



Chairperson Dr. Javier Cárdenas called the meeting to order at 7:30 a.m.

Members Attendance:

Dr. Javier Cárdenas, MD (Chair)
Dr. Steven Erickson, MD
David Hayward, Licensed Athletic Trainer
Dr. Mark Strom, ND
John Parsons, A.T. Still University/AZATA
Jeff Vaughn, Phoenix Children's Hospital

Guest:

Barry Aarons

AIA Staff Present:

Mark Mignella, AIA Legal Counsel
Michele Staples, AIA Liaison

CHIROPRACTIC PHYSICIANS AND AIA PHYSICALS – David Morrison, P.C.

- The SMAC listened to David Morrison and Barry Aarons who presented information requesting the AIA:
 - A) Allow individual schools and districts to determine if a Chiropractor can perform a pre-participation physical evaluation.
 - B) Permit Chiropractors with special sports certification to perform pre-participation physicals for AIA athletes.They also stated that Colorado currently allows Chiropractors to perform pre-participation evaluations and they would be open to a pilot program.
- After listening to the points that were brought forward on behalf of Chiropractors and further discussion amongst the committee, a vote was taken:
 - Chiropractor Physician Requests – Unanimously denied.

NATUROPATHIC PHYSICIANS AND AIA PHYSICALS

- The committee reviewed the request by the Naturopathic Association to permit Naturopathic physicians to perform pre-participation physicals (see September 2011 SMAC minutes for presentation)
 - Naturopathic Physician Request – Unanimously denied; Dr. Strom abstained from the vote; Dr. Cárdenas stated that he appreciated Dr. Strom's professionalism through this process.

HEAT EXHAUSTION POLICY PROPOSAL – John Parsons and David Hayward

- John Parsons reviewed the proposal handout with the committee.
- David Hayward discussed the fact that 90% of heat related deaths happen within the first five days. Heat acclimatization is most important.
 - Reporting system for acclimatization within the first 14 days.
 - Four components were reviewed:
 - Heat Acclimatization – approved
 - Environmental Assessment – disapproved (Will continue to work on the Environmental Assessment part)
 - Hydration - approved
 - Return to Play – approved

**Heat Exhaustion Policy Proposal**

(Double Click on the thumb tack or Right Click/Choose "Open File" to view)

UNIVERSITY OF ARIZONA COACH EDUCATION PROPOSAL – Dr. Cárdenas

- The committee reviewed the email from Lisa Rascon at University of Arizona and decided to table the proposal until the next meeting.

CONCUSSION RISK RETENTION INFORMATION – Dr. Cárdenas

- The committee reviewed the information handout and decided to reconvene via email with amendments prior to approval. A request was made to change “Trainers” to “Athletic Trainers”.

A.T. STILL UNIVERSITY RESEARCH STUDY – John Parsons

- John Parsons shared information about the A.T. Still University research study.
- The study would research patient outcome measures with concussions.
- The university is applying for a grant and is requesting a letter of recommendation from the AIA as a collaborative stakeholder which means that the AIA would assist in disseminating information tools to the student athletes, if necessary.
- The committee agreed that this research would be beneficial to the student athletes.

FOOTBALL HELMET RULE – Dr. Cárdenas

- There were (105) games played with (110) dislodged helmets in week 1.
- There were (101) games played with (21) dislodged helmets in week 10.
- One of the main reasons for helmet dislodging is the quality of the equipment.
- If this continues, the committee will evaluate what the common denominator is for the dislodging of helmets.
- A recommendation was made by the committee to look deeper into the data (ie: school, location).

Meeting Adjourned at 9:00 a.m.

Next Meeting: **January 26th, 2012**