

Girl's Cross Country Championship Teams

Class 5A

Division I

Year	Winning Team	Head Coach	Runner-up	Third Place
2008	Phoenix Xavier (87)	Dave Van Sickle	Mesa Mountain View (95)	Gilbert Highland (145)
2007	Phoenix Xavier (69)	Dave Van Sickle	Glendale Mountain Ridge (89)	Mesa Mountain View (94)
2006	Tucson Salpointe Catholic (82)	Malisa Carino	Phoenix Xavier (111)	Glendale Mountain Ridge (121)
2005	Tempe Mountain Pointe (58)	Geoffrey Owers	Tempe Desert Vista (103)	Glendale Mountain Ridge (116)

Division II

Year	Winning Team	Head Coach	Runner-up	Third Place
2008	Tucson Ironwood Ridge (38)	Rob Clouse	Phoenix Pinnacle (60)	Tucson Sunnyside (104)
2007	Tucson Ironwood Ridge (44)	Rob Clouse	Marana Mountain View (47)	Tempe Marcos de Niza (98)
2006	Glendale Sandra Day O'Connor (28)	Brian Dempsey	Marana Mountain View (87)	Tucson Flowing Wells (111)
2005	Marana Mountain View (61)	Dennis Hansen	Glendale Sandra Day O'Connor (70)	Tucson Flowing Wells (102)

Class 5A

Year	Winning Team	Head Coach	Runner-up	Third Place
2004	Tucson Flowing Wells (73)	Mandee Fish	Tempe Mountain Pointe (75)	Tempe Desert Vista (100)
2003	Tempe Mountain Pointe (60)	Geoffrey Owers	Tempe Desert Vista (97)	Glendale Mtn Ridge (150)
2002	Tempe Mountain Pointe (51)	Geoffrey Owers	Tempe Desert Vista (78)	Scottsdale Desert Mtn (127)
2001	Tempe Mountain Pointe (37)	Geoffrey Owers	Phoenix Xavier (128)	Marana Mountain View (129)
2000	Tempe Desert Vista (41)	Erin Scroggins	Gilbert (116)	Mountain Ridge (120)
1999	Glendale Mountain Ridge (49)	Scott Pestka	Tempe Mountain Pointe (116)	Tempe Desert Vista (131)
1998	Tempe Desert Vista (69)	Chris Hanson	Phoenix Xavier (85)	Desert Mountain (172)
1997	Phoenix Xavier (112)	Dave Van Sickle	Desert Mountain (145)	Kingman (146)
1996	Phoenix Xavier (60)	Dave Van Sickle	Scottsdale Horizon (68)	Mesa Westwood (111)
1995	Phoenix Xavier (32)	Dave Van Sickle	Mesa Westwood (107)	Phoenix Desert Vista (113)
1994	Glendale Deer Valley (44)	Lynne Hallford	Phoenix Xavier (50)	Gilbert (84)
1993	Glendale Deer Valley (32)	Lynne Hallford	Gilbert (62)	Mountain Pointe (130)
1992	Gilbert (80)	Stacy Gardner	Glendale Deer Valley (83)	Tucson Canyon del Oro (143)
1991	Mesa Red Mountain (74)	David Hines	Glendale Deer Valley (156)	Phoenix Moon Valley (160)
1990	Tucson Sahuaro (92)	Jeff Lockwood	Mesa Red Mountain (119)	Tucson Canyon del Oro (122)
1989	Tucson Sahuaro (88)	Jeff Lockwood	Chandler (105)	Tucson Canyon del Oro (119)
1988	Tucson Sahuaro (89)	Jeff Lockwood	Mesa (101)	Tucson Canyon del Oro (133)
1987	Phoenix Shadow Mountain (97)	Richard Garcia	Glendale Apollo (133)	Tucson Salpointe (149)
1986	Phoenix Shadow Mountain (77)	Richard Garcia	Tempe Corona del Sol (94)	Sierra Vista Buena (112)
1985	Phoenix Shadow Mountain (76)	Richard Garcia	Tucson Canyon del Oro (93)	Mesa Westwood (129)
1984	Tucson Amphitheater (85)	Sam McClung	Tucson Canyon del Oro (102)	Prescott (120)
1983	Scottsdale Horizon (78)	Kathy Newsome	Phoenix Washington (101)	Tucson Canyon del Oro (107)
1982	Sierra Vista Buena (118)	Dick Haines	Tucson Amphitheater (140)	Scottsdale Coronado (146)
1981	Scottsdale Chaparral (126)	Dick Stolper	Tucson Sahuaro (141)	Tucson Palo Verde (170)
1980	Tucson Sahuaro (64)	Jeff Lockwood	Scottsdale Coronado (75)	Scottsdale Chaparral (157)
1979	Scottsdale Coronado (48)	Dave Archibald	Tucson Sahuaro (109)	Sierra Vista Buena (120)
1978	Scottsdale Coronado (51)	Dave Archibald	Sierra Vista Buena (80)	Phoenix Alhambra (109)
1977	Sierra Vista Buena (41)	Dick Haines	Phoenix Alhambra (43)	Prescott (82)



