGNATURE _____