ARIZONA INTERSCHOLASTIC ASSOCIATION, INC.

MINUTES LEGISLATIVE COUNCIL MEETING March 5, 2004

In accordance with Article 4, Section 4.5, Paragraph 4.5.1 of the Arizona Interscholastic Association, Inc. (AIA) Constitution, the regular annual meeting of the AIA Legislative Council (Council) was duly called and held on Friday, March 5, 2004, at the AIA office, 7007 North 18th Street, Phoenix, Arizona.

ROLL CALL

MEMBERS PRESENT AT ROLL CALL WERE:

<u>1A CONFERENCE</u> Byron Maynes, Salome

Digger O'Dell, Pima

Carolyn Wuertz, ASDB

Mike Sterkowitz, Joseph City

2A CONFERENCE

Tim Connelly, San Manuel Jim Dean, Mayer Bob Fredericks, Scottsdale Christian Terry Nodlinski Matt Reese, Maricopa Rick Shipley, Williams

4A CONFERENCE 5A CONFERENCE

Mike Boysen, Mingus Phil Echeverria, Buckeye Susan Hertneky, Moon Valley Franklin Lane, Catalina Foothills Dan Reynolds, Tucson District Nathan Slater, Coronado Doug Wilson, Agua Fria Lonnie Cavaliere, Goldwater Mark Cisterna, Gilbert District Steve Hogen, Mesa District Moody Jackson, Phoenix District Pete Lesar, Mesa Dan Nero, Corona del Sol John Pierce, Horizon Sloan, Susan, Marana Mt. View Mike Warren, Westview

3A CONFERENCE

Joe Burnside, Safford Floyd Haven, Tuba City Willis Haws, Round Valley Marcia Hespen, Wickenburg Burnie Hibbard, Higley Ken Huish, Snowflake

SCHOOL BOARD MEMBERS

Michael Cobb, Kingman Sally Doyle, Yuma Union Geoff Millar, Patagonia

MEMBERS ABSENT AT ROLL CALL WERE:

Victor Acuna, Green Fields; Dale Nicol, Cactus Shadows; Terry Hjelmstad, Cactus; Virgil Brown, Chinle; Kim Owens, Tolleson; Dorothy Scheehle, Fountain Hills

Cindy Riley, Desert Christian entered the meeting at 9:05 a.m. Annette Auxier, Chandler entered the meeting at 9:40 a.m.

OTHERS PRESENT AT ROLL CALL WERE: AIA STAFF

Harold Slemmer, Ed.D., Executive Director Glen Treadaway, Associate Executive Director Cindy McMannon, Assistant Executive Director Chuck Schmidt, Assistant Executive Director Gary Whelchel, Commissioner of Officials Jeanie Kosower, Asst. Commissioner of Officials Robyn Bingham, Officials Coordinator

AIA EXECUTIVE BOARD

Bob Kosower, President Don Wilkinson, Vice President John Carlson Mike DeLaO Jerry Hancock Connie Harris Joni Pabst Don Petranovich Craig Anderson, Activities Coordinator Dean Visser, Activities Coordinator Barry Sollenberger, Media Relations Christie Messner, Office Assistant Brenda Oster, Project Assistant Pam Kukulski, Finance/Human Resources Assistant Lorie Tranter, Adm. Asst. to the Executive Director

CONSULTANT/PARLIAMENTARIAN

Mark Mignella, Legal Counsel

GUESTS

Stephen Hudgens, Santa Cruz Nancy Calahan, Tempe Prep Rich Polley, Tempe Prep Jose Garcia, AZ Republic After completion of roll call, Chairman Kosower introduced all others present and outlined procedures to be observed during the meeting. He reminded the Council Members that Article 5, Section 5.2 of the AIA Constitution stipulates that a two-thirds (2/3) vote of the total Council membership (29 members) is required to amend the AIA Constitution and that a two-thirds (2/3) vote of the members present at a duly called meeting is required to amend the AIA Bylaws. Chairman Kosower continued by stating that Article 4, Section 4.5 of the AIA Constitution stipulates that a quorum must be present at a meeting for the transaction of business, a quorum being two-thirds (2/3) of the total membership. He concluded that a quorum was present since roll call reflected that 35 of the 44 Council Members were present. It was also determined, based upon the 35 members present, that a vote of 24 would be required for adoption of amendments to the AIA Bylaws. Chairman Kosower then reminded the Council that in accordance with Article 4, Section 4.5, Paragraph 4.5.5 of the AIA Constitution, proxy votes couldn't be accepted.

Cindy Riley, Desert Christian, entered the meeting at 9:05 a.m. Christie Messner & Robyn Bingham, AIA staff, left the meeting at 9:10 a.m.

APPROVAL OF MINUTES

On a motion duly made by Carolyn Wuertz and seconded by Willis Haws, the minutes for the March 7, 2003 meeting were approved by a unanimous voice vote.

APPROVAL OF AGENDA

Before entertaining a motion to approve the agenda for the March 5, 2004 meeting as presented, Chairman Kosower called for any requests for additions or deletions to the agenda.

MOTION WAS MADE BY DIGGER O'DELL AND SECONDED BY MIKE STERKOWITZ TO AMEND THE PROPOSED AGENDA BY ADDING AGENDA ITEM 37. **MOTION CARRIED**

(Votes Cast: Yes-35; No-1; Abstain-0)

MOTION WAS MADE BY CAROLYN WUERTZ AND SECONDED BY CINDY RILEY TO COMBINE AGENDA ITEMS 33, 34, 35 AND 36. **MOTION CARRIED**

(Votes Cast: Yes-36; No-0; Abstain-0)

MOTION WAS MADE BY DIGGER O'DELL AND SECONDED BY JIM DEAN TO PLACE AGENDA ITEMS 22 BEFORE 21 AND 29 BEFORE 13.

MOTION CARRIED (Votes Cast: Yes-36; No-0; Abstain-0)

MOTION WAS MADE BY DIGGER O'DELL AND SECONDED BY JIM DEAN TO APPROVE THE AGENDA AS AMENDED. <u>MOTION CARRIED</u> (Votes Cast: Yes 36; No-0; Abstain-0)

EXECUTIVE DIRECTOR REPORT

Dr. Slemmer reported on the success of the winter tournaments.

Dr. Slemmer gave an update on the PVWH program – as of today there have been 26 seminars, 135 member schools have participated, 832 administrators, coaches and community members have taken the seminar and over 2,600 officials have been exposed to PVWH throughout the state.

Dr. Slemmer presented an update on the AIA Academy – focus is on the "Healthy Sport Experience", over 40 clinics to date and over 2500 coaches have taken part.

The AIA website was discussed and Barry Sollenberger gave a brief report on his recent updates to the Member Schools section and the enrollment history of every school is now available under this section of the website.

Dr. Slemmer reminded the Council of the upcoming Everyday Heroes event. Nominations are now being taken for AIA student, coach, administrator and official of the year. The new Blue Cup award was introduced. This award is the most prestigious award an Arizona high school can receive for its achievements in activities, scholastics and athletics. The Everyday Heroes Event will take place on Saturday, May 29, 2004 at the historic Orpheum Theatre in downtown Phoenix. The deadline for nominations has been extended to March 17th for the Everyday Heroes and March 24th for the Blue Cup.

Annette Auxier, Chandler entered the meeting at 9:40 a.m.

MOTION WAS MADE BY CAROLYN WUERTZ AND SECONDED BY SALLY DOYLE TO DISPENSE WITH THE FORMALITY OF VOTING ON CALLS FOR THE QUESTION DURING THE COURSE OF THE MARCH 5, 2004 LEGISLATIVE COUNCIL MEETING – APPROVED BY A UNANIMOUS VOICE VOTE.

CONFERENCE CLASSIFICATION PLAN

1A CONFERENCE (SOUTH) – PROPOSED AMENDMENT

Amend AIA Bylaws: Article 8 Classification Of Member High Schools, Section 8.1 Conference Classification Plan, Paragraph 8.1.7 (Page 22)

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 8 – CLASSIFICATION OF MEMBER HIGH SCHOOLS

- **8.1** <u>CONFERENCE CLASSIFICATION PLAN</u> A Conference is an association of member schools, each of whose October 1 enrollment falls within the same size range.
 - 8.1.7 Two 1A Conference member schools (not associate member schools) having a combined enrollment of less than seventy-five percent (75%) of the maximum allowed enrollment in grades 9-12 may, by mutual agreement, join together to form one team in any team sport.
 - 8.1.7.1 EXCEPTION: 1A schools in close proximity may combine to form a football team. Teams will not be eligible for state playoffs and do not have to meet the seventy-five percent (75%) rule for combined enrollment. Schools wanting to combine must get the approval of the 1A Conference at the February meeting.
 - 8.1.7.4<u>2</u> Schools planning to use this rule shall request approval from the AIA Executive Board no later than March 15 preceding the two-year block period.

MOTION WAS MADE BY CAROLYN WUERTZ AND SECONDED BY MIKE STERKOWITZ TO ADOPT THE PROPOSAL AS PRESENTED. <u>MOTION CARRIED</u> (Votes Cast: Yes37; No-0; Abstain-0)

CONFERENCE PLACEMENT APPEALS

AIA EXECUTIVE BOARD - PROPOSED AMENDMENT

Amend AIA Bylaws: Article 8 Classification Of Member High Schools, Section 8.1 Conference Classification Plan, Paragraph 8.1.10 (Page 22)

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 8 - CLASSIFICATION OF MEMBER HIGH SCHOOLS

- 8.1.10 <u>Conference Placement Appeals</u> A school may appeal to be placed in a higher or lower Conference.
 - 8.1.10.1 The AIA Executive Board will review, and consider <u>and decide</u> the appealing school's request to be placed in a higher <u>or lower</u> Conference, when the following criteria have been met. utilizing as a general guideline the following criteria:
 - 8.1.10.1.1 The appealing school offers the number of athletic programs equal to or greater than the automatically assigned Conference school which offers the least number of athletic programs. <u>Number and level (freshman, junior varsity and varsity) of athletic and activity programs:</u>
 - 8.1.10.1.2 The levels of each sport (freshman, junior varsity, varsity) must enable a Conference school to schedule the appealing school as if it were a regular Conference school. <u>Student enrollment, including previous four (4) school</u> <u>years;</u>
 - 8.1.10.1.3 The Conference Executive Committees for the sending Conference and the receiving Conference submit a written recommendation to the AIA Executive Board, which reflects support or nonsupport of the appeal. <u>Position (support or opposition) of sending and receiving conferences on school's appeal;</u>
 - 8.1.10.1.4 Geography/loss of school time;
 - 8.1.10.1.5 Makeup of student population;
 - <u>8.1.10.1.6</u> <u>Competitive history over last four (4) school years in all sports, at all levels;</u>
 - 8.1.10.1.7 Record of cancellation of games and/or sports at all levels over last four (4) school years:
 - 8.1.10.1.8 Any other information considered significant by the appealing school or the Executive Board.
 - 8.1.10.2 An appeal to be placed in a higher <u>or lower</u> Conference must be made <u>submitted in writing</u> <u>(Form 8.1)</u> to the AIA Executive Board no later than October 15 of even-numbered years.
 - 8.1.10.3 The decision of the AIA Executive Board is final on a Conference placement appeal. <u>The</u> burden of providing evidence in support of the appeal is on the appealing school. <u>The</u> weight given to any particular criteria is in the sole discretion of the Executive Board.

MOTION WAS MADE BY LONNIE CAVALIER AND SECONDED BY MOODY JACKSON TO ADOPT THE PROPOSAL AS PRESENTED.

MOTION CARRIED

(Votes Cast: Yes-32; No-5; Abstain-0)

DRUGS, ALCOHOL, TOBACCO

AIA EXECUTIVE BOARD – PROPOSED AMENDMENT

Amend AIA Bylaws: Article 14 General Provisions, Section 14.13 Drugs, Alcohol, Tobacco, Paragraph 14.14.1 (Page 41)

(INSERT NEW TEXT)

ARTICLE 14 – GENERAL PROVISIONS

14.13 DRUGS, ALCOHOL, TOBACCO

<u>14.13.1</u> <u>AIA POSITION STATEMENT – SUPPLEMENTS, DRUGS AND PERFORMANCE</u> <u>ENHANCING SUBSTANCES</u>

The Arizona Interscholastic Association (AIA) views sport, and the participation of student-athletes in sport, as an activity that enhances the student-athlete's well-being by providing an environment and stimulus that promotes growth and development along a healthy and ethically based path.

- It is the position of the AIA that a balanced diet, providing sufficient calories, is optimal for meeting the nutritional needs of the growing student-athlete.
- It is the position of the AIA that nutritional supplements are rarely, if ever, needed to replace a healthy diet.
- <u>Nutritional supplement use for specific medical conditions may be given individual</u> <u>consideration.</u>
- <u>The AIA is strongly opposed to "doping", defined as those substances and procedures listed on the World Anti Doping Agency's Prohibited List (www.wada-ama.org).</u>
- It is the position of the AIA that there is no place for the use of recreational drugs, alcohol or tobacco in the lifestyle of the student-athlete. The legal consequences for the use of these products by a student-athlete are supported by the AIA.

In pursuit of Victory with Honor, the AIA promotes the use of exercise and sport as a mechanism to establish current fitness and long-term healthy lifestyle behaviors. It is the position of the AIA that the student-athlete, who consumes a balanced diet, practices sport frequently and consistently, and perseveres in the face of challenges, can meet these goals.

- <u>14.13.2</u> <u>At least annually, each member school shall communicate to its students participating</u> in interscholastic activities the AIA Position Statement on the use of supplements, drugs and performance enhancing substances. (See Form 14.13)
- **<u>14.13.3</u>** Any coach or competitor using tobacco, alcoholic beverages or misusing drugs while participating in interscholastic competition shall be disqualified from the contest or tournament.

MOTION WAS MADE BY JIM DEAN AND SECONDED BY MARCIA HESPEN TO ADOPT THE PROPOSAL AS PRESENTED. <u>MOTION CARRIED</u> (Votes Cast: Yes37; No-0; Abstain-0)



ARIZONA INTERSCHOLASTIC ASSOCIAT ION, INC. 7007 North 18th Street, Phoenix, Arizona 85020-5552 Phone: (602) 385-3810 Fax: (602) 385-3779

AIA POSITION STATEMENT

SUPPLEMENTS, DRUGS AND PERFORMANCE ENHANCING SUBSTANCES

<u>PURPOSE OF FORM</u>: All AIA Member schools are required to **<u>ANNUALLY</u>** communicate this AIA Position Statement on the use of supplements, drugs and performance enhancing substances to every participant in interscholastic activities. (See Article 14, Section 14.13.2)

The Arizona Interscholastic Association (AIA) views sport, and the participation of student-athletes in sport, as an activity that enhances the student-athlete's well-being by providing an environment and stimulus that promotes growth and development along a healthy and ethically based path.

- It is the position of the AIA that a balanced diet, providing sufficient calories, is optimal for meeting the nutritional needs of the growing student-athlete.
- It is the position of the AIA that nutritional supplements are rarely, if ever, needed to replace a healthy diet.
- Nutritional supplement use for specific medical conditions may be given individual consideration.
- The AIA is strongly opposed to "doping", defined as those substances and procedures listed on the World Anti Doping Agency's Prohibited List (www.wada-ama.org).
- It is the position of the AIA that there is no place for the use of recreational drugs, alcohol or tobacco in the lifestyle of the student-athlete. The legal consequences for the use of these products by a student-athlete are supported by the AIA.

In pursuit of **Victory with Honor**, the AIA promotes the use of exercise and sport as a mechanism to establish current fitness and long-term healthy lifestyle behaviors. It is the position of the AIA that the student-athlete, who consumes a balanced diet, practices sport frequently and consistently, and perseveres in the face of challenges, can meet these goals.

FORM 14.13 6/04

ACADEMIC RULE

AIA EXECUTIVE BOARD – PROPOSED AMENDMENT

Amend AIA Bylaws: Article 15 Student Eligibility Rules, Section 15.4 Academic Rule, Paragraph 15.4.1 (Page 44)

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 15 – STUDENT ELIGIBILITY RULES

15.4 ACADEMIC RULE

15.4.1 A student must be enrolled in a minimum of five courses the first six semesters of high school and a minimum as determined by the district during the seventh and eighth semesters. <u>The configuration and method of course delivery shall be as determined by the member school.</u>

<u>DETERMINATION</u>: A student shall maintain enrollment in a minimum of five courses or 25 regular class periods per week or the equivalent number of class periods per flexible scheduling approved by the North Central Accrediting Association and/or the Arizona State Department of Education. (Example of Flexible Scheduling: A student enrolled in four courses per day who earns one credit per course per semester for a total of four credits per semester. Student would need to be enrolled in a minimum of three courses per day in such a scheduling program to earn the equivalent or exceed the credit earned in a regular five period day.) (Ex. Bd. 4/20/92)

MOTION WAS MADE BY GEOFF MILLAR AND SECONDED BY SALLY DOYLE TO ADOPT THE PROPOSAL AS PRESENTED. <u>MOTION CARRIED</u> (Votes Cast: Yes37; No-0; Abstain-0)

PHYSICAL EXAMINATION RULE

AIA EXECUTIVE BOARD – PROPOSED AMENDMENT

Amend AIA Bylaws: Article 15 Student Eligibility Rules, Section 15.7 Physical Examination Rule, Paragraph 15.7.2 (Page 48)

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 15 – STUDENT ELIGIBILITY RULES

15.7 PHYSICAL EXAMINATION RULE

15.7.1 A student shall not be allowed to practice or compete in interscholastic athletics until there is on file with the principal or his/her designee a record of a physical examination performed by a doctor of medicine (M.D.), osteopathic physician (D.O.) or certified registered nurse practitioner (N.P.) licensed to practice, or a certified physician's assistant (PA-C) registered by the Joint Board Of Medical Examiners and the Osteopathic Examiners in Medicine and Surgery. The physical examination for the following school year shall be given on or after March 1. The physical examination card on file shall be signed by one of the aforementioned medical providers and shall state that, in the opinion of the examining provider, the provider did not find any medical reason to disqualify the student from practice or competition in athletic contests. The principal or his/her designee, if deemed advisable, may require a student to be reexamined.

<u>NOTE</u>: In order to assure safe and appropriate physical evaluation of prospective high school athletes, individuals who perform examinations of prospective high school athletes should be licensed health care providers whose education, training and experience assure the ability to assess prospective athletes on a systemic basis. Examiners shall be qualified to perform a complete physical examination, including comprehensive evaluation of the following organ systems: circulatory; respiratory; genito-urinary; neurological; and musculo-skeletal. All such health care providers must be licensed in the United States to prescribe all classes of medications in order to fully understand the impact various pharmaceuticals may have on a prospective athlete. (2/17/92)

15.7.2 After the student's first year of participation in interscholastic athletics, a member school, at its option, may comply with Paragraph 15.7.1 by having the student and parent/guardian complete the annual health questionnaire each year in lieu of a physical examination. If any questions on the annual health questionnaire are answered with a "Yes" (except Question 7), the annual health questionnaire shall be taken to the student's medical provider (M.D., D.O., N.P. or PA-C) for his/her action and signature. The annual health questionnaire shall be on file with the principal or his/her designee prior to the student being allowed to practice or compete in interscholastic athletics, beginning with the school year after the student's first year of participation in interscholastic athletics.

(Cont'd)

PHYSICAL EXAMINATION RULE - Cont'd

15.7.2

15.7.3 Member schools shall utilize the physical examination forms provided by the AIA. There shall be three two parts:

15.7.2.1

- 15.7.3.1 Part One Student Health History <u>Annual Preparticipation Physical</u> <u>Evaluation</u> - To be completed by the student's parent or guardian. (See Form 15.7-A)
 15.7.2.2
- 15.7.3.2 <u>Part Two Physical Examination Summary</u> <u>Annual Preparticipation</u> <u>Physical Examination</u> - To be completed and signed by the examining medical provider. (See Form 15.7-B)
- 15.7.3.3 <u>Part Three Annual Health Questionnaire</u> To be completed and signed by the student and the student's parent or guardian. (See Form 15.7-C)

If any questions are answered with a "Yes" (except Question 7), the Annual Health Questionnaire shall be taken to the student's medical provider (M.D., D.O., N.P. or PA-C) for his/her action and signature.

The Annual Health Questionnaire shall be on file with the principal or his/her designee, prior to the student being allowed to practice or compete in interscholastic athletics, beginning with the school year after the first year of participation in interscholastic athletics.

MOTION WAS MADE BY LONNIE CAVALIER AND SECONDED BY BURNIE HIBBARD TO ADOPT THE PROPOSAL AS PRESENTED. <u>MOTION CARRIED</u> (Votes Cast: Yes34; No-3; Abstain-0)



ANNUAL PREPARTICIPATION PHYSICAL EVALUATION

(The parent or Guardian should fill out this form with assistance from the student athlete.)

Name	Se	exA	ge Date of B	irth	_Grade		
Address				Phone	÷		
In case of emergency, contact: Name	:						
Explain "Yes" answers below. Circle questions you don't know the answer to.	C	none (H): ell Phone:	(VV)			
	Yes	No					
1. Have you had a medical illness or injury since your last check-up or sports physical?	0	0	 Do you cough, wheeze, or h after activity? 	have trouble breathi	ng during or	Yes O	No O
Do you have an ongoing or chronic illness? Are you currently being treated for an injury or condition?		0 0	Do you have asthma? Do you use an inhaler? Do you have seasonal allerg	aios that roquiro mo	dical traatmont?		0 0 0
 Have you ever been hospitalized overnight? Have you ever had surgery? Are you currently taking any prescription or nonprescription 	0 0	0 0	10.Do you use any special prot	tective or corrective	equipment	0	0
(over-the-counter) medications or pills or using an inhaler?	0	0	or devices that aren't usuall (for example, knee brace, sp retainer on your teeth, heari	pecial neck roll, foot	t orthotics,	0	0
Have you ever taken any supplements or vitamins to help you gain or lose weight or improve your performance?	0	0	11. Have you had any problem	s with your eyes or	vision?	0	0
4. Do you have any allergies to medications? Do you have any allergies to pollen, food or stinging insects?	0 0	0	Do you wear glasses, conta			0	0
Have you ever had a rash or hives develop during or after	0	0	12. Have you ever had a sprair Have you broken or fracture	n, strain, or swelling d any bones or disl	after injury? ocated any	0	0
exercise?	0	0	joints? Have you had any other pro muscles, tendons, bones, o		swelling in	0	0 0
5. Have you ever passed out during or after exercise? Have you ever been dizzy during or after exercise?	0 0	0 0		ropriate box below	,	0	0
Have you ever had chest pain during or after exercise?		0	Head Elbo	W	Hip		
Do you get tired more quickly than your friends during exercise? Have you ever had racing of your heart or skipped heartbeats? Have you had high blood pressure or high cholesterol?	0	0	Neck Fore Back Wri	earm st	Thigh Knee		
Have you had high blood pressure or high cholesterol? Have you ever been told you have a heart murmur?	0 0	-	Chest Har		Shin/calf		
Have you had a severe viral infection (i.e., mononucleosis or	0	0	Shoulder Fing	ger	Ankle		
myocarditis) within the last month? Has a doctor ever denied or restricted your participation in	0	0	Upper arm		Foot		
sports for any heart problems? Has anyone in your immediate family had the following conditions?	0	0 0	13. Do you want to weigh more Do you lose weight regularly	e or less than you d y to meet weight rec	o now? juirements	0	0
Diabetes Heart disease other Sudden death prior to age 50High Blood Pressure			for your sport?			0	0
6. Do you have any current skin problems (for example, itching,			14. Do you feel stressed?			0	0
rashes, acne, warts, fungus, or blisters)? 7. Have you ever had a head injury or concussion?	0 0	0	15. Do you or have you ever us Smokeless tobacco Alcohol	Cigarettes	al drugs	0	0
Have you ever been knocked out, become unconscious, or lost your memory?	0	0					
Have you ever had a seizure?	0	0	Females Only	trual partad?			
Do you have frequent or severe headaches? Have you ever had numbness or tingling in your arms, hands,	0	0	16. When was your first menst When was your most recent	menstrual period?			
legs, or feet?	0	0	How much time do you usua	ally have from the s	tart of one period	to the s	start
Have you ever had a stinger, burner, or pinched nerve?	ŏ	ŏ	of another?				
8. Have you ever become ill from exercising in the heat?	0	0	How many periods have you What was the longest time b	u had in the last yea between periods in t	r? he last year?		