Girl's Cross Country Championship Teams

Class 4A

Division I

Year	Winning Team	Head Coach	Runner-up	Third Place
2008	Phoenix Sandra Day O'Connor (66)	Brian Dempsey	Scottsdale Saguario (77)	Nogales (110)
2007	Phoenix Sandra Day O'Connor (47)	Brian Dempsey	Cave Creek Cactus Shadows (74)	Nogales (86)
2006	Tucson Catalina (45)	Kathleen Espinoza	Scottsdale Saguario (67)	Tucson Ironwood Ridge (101)
2005	Tucson Catalina Foothills (69)	Eric Grossman	Tucson Ironwood Ridge (90)	Scottsdale Saguario (138)

Division II

Year	Winning Team	Head Coach	Runner-up	Third Place
2008	Flagstaff (74)	Trina Painter	Page (82)	Rio Rico (94)
2007	Rio Rico (79)	Roger Bristow	Flagstaff (84)	Tucson Catalina (94)
2006	Page (37)	Mark Lomeland	Flagstaff (59)	Flagstaff Coconino (100)
2005	Page (42)	Mark Lomeland	Flagstaff (59)	Rio Rico (101)

Class 4A

Year	Winning Team	Head Coach	Runner-up	Third Place
2004	Flagstaff (77)	Trina Painter	Page (110)	Tucson Catalina Foothills (113)
2003	Flagstaff (55)	Sharon Falor	Tucson Catalina Foothills (69)	Cave Creek Cactus Shadows (134)
2002	Flagstaff (34)	Sharon Falor	Tucson Catalina Foothills (96)	Scottsdale Arcadia (101)
2001	Flagstaff (57)	Sharon Falor	Chinle (88)	Cave Creek Cactus Shadows (97)
2000	Flagstaff (76)	Sharon Falor	Page (113)	Scottsdale Chaparral (177)
1999	Page (74)	Jim Trapp	Tucson Catalina Foothills (104)	Chinle (124)
1998	Page (38)	Mark Lomeland	Chinle (105)	Tucson Catalina Foothills (107)
1997	Chinle (43)	Steve Keiser	Page (45)	Tucson Catalina Foothills (85)
1996	Chinle (53)	Steve Keiser	Tucson Flowing Wells (54)	Peoria Centennial (115)
1995	Tucson Catalina Foothills (86)	Ron Grant	Chinle (88)	Gilbert (102)
1994	Chinle (77)	Steve Keiser	Peoria Centennial (101)	Tucson Sabino (137)
1993	Chinle (65)	Steve Keiser	Page (82)	Mesa Mountain View (162)
1992	Page (60)	Paul Worthen	Marana Mountain View (107)	Glendale Cactus (137)
1991	Page (76)	Paul Worthen	Glendale Cactus (77)	Tucson Sahuaro (134)
1990	Flagstaff (58)	Dusty Sullivan	Tucson Desert View (134)	Douglas (144)
1989	Lake Havasu (47)	Ray Reynolds	Prescott (110)	Flagstaff (120)
1988	Lake Havasu (75)	Ray Reynolds	Mesa Red Mountain (93)	Flagstaff (114)
1987	Prescott (38)	Tim Carter	Tuba City (109)	Scottsdale Arcadia (126)
1986	Prescott (47)	Tim Carter	Lake Havasu (60)	Glendale Cactus (134)
1985	Prescott (69)	Tim Carter	Lake Havasu (102)	Glendale Cactus (152)
1984	Tuba City (27)	Janet Lomakema	Lake Havasu (87)	Window Rock (97)
1983	Tuba City (21)	Bud Davis	Nogales (82)	Winslow (88)
1982	Tuba City (18)	Janet Lomakema	Cottonwood Mingus Union (95)	Nogales (104)
1981	Tuba City (30)	Steve Shapiro	Tucson Flowing Wells (71)	Lake Havasu (103)
