



MINUTES
AIA SPORTS MEDICINE ADVISORY COMMITTEE MEETING
September 19, 2013

Members Attendance:

Dr. Javier Cardenas, MD (Chair)
Dr. John Parsons, Ph.D., ATC, AT
David Hayward
Dr. Steven Erickson, MD
Dr. Mark Strom, ND
Mike Skowronek, PT

AIA Staff Present:

Chuck Schmidt, AIA Associate Executive Director, COO
Mark Mignella, AIA Legal Counsel
Michele Staples, AIA Liaison
Dean Visser, AIA Tournament Coordinator
David Hines, AIA Tournament Coordinator

Guests:

Dr. Pam Howell, SCNM
Dr. Vaughn

➤ Naturopathic Physicians: (Dr. Pam Howell)

- Dr. Pam Howell addressed the committee about allowing Naturopathic Physicians to perform Pre-Participation physicals.
- After discussion, the committee asked for documentation about competency base and scope of exams.
- The committee will review at the October meeting and vote on the issue at that time.

➤ Wrestling weigh-in (Mike Moyer – NWCA)

- Currently, the NWCA recognizes that when a wrestler weighs in and is below the required percentage of body fat, they currently have to go back to a physician in order to participate.
 - If this is approved as a recommendation then, it would need to be added to the bylaws.
- Mike Moyer stated that the gold standard would be (DXA) DEXA, Scan Body Composition, Air Displacement Plethysmography or Hydrostatic.
- Information from these tests is easy to enter into the online system.
- Mike Moyer suggested that the AIA staff keep track of the appeals.

- The committee requested that Dean Visser and David Hayward comprise wording for implementing this into the AIA Bylaws.
- Update on on-side kick data:
 - Gary Whelchel will present the data at the October Sports Medicine Advisory Committee meeting.
- NOCSAE Update (Javier Cardenas)
 - The committee reviewed the recent press release from the AIA based on the recent NOCSAE and Riddell statements about the aftermarket products for helmets.
 - These aftermarket products cannot be used and if the official determines that an aftermarket produce is being used, it will be a 15 yd penalty per the NFHS Football Rule Book.
- AIA Bylaw 23.5 (Chuck Schmidt)
 - [AIA Bylaw 23 - Football](#)
 - The committee reviewed the bylaw to see if there were any safety concerns with a student being allowed to play up to (30) football games in a season.
 - The committee showed concern with the safety of athletes participating in so many games.
 - The committee will table this issue until the next Sports Medicine Advisory Committee meeting and will invited the Football Sports Advisory Committee to attend the October meeting.

Meeting Adjourned at 9:00 a.m.

Next Meeting: October 24, 2013