Explanation:

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct. <u>Lunderstand and acknowledge that truthful and accurate information is essential in properly determining whether the student should be cleared for athletic participation.</u> <u>I hereby consent for the student named above, to be given medical care by the doctor selected by the school.</u>



ANNUAL PREPARTICIPATION PHYSICAL EXAMINATION

ANNUAL PHYSICAL EXAMINATION

Name:				Date:				
Height:	Weight:	-	Pulse:	BP:				
Vision:	R 20/ L 20/	Glasses/Contacts: Yes	No	Pupils: Eq	ual	Un	equal	

	Normal	Abnormal Findings	Initials*
Medical			
Appearance			
Skin			
Eyes/Ears/Nose			
Throat/ Oropharynx			
Lymph Nodes			
Heart			
Pulses			
Lungs			
Abdomen			
Genitalia/ Hernia			
Musculoskeletal			
Neck			
Back			
Shoulder/arm			
Elbow/foreman			
Wrist/hand			
Hip/thigh			
Knee			
Leg/ankle			
Foot			

*Station-based examination only

CLEARANCE

Not Cleared for:	Reason:	
Recommendations:		
Name of physician (print/type)		9
Address	Phone	

DISCIPLINARY REMOVAL

AIA EXECUTIVE BOARD – PROPOSED AMENDMENT

Amend AIA Bylaws: Article 15 Student Eligibility Rules, Section 15.10 Transfer Rule, Paragraph 15.10.10 (Page 53)

<u>(INSERT NEW TEXT)</u>

ARTICLE 15 – STUDENT ELIGIBILITY RULES

15.10.10 <u>Disciplinary Removal</u> - A student suspended, expelled or otherwise removed for disciplinary reasons, including revocation or non-renewal of open enrollment, from one high school shall be ineligible for interscholastic competition in any other high school <u>for one</u> <u>year or</u> until all conditions for readmittance have been fulfilled at the high school where the suspension, expulsion, open enrollment revocation or removal for disciplinary reasons occurred, whichever occurs first.

MOTION WAS MADE BY TERRY NODLINSKI AND SECONDED BY WILLIS HAWS TO ADOPT THE PROPOSAL AS PRESENTED. <u>MOTION CARRIED</u> (Votes Cast: Yes 36; No-0; Abstain-1)

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INTERSCHOOL COMPETITION - (VOLLEYBALL)

AIA EXECUTIVE BOARD – PROPOSED AMENDMENT

Amend AIA Bylaws: Article 30 Volleyball, Section 30.7 Interschool Competition, Paragraph 30.7.3 (Page 136)

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 30 – VOLLEYBALL

30.7 INTERSCHOOL COMPETITION

- 30.7.1 Any school, regardless of Conference membership, may compete with any other school in good standing.
- 30.7.2 Only a National Federation approved volleyball shall be used.
- 30.7.3 Varsity matches will use rally scoring, best three-of-five two of three games. Games shall be played to 25 points (no cap). -and the fifth and deciding game shall be played to 15 points (no cap). Freshman and JV matches will use rally scoring, best of three games. Games one and two shall be played to 25 points (no cap). Game three shall be played to 15 points (no cap).

MOTION WAS MADE BY CINDY RILEY AND SECONDED BY MIKE STERKOWITZ TO ADOPT THE PROPOSAL AS PRESENTED.

MOTION CARRIED

(Votes Cast: Yes-35; No-2; Abstain-0)

FEES / SCHOOLS – OFFICIAL'S RESPONSIBILITY

AIA EXECUTIVE BOARD – PROPOSED AMENDMENT

Amend AIA Bylaws: Article 18 Officials, Section 18.3 Fees / Schools – Official's Responsibility, Paragraph 18.3.4 (Page 73)

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 18 – OFFICIALS

18.3 <u>FEES / SCHOOLS - OFFICIAL'S RESPONSIBILITY</u>

18.3.4 Regular season contest and tournament fees shall be paid as set forth in this Article.

FEE SCHEDULE FOR OFFICIALS REGULAR SEASON 2004-2005

	VARSITY	JV & FROSH					
Baseball (1)	\$ 43	\$ 30					
Basketball (2 person)	45	30					
Basketball (3 person)	40						
Football	50	30					
Soccer (2)	35	30					
Softball	35	30					
Track (Starter)	30	30					
Track (Referee)	30	30					
Track (Clerk)	30	30					
Volleyball (3)	<u>35 - 3/5</u>	5 rally scoring – \$	32 - 2/3 rally scoring				
Wrestling (4)	43	30					
Volleyball/Softball/Baseball/Basketball/Soccer							
Solo Assignment 1 ½ TIMES THE REGULAR FEE WHEN OFFICIATING							
THE CONTEST SOLO							
OFFICIALS SHALL RECEIVE ONE FEE PER CONTEST							
OFFICIALS SHALL RECEIVE ONE FEE FOR COMPLETING A SUSPENDED CONTEST							

- (1) <u>Baseball/Softball</u> For a baseball/softball doubleheader, the second game fee shall be the same as the first game fee. If the first and/or second game of a scheduled doubleheader is not played for some reason, officials will be paid for one game only.
- (2) <u>Soccer</u> The National Federation Soccer Rules Book states: If there are two officials assigned, there will be two referees with concurrent authority; if three officials are assigned, there will be one referee and two linesmen.
- (3) <u>Volleyball</u> Two AIA officials assigned to the tournament, but not calling the game, shall be line judges and shall be paid \$12.50 per match for regionals, and \$15.00 for state championship.
- (4) <u>Wrestling</u> For junior varsity and freshman multi-meets, officials will be paid \$30.00 for the first dual meet and \$2.14 for each additional match in the multiple. The varsity officials will be paid \$43.00 for the first dual meet and \$3.07 for each additional match in the multiple.