1980	Flagstaff (33)	Clair Harris	Tuba City (43)	Tucson Flowing Wells (88)
1979	Tucson Flowing Wells (53)	Hayden Smith	Tuba City (68)	Flagstaff (113)
1978	Tuba City (40)	Janet Tsingine	Winslow (84)	Tucson Canyon del Oro (114)
1977	Winslow (44)	Dave Conatser	Tucson Canyon del Oro (83)	Flagstaff (89)
1976	Winslow (37)	Dave Conatser	Flagstaff Coconino (47)	Flagstaff (73)



Girl's Cross Country Championship Teams

Class 3A

Year	Winning Team	Head Coach	Runner-up	Third Place
2008	Chinle (50)	Shaun Martin	Tuba City (71)	Lakeside Blue Ridge (79)
2007	Chinle (50)	Melissa Martin	Lakeside Blue Ridge (62)	Winslow (70)
2006	Chinle (40)	Melissa Martin	Winslow (103)	Ganado (111)
2005	Ganado (61)	Anna James	(TIE) Window Rock and Winslow (90)	
2004	Ganado (41)	Kyle O'Dell	Window Rock (84)	Keams Canyon Hopi (117)
2003	Keams Canyon Hopi (31)	Harvey Honyouti	Ganado (72)	Round Valley (76)
2002	Keams Canyon Hopi (55)	Harvey Honyouti	Ganado (83)	Window Rock (97)
2001	Payson (53)	Chuck Hardt	Keams Canyon Hopi (65)	Ganado (77)
2000	Tuba City (43)	Milfred Tewawina	Payson (75)	Window Rock (91)
1999	Tuba City (26)	Milfred Tewawina	Ganado (67)	Winslow (117)
1998	Tuba City (53)	Milfred Tewawina	Ganado (59)	Window Rock (72)
1997	Tuba City (43)	Milfred Tewawina	Window Rock (67)	Ganado (116)
1996	Ganado (50)	Jim Lujan	Fountain Hills (72)	Monument Valley (115)
1995	Ganado (32)	Dave Hamons	Window Rock (87)	Fountain Hills (87)
1994	Ganado (33)	Jim Lujan	Monument Valley (85)	Round Valley (90)
1993	Monument Valley (47)	Darryl Reichard	Ganado (82)	Tuba City (84)
1992	Monument Valley (49)	Darryl Reichard	Ganado (59)	Chinle (74)
1991	Monument Valley (28)	Ralph Farr	Ganado (68)	Tuba City (100)
1990	Monument Valley (30)	Ralph Farr	Tuba City (49)	Ganado (84)
1989	Monument Valley (39)	Ralph Farr	(unknown)	(unknown)
1988	Keams Canyon Hopi (36)	Harvey Honyouti	Monument Valley (59)	Chinle (90)
1987	Keams Canyon Hopi (42)	Harvey Honyouti	Monument Valley (43)	Window Rock (82)
1986	Tuba City (26)	Janet Lomakema	Monument Valley (73)	Chinle (86)
1985	Monument Valley (51)	Ralph Farr	Tuba City (57)	Window Rock (129)
1984	Monument Valley (39)	Ralph Farr	Page (94)	Many Farms (122)
1983	Monument Valley (54)	Ralph Farr	Page (58)	Bisbee (91)
1982	Bisbee (19)	Leonard Suarez	Many Farms (71)	Monument Valley (93)
1981	Ajo (64)	Jose Nogales	Monument Valley (75)	Chinle (81)
1980	Monument Valley (56)	Ralph Farr	Bullhead City Mohave (70)	Chinle (89)
1979	Bullhead City Mohave (56)	Paul Tribb	Ganado (64)	Monument Valley (65)
1978	Monument Valley (unk.)	Ralph Farr	(unknown)	(unknown)
1977	Window Rock (34)	Bill Cowley	Monument Valley (35)	(unknown)



