



**MINUTES**  
**AIA SPORTS MEDICINE ADVISORY COMMITTEE MEETING**  
**January 26, 2012**

Chairperson Dr. Javier Cardenas called the meeting to order at 7:30 a.m.

**Members Attendance:**

Dr. Javier Cardenas, MD (Chair)  
Dr. John Parsons, Ph.D., ATC, AT  
Dr. Steven Erickson, MD  
David Hayward, Licensed Athletic Trainer  
Dr. Mark Strom  
Dr. Christina Kwasnica, MD  
Dr. Jeffrey Vaughn, DO

**Guest:**

**AIA Staff Present:**

Mark Mignella, AIA Legal Counsel  
Gary Whelchel, AIA Commissioner of Officials  
Michele Staples, AIA Liaison

**SHARE PROGRAM – (Michele Staples)**

- The committee reviewed information received by the Save Hearts in Arizona Registry and Education (SHARE) Program for possible participation by AIA member schools.
- The committee requested additional information and a packet to review at the next meeting.

**“PLAY SAFE IN SCHOOL” COACHES CONFERENCE – (Michele Staples)**

- The committee had requested additional information pertaining to this coaches conference which was received and reviewed.
- The committee approved AIA member schools to participate in this conference if they choose to.

**SB 1035 (Heat Index) – (John Parsons)**

- The committee reviewed the proposed Heat Index bill.
  - If a heat index is used properly it can be expensive (equipment and training).
  - Heat Index scale is not designed for Arizona.
  - Acclimatization is key part.
  - The first 3-5 days of practice is when most deaths occur.
  - Last year a change was made to the football schedule based on the heat advisories.
  - Mark Mignella requested that a representative speak on behalf of the SMAC on SB1035.

**HELMET RULE – (Gary Welchel)**

- The AIA piloted the helmet rule per NFHS approval this year.
  - The NFHS passed the following helmet rule:
    - If a player has a dislodged helmet then the player leaves the game (no timeout allowed).
    - There will be no removal of player and no inspection of helmet with a penalty flag dislodgement.
- Dr. Cardenas recommended to continue tracking dislodged helmets next school year.
- The committee will review UNC data and decide on requesting another year to pilot and discuss at the next SMAC meeting.

Meeting Adjourned at 9:00 a.m.

Next Meeting: **March 29, 2012**