MOTION WAS MADE BY SALLY DOYLE AND SECONDED BY DIGGER O'DELL TO ADOPT THE PROPOSAL AS PRESENTED. <u>MOTION CARRIED</u> (Votes Cast: Yes-29; No-8; Abstain-0)

NUMBER OF GAMES IN SEASON (BASEBALL)

3A CONFERENCE (WEST) – PROPOSED AMENDMENT

Amend AIA Bylaws: Article 20 Baseball, Section 20.5 Number Of Games In Season, Paragraph 20.5.3 (Page 87)

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 20 - BASEBALL

20.5 NUMBER OF GAMES IN SEASON

- 20.5.3 No player shall participate in more than 20 baseball games per season, excluding qualifying and state tournaments.
 - 20.5.3.1 <u>EXCEPTION</u>: 1A Conference players may participate in an unlimited number of baseball games per season, excluding qualifying and state tournaments.
 - <u>20.5.3.2</u> <u>EXCEPTION</u>: <u>2A</u> <u>**1A-3A**</u> Conference schools, because of their limited enrollment, may permit a player to participate in an unlimited number of games per season, excluding qualifying and state tournaments.

MOTION WAS MADE BY FLOYD HAVEN AND SECONDED BY MARCIA HESPEN TO ADOPT THE PROPOSAL AS PRESENTED. <u>MOTION FAILED</u> (Votes Cast: Yes-15; No-20; Abstain-2)

.....

The meeting was recessed at 10:30 a.m. and reconvened at 10:50 a.m. A count was taken to determine that the original 37 members were still present. All others were present as well.

.....

MOTION WAS MADE BY MARCIA HESPEN AND SECONDED BY BURNIE HIBBARD TO WITHDRAW AGENDA ITEMS 15, 16, 18, 19, 23, 24, 26, 28 AND 31. <u>MOTION CARRIED</u> (Votes Cast: Yes36; No-1; Abstain-0)

Floyd Haven left the meeting at 10:52 a.m.

RULES (FOOTBALL)

<u>AIA EXECUTIVE BOARD – PROPOSED AMENDMENT</u> Amend AIA Bylaws: Article 23 Football, Section 23.1 Rules, Paragraph 23.1.5 (NEW) (Page 98)

(INSERT NEW TEXT)

ARTICLE 23 – FOOTBALL

23.1 <u>RULES</u>

23.1.5 <u>A 2-yard buffer boundary will be established around the football field as per</u> <u>field diagram in NFHS rule book.</u>

MOTION WAS MADE BY FRANKLIN LANE AND SECONDED BY TERRY NODLINSKI TO ADOPT THE PROPOSAL AS PRESENTED. <u>MOTION CARRIED</u> (Votes Cast: Yes-35; No-1; Abstain-0)

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TOURNAMENTS - REGION / STATE (GOLF)

<u>4A CONFERENCE – PROPOSED AMENDMENT</u> Amend AIA Bylaws: Article 24 Golf, Section 24.9 Tournaments – Region / State, Paragraph 24.9.2 (Page 107)

(INSERT NEW TEXT)

<u>ARTICLE 24 – GOLF</u>

24.9 TOURNAMENTS - REGION / STATE

24.9.2.8 There will be no coaching during a round of tournament play.

- 24.9.2.8.1 <u>EXCEPTION</u>: 3A Conference Coaching will be permitted as per USGA Rules of Golf, Rule 8. Advice.
- 24.9.2.8.2 <u>EXCEPTION</u>: <u>4A/</u>5A Conference Any activity that would be construed as coaching shall be confined while the player is between nines.

MOTION WAS MADE BY PHIL ECHEVERRIA AND SECONDED BY SALLY DOYLE TO ADOPT THE PROPOSAL AS PRESENTED. <u>MOTION CARRIED</u> (Votes Cast: Yes36; No-0; Abstain-0)

RULES (SOFTBALL)

<u>AIA EXECUTIVE BOARD – PROPOSED AMENDMENT</u> Amend AIA Bylaws: Article 26 Softball, Section 26.1 Rules, Paragraph 26.1.6 (Page 115)

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 26 - SOFTBALL

26.1 <u>RULES</u>

26.1.5<u>6</u> Invitational softball tournaments may impose a time limit and/or implement the Tie-Breaker Procedure described in the National Federation Rules Book as procedures for ending games. <u>the tie-breaker procedure described in Article 26.1.5 as</u> <u>procedures for ending games.</u>

MOTION WAS MADE BY MIKE STERKOWITZ AND SECONDED BY CAROLYN WUERTZ TO ADOPT THE PROPOSAL AS PRESENTED. <u>MOTION CARRIED</u> (Votes Cast: Yes35; No-1; Abstain-0)

.....

RULES (SOFTBALL)

<u>AIA EXECUTIVE BOARD – PROPOSED AMENDMENT</u> Amend AIA Bylaws: Article 26 Softball, Section 26.1 Rules, Paragraph 26.1.5 (Page 115)

(INSERT NEW TEXT)

ARTICLE 26 - SOFTBALL

- 26.1 <u>RULES</u>
 - 26.1.5 <u>Starting with the top of the eight inning, and each half inning thereafter, the offensive team shall begin its turn at bat with the player who is scheduled to bat last in that respective inning being placed on second base (e.g. if the number four batter is the lead off batter, the number three batter in the batting order will be placed on second base.) This procedure will be followed until a winner is determined in a complete inning. Should the player scheduled to be put on second base be a player who has left the game and an out is being called for her time at bat, no out shall be called and the player put on second shall be the player who precedes the one being called out in the batting order.</u>

MOTION WAS MADE BY CAROLYN WUERTZ AND SECONDED BY CINDY RILEY TO ADOPT THE PROPOSAL AS PRESENTED.

MOTION CARRIED

(Votes Cast: Yes-35; No-1; Abstain-0)

TOURNAMENTS - REGION / STATE (TENNIS)

4A CONFERENCE – PROPOSED AMENDMENT

Amend AIA Bylaws: Article 28 Tennis, Section 28.9 Tournaments – Region/State, Paragraph 28.9.2 (Page 127)

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 28 – TENNIS

28.9 TOURNAMENTS - REGION / STATE

- 28.9.2.2.2.1 The 1A/2A/**4A** State Team Tennis Tournament shall use a 5-3-2-1 scoring system for first through fourth places in determining the State Team Tennis Champion.
- 28.9.2.2.2 The 3A/<u>4A</u>/5A Conference Team Tennis Championship shall be determined by a state team playoff format.

