



MINUTES
AIA SPORTS MEDICINE ADVISORY COMMITTEE MEETING
July 25, 2013

Members Attendance:

Dr. Javier Cardenas, MD (Chair)
Dr. John Parsons, Ph.D., ATC, AT
David Hayward
Dr. Steven Erickson, MD
Dr. Mark Strom, ND

AIA Staff Present:

Chuck Schmidt, AIA Associate Executive Director
Mark Mignella, AIA Legal Counsel
Gary Whelchel, AIA State Commissioner
Michele Staples, AIA Liaison
David Hines, AIA Tournament Coordinator
Dean Visser, AIA Tournament Coordinator

Guests:

Mike Skowroner, Banner
Kevin Merrill, Shockbox

➤ Shockbox – Use in Helmets, Safety (Kevin Merrill)

- Mr. Merrill presented a PowerPoint about the product to the committee and a sample of the product.
- Impact Sensor that sends a signal to mobile device with a hit of 50g (linear force).
- Shows detailed information about each player's impact data.
- Data is exportable to Excel.
- The sensor is for sports that utilize helmets only.
- Currently, NOCSAE released a statement that helmets cannot be modified, which includes electronic devices.
- Shockbox is working with NOCSAE in regards to this statement with additional testing.
- Committee recommended distributing the NOCSAE statement and that the SMAC stands behind the statement.
 - Any school, parent and/or student involved in the use of an aftermarket item will be the responsible.
- In addition, John Parsons stated that the clinical of these devices is yet to be validated.
- Committee approved the above mentioned language.

➤ Heat Acclimatization for Indoor Sports

- Guidelines have been set for all indoor sports.
- Supplement Statement (Dr. Parsons)
 - Dr. Parsons shared a revision of AIA Bylaw Article 14.13
 - [Article 14 - General Previsions](#)
 - Committee approved the revision to Article 14.13 for Board approval.
- Wrestling weigh-ins (Dave Hayward)
 - Mr. Hayward discussed revision options for Article 31.1.4 (Weight Certification Models)
 - [Article 31 - Wrestling](#)
 - Committee recommends the removal of Alternative 2 (31.1.4.2) and replace it with wording for the Bod Pod (Air Displacement – Plethysmography)
 - Committee has requested to have Mike Moyer (NWCA) speak to the committee at the September meeting.
- Concussion Network Update (Dr. Cardenas)
 - Brainbook Concussion course has been taken by 160,830 students
 - A new version is coming out soon; shorter length, new videos and animation.
 - Impact testing has been increasing.
 - A new concussion video game for youth will be released soon.
 - NATA released a statement regarding best practices recently; AIA has posted the statement online and will also be including it in the AIA August Newsletter.

Meeting Adjourned at 9:00 a.m.

Next Meeting: September 27, 2013