

## Swim & Dive

### 2010 Qualifying Standards

#### Division I

Event	Boys Automatic	Boys Provisional	Girls Automatic	Girls Provisional
200 Med R.	1:43.21	1:53.04	1:56.43	2:05.45
200 Free	1:48.68	1:55.56	1:56.93	2:05.81
200 IM	2:04.41	2:14.18	2:15.23	2:22.43
50 Free	22.31	23.36	24.98	26.22
100 Fly	53.69	57.55	59.34	1:04.73
100 Free	49.60	51.46	54.31	57.49
500 Free	4:57.92	5:21.68	5:14.06	5:42.03
200 Free R.	1:32.71	1:41.06	1:43.46	1:53.15
100 Back	55.71	1:00.48	1:01.78	1:06.98
100 Breast	1:03.31	1:07.08	1:08.90	1:13.52
400 Free R.	3:24.11	4:10.06	3:49.22	4:09.82
11-Dive Standard	354.70	286.40	303.60	233.80
6-Dive Standard	196.00	173.00	182.00	160.00

#### Division II

Event	Boys Automatic	Boys Provisional	Girls Automatic	Girls Provisional
200 Med R.	1:49.63	2:02.63	2:03.22	2:16.37
200 Free	1:51.85	2:04.17	2:05.34	2:13.92
200 IM	2:11.54	2:23.78	2:18.77	2:34.81
50 Free	22.98	24.62	25.87	27.84
100 Fly	57.12	1:03.82	1:02.34	1:11.25
100 Free	49.60	54.51	55.26	1:00.36
500 Free	5:17.09	5:47.75	5:29.05	6:04.33
200 Free R.	1:36.69	1:45.89	1:50.09	2:00.44
100 Back	58.48	1:04.91	1:05.19	1:10.95
100 Breast	1:05.14	1:10.83	1:14.08	1:20.82
400 Free R.	3:34.31	3:59.40	3:56.74	4:32.34
11-Dive Standard	302.15	200.00	289.15	200.00
6-Dive Standard	186.00	120.00	178.00	120.00