MOTION WAS MADE BY DAN REYNOLDS AND SECONDED BY FRANKLIN LANE TO ADOPT THE PROPOSAL AS PRESENTED. <u>MOTION CARRIED</u> (Votes Cast: Yes 36; No-0; Abstain-0)

TOURNAMENTS - REGION / STATE (TRACK)

5A CONFERENCE (EAST VALLEY) – PROPOSED AMENDMENT

Amend AIA Bylaws: Article 29 Track, Section 29.8 Tournaments – Region / State, Paragraph 29.8.3 (Page 131-132)

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 29 – TRACK

29.8 TOURNAMENTS – REGION / STATE

- 29.8.3 <u>Awards</u>
 - 29.8.3.2.1 Medals will be given for first, second, third and fourth <u>through eighth</u> place in all events.

REQUEST AS EMERGENCY LEGISLATION

MOTION WAS MADE BY STEVE HOGEN AND SECONDED BY JIM DEAN TO AMEND THE PROPOSAL BY DEFINING REGION – STATE AND REMOVE EMERGENCY LEGISLATION TO READ:

<u>ARTICLE 29 – TRACK</u>

29.8 TOURNAMENTS – REGION / STATE

- 29.8.3 <u>Awards</u>
 - 29.8.3.2.1 <u>**Region**</u> Medals will be given for first, second, third and fourth place in all events.

29.8.3.2.2 State – Medals will be given for first through eighth place in all events.

REQUEST AS EMERGENCY LEGISLATION

MAIN MOTON AS AMENDED <u>MOTION CARRIED</u> (Votes Cast: Yes-32; No- 4; Abstain-0)

MOTION WAS MADE BY STEVE HOGEN AND SECONDED BY LONNIE CAVALIER TO ADOPT THE PROPOSAL AS AMENDED. <u>MOTION CARRIED</u> (Votes Cast: Yes 32; No-4; Abstain-0)

RULES (WRESTLING)

<u>AIA EXECUTIVE BOARD - WRESTLING COMMITTEE – PROPOSED AMENDMENT</u> Amend AIA Bylaws: Article 31 Wrestling, Section 31.1 Rules, Paragraph 31.1.3 (Page 139)

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 31 – WRESTLING

31.1 <u>RULES</u>

31.1.3 A wrestler will be allowed to compete in the regional and state tournament at the classification most weighed in at during the wrestling season or the weight classification immediately above his qualified weight. If there are an equal number of weigh-ins at more than one weight, the last weight shall be the determining weight. <u>at the lowest certified weight</u>. A wrestler may re-certify at a heavier weight anytime during the season.

<u>DETERMINATION</u>: Intent is that a dual meet, invitational tournament or multiple meet would each be counted as one weigh-in. (Ex. Bd. 5/17/93)

31.1.4 In a tournament, all entries must weigh in on the first day of the tournament which will be the qualifying weight for the tournament.

31.I.4 Weight Certification Models

- <u>31.1.4.1</u> <u>Alternative 1 AIA recommends use of the following based on the</u> <u>National Wrestling Coaches' Association (NWCA) Weight Certification</u> <u>Model:</u>
 - Minimum body fat of 7% for males and 12% for females, determined by bio-impedance weighing;
 - <u>Body hydration level (specific gravity) equal to or less than 1.025</u> g/ml. Urine test is pass/fail.
 - Establish an "alpha" weight (weight at time of certification) for each wrestler;
 - If a wrestler's body fat is less than 7% (male) or 12% (female) at the initial weight certification, and the wrestler passes the hydration test, their "alpha" weight will be the lowest competitive weight allowed:
 - <u>Collection and input of testing data into the NWCA Weight</u>
 <u>Certification Model will be done by AIA approved assessors.</u>

31.1.4.1.1 Appeal Process (Alternative 1):

- <u>A wrestler may appeal the results of his/her</u> percentage of body fat used to calculate his/her minimum competitive weight certification;
- If a wrestler disagrees with the body fat percentage as measured with bio-impedance. the same assessor will re-measure that person within ten (10) calendar days;
- <u>The wrestler's original weight will be used; only the</u> <u>bio-impedance body fat percentage will be re-</u> <u>measured.</u>

RULES (WRESTLING) - Cont'd

- <u>31.1.4.2</u> Alternative 2 A wrestler may choose to have his/her body fat percentage measured and minimum competitive weight certified by his/her physician. That physician, the wrestler, the wrestler's parent/guardian and the wrestler's wrestling coach shall sign a document certifying the minimum competitive weight that is not harmful to the wrestler and submitting that document to his/her designated school administrator. The school administrator shall submit a copy of the document to the AIA.
- 31.1.5 <u>Weight loss may not be more than 1.5% of the "alpha" weight (weight at time of certification) per week. Wrestler will follow the prescribed weight loss process of the NWCA weight certification model (nwcaonline.com).</u>
- <u>31.1.6</u> <u>Certification Data A wrestler must have certified his lowest competitive</u> weight before representing a school in any wrestling match.
- <u>31.1.7</u> <u>Growth Allowance A two-pound growth allowance will take effect on January</u> <u>1st.</u>
- 3.1.4<u>8</u> In a tournament, all entries must weigh in on the first day of the tournament which will be the qualifying weight for the tournament.

MOTION WAS MADE BY STEVE HOGEN AND SECONDED BY BOB FREDERICKS TO AMEND THE PROPOSAL BY ADDING THE FOLLOWING AND TO BE PLACED IN THE DOCUMENT AS DETERMINED BY THE EXECUTIVE BOARD:

The Executive Board shall establish a date in which a student-athlete may begin the weight certification process.

MAIN MOTION AS AMENDED <u>MOTION CARRIED</u> (Votes Cast: Yes35; No-1; Abstain-0)

MOTION WAS MADE BY DIGGER O'DELL AND SECONDED BY SUSAN SLOAN TO ADOPT THE PROPOSAL AS AMENDED. <u>MOTION CARRIED</u> (Votes Cast: Ye33; No-3; Abstain-0)

TOURNAMENTS - REGION / STATE (WRESTLING)

AIA EXECUTIVE BOARD - WRESTLING COMMITTEE – PROPOSED AMENDMENT

Amend AIA Bylaws: Article 31 Wrestling, Section 31.10 Tournaments – Region / State, Paragraph 31.10.2 (Page 142)

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 31 – WRESTLING

31.10 TOURNAMENTS - REGION / STATE

- 31.10.2.5 Officials will be present at the weigh-ins and will judge whether or not each contestant meets the approved AIA health, sanitary and safety measures to compete.
 - 31.10.2.5.1 If a contestant is notified by the official that he/she fails to meet the approved AIA health, sanitary and safety measures to compete, he/she must make necessary corrections, as determined by the official, prior to his/her competition. weigh-in at state tournament site.