Girl's Cross Country Championship Teams

Class 1A/2A

Year	Winning Team	Head Coach	Runner-up	Third Place
2008	Keams Canyon Hopi (32)	Laverne Lomakema	Flagstaff Northland Prep (51)	Sanders Valley (81)
2007	Keams Canyon Hopi (36)	Harvey Honyouti	Flagstaff Northland Prep (46)	Chandler Valley Christian (90)
2006	Chandler Valley Christian (90)	Erika Jackson	Sanders Valley (91)	Yuma Catholic (98)
2005	Yuma Catholic (42)	Ralph Farr	Pinon (65)	Tempe Prep (138)
2004	Yuma Catholic (94)	Ralph Farr	Scottsdale Christian (101)	Sanders Valley & Many Farms (117)
2003	Valley Sanders (70)	Lucas Lucio	Many Farms (74)	Yuma Catholic (90)
2002	St. Michael (69)	Terry Thompson	Many Farms (92)	Tombstone (94)
2001	St. Michael (46)	Terry Thompson	Many Farms (72)	Bisbee (113)
2000	Keams Canyon Hopi (22)	Harvey Honyouti	St. Michael (77)	Chandler Valley Christian (94)
1999	Keams Canyon Hopi (20)	Harvey Honyouti	St. Michael (98)	Willcox (134)
1998	Keams Canyon Hopi (36)	Harvey Honyouti	Tombstone (103)	Willcox (122)
1997	Keams Canyon Hopi (23)	Harvey Honyouti	Willcox (57)	Sanders Valley (138)
1996	Keams Canyon Hopi (25)	Harvey Honyouti	Whiteriver Alchesay (56)	Willcox (83)
1995	St. Michael (30)	Gary Morrow	Keams Canyon Hopi (68)	Whiteriver Alchesay (87)
1994	Keams Canyon Hopi (28)	Harvey Honyouti	Willcox (63)	Benson (69)
1993	Keams Canyon Hopi (42)	Harvey Honyouti	Benson (59)	Bisbee (73)
1992	Keams Canyon Hopi (43)	Harvey Honyouti	Whiteriver Alchesay (69)	Sanders Valley (88)
1991	Keams Canyon Hopi (32)	Harvey Honyouti	Whiteriver Alchesay (79)	Benson (100)
1990	Keams Canyon Hopi (18)	Harvey Honyouti	Monument Valley (62)	Whiteriver Alchesay (68)
1989	Keams Canyon Hopi (31)	(unknown)	Whiteriver Alchesay (87)	Chandler Valley Christian (112)

NO TOURNAMENTS HELD

1983	Ajo (29)	Jose Nogales	Benson (39)	Baboquivari (71)
1982	Benson (31)	Jerry Lee	Ajo (38)	Willcox (79)
1981	Show Low (30)	Jim Hart	Benson (51)	Baboquivari (63)
1980	Show Low (30)	Jim Hart	Florence (81)	Benson (85)