MOTION WAS MADE BY SALLY DOYLE AND SECONDED BY DIGGER O'DELL TO ADOPT THE PROPOSAL AS PRESENTED.

MOTION CARRIED (Votes Cast: Yes-33; No-3; Abstain-0)

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RATINGS (CHESS)

<u>5A CONFERENCE (FIESTA) – PROPOSED AMENDMENT</u> Amend AIA Bylaws: Article 33 Chess, Section 33.13 Ratings, Paragraph 33.13.1 (Page 147)

(INSERT NEW TEXT)

ARTICLE 33 – CHESS

33.13 <u>RATINGS</u>

33.13.1 The individual player Thomas Rating System is a "closed" point system based on "400" for "new." The Tournament Director may establish a more equitable rating if a new player has a USCF rating. <u>The formula should be: the student's last</u> <u>published USCF rating minus 200 divided by two.</u>

MOTION WAS MADE BY MARK CISTERNA AND SECONDED BY DAN NERO TO ADOPT THE PROPOSAL AS PRESENTED. (AGENDA ITEMS 33-36 COMBINED) <u>MOTION CARRIED</u> (Votes Cast: Yes35; No-1; Abstain-0)

TOURNAMENTS - STATE/ INTER-REGIONAL/ INVITATIONAL (CHESS)

5A CONFERENCE (FIESTA) – PROPOSED AMENDMENT

Amend AIA Bylaws: Article 33 Chess, Section 33.14 Tournaments – State/Inter-Regional / Invitational, Paragraph 33.14.3 (Page 148)

(INSERT NEW TEXT)

ARTICLE 33 – CHESS

33.14 TOURNAMENTS - STATE / INTER-REGIONAL / INVITATIONAL

33.14.3.3.1 ACCA recommends a home-away schedule to count for League Championships <u>or a league meet format</u>.

MOTION WAS MADE BY MARK CISTERNA AND SECONDED BY DAN NERO TO ADOPT THE PROPOSAL AS PRESENTED. (AGENDA ITEMS 33-36 COMBINED) <u>MOTION CARRIED</u> (Votes Cast: Yes35; No-1; Abstain-0)

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TOURNAMENTS - STATE/ INTER-REGIONAL/ INVITATIONAL (CHESS)

<u>5A CONFERENCE (FIESTA) – PROPOSED AMENDMENT</u>

Amend AIA Bylaws: Article 33 Chess, Section 33.14 Tournaments – State/Inter-Regional / Invitational, Paragraph 33.14.3 (Page 148)

(INSERT NEW TEXT)

ARTICLE 33 – CHESS

33.14 TOURNAMENTS - STATE / INTER-REGIONAL / INVITATIONAL

33.14.3.4.1 <u>Time Control</u> - Game to be 75 minutes total "<u>for each player", 70 minutes with</u> <u>a five second time delay clock</u>.

USCF sudden-death rules shall apply during the last five minutes of the second time control.

MOTION WAS MADE BY MARK CISTERNA AND SECONDED BY DAN NERO TO ADOPT THE PROPOSAL AS PRESENTED. (AGENDA ITEMS 33-36 COMBINED) <u>MOTION CARRIED</u> (Votes Cast: Yes35; No-1; Abstain-0)

TOURNAMENTS - STATE/ INTER-REGIONAL/ INVITATIONAL (CHESS)

5A CONFERENCE (FIESTA) – PROPOSED AMENDMENT

Amend AIA Bylaws: Article 33 Chess, Section 33.14 Tournaments – State/Inter-Regional / Invitational, Paragraph 33.14.3 (Page 148)

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 33 – CHESS

33.14 TOURNAMENTS - STATE / INTER-REGIONAL / INVITATIONAL

33.14.3.4.1 <u>Time Control</u> - Game to be 75 minutes total.

USCF sudden-death rules shall apply during the last five minutes of **the second** time control.

MOTION WAS MADE BY MARK CISTERNA AND SECONDED BY DAN NERO TO ADOPT THE PROPOSAL AS PRESENTED. (AGENDA ITEMS 33-36 COMBINED) <u>MOTION CARRIED</u> (Votes Cast: Yes35; No-1; Abstain-0)

ADD ITEM:

DIGGER O'DELL – 1A EAST CONFERENCE

(DELETE AS INDICATED AND INSERT NEW TEXT)

ARTICLE 28 – TENNIS

28.4 NUMBER OF MATCHES IN SEASON

28.4.1 No school shall schedule more than 16 varsity matches, including two <u>three</u> invitationals, each of which shall count as one match.

MOTION WAS MADE BY DIGGER O'DELL AND SECONDED BY CAROLYN WUERTZ TO AMEND THE ADDED PROPOSAL BY ADDING 1A/2A/3A CONFERENCE SCHOOL TO READ:

ARTICLE 28 – TENNIS

28.4 NUMBER OF MATCHES IN SEASON

28.4.1 No school shall schedule more than 16 varsity matches, including two invitationals, each of which shall count as one match.

28.4.1.1 EXCEPTION: No 1A/2A/3A conference school shall schedule more than 16 varsity matches, including three invitationals, each of which shall count as one match.

MOTION CARRIED (Votes Cast: Yes-36; No-0; Abstain-0)

MOTION WAS MADE BY JIM DEAN AND SECONDED BY GEOFF MILLAR TO ADOPT THE ADDED PROPOSAL AS AMENDED. <u>MOTION CARRIED</u> (Votes Cast: Yes35; No-1; Abstain-0)

There being no further business, on a motion duly made by Carolyn Wuertz and seconded by Annette Auxier, the meeting was adjourned at 11:40 a.m. by a unanimous voice vote.

Respectfully submitted,

Harold Slemmer, Ed.D. Executive Director