



MINUTES  
AIA SPORTS MEDICINE ADVISORY COMMITTEE MEETING  
December 19, 2013

Members Attendance:

Dr. Javier Cardenas, MD (Chair)  
Dr. John Parsons, Ph.D., ATC, AT  
David Hayward, ATC  
Dr. Mark Strom, ND  
Dr. Christian Kwasnica, MD  
Michael Skowronek, PT

AIA Staff Present:

Chuck Schmidt, AIA Associate Executive Director  
Mark Mignella, AIA Legal Counsel  
Gary Whelchel, AIA State Commissioner  
Michele Staples, AIA Liaison  
Ron Halbach, AIA Tournament Coordinator  
Dean Visser, AIA Tournament Coordinator

Guests:

Ron Kordonowy

➤ FOOTBALL SPORTS ADVISORY COMMITTEE (Time Slade)

- Discussed proposal from Football Sports Advisory Committee in limiting football games to be more consistent by ([Bylaw 23.5](#)) removing the term "unlimited."
- Football Sports Advisory Committee proposes that all Divisions adopt the 50% rule.
- Divisions 4, 5 & 6 will reduce the JV Schedules to 8 games (for JV and Freshman)
- Division 6 will play their JV games on Tuesday instead of Thursdays.
  - o Eliminate 23.5.3.1 and replace it by adding Divisions 5 & 6 and eliminate example and add "Varsity" at 'to participate in 50% more varsity games than...'
    - Motioned by Dr. Kwasnica – 2<sup>nd</sup> by Mark Strom. All approved the motion with the amendment.

➤ NATUROPATHIC PHYSICIS PERFORMING PRE-PARTICIPATION PHYSICALS ( Dr. Mark Strom)

- Dr. Mark Strom presented a document with the background and proposal.
  - o Motioned by John Parsons – 2<sup>nd</sup> by Dr. Kwasnica.

- Amendment to change language from “traditional healthcare provider” to the MD, DO language in the AIA Bylaws.
- AIA recognizes pre-participation physical examinations by Naturopathic Physicians.
- One year observation, 2014-2015 school year, to assess pre-participation physicals and recommendations performed by NDs. NDs would refer patients with abnormal pre-participation physical findings to an allopathic or osteopathic physician during the initial year
- Amendment to remove the third option.
  - Motion is approved.

➤ ATC PRESENCE AT GAMES (Ron Kordonowy)

- Post season games require licensed ATCs or appropriate healthcare professional at the games.
- Concern is with the regular season games (Cost and availability)
- Only 15% of regular season games are covered with ATCs or appropriate healthcare professionals.
- The AIA Staff has been directed to bring information about what contact sports this would affect to the January SMAC Meeting for review.

➤ NWCA WEIGHT MANAGEMENT (Dean Visser & Ron Kordonowy)

- Dean Visser discussed the issues with the current weight management process and possible solutions.
  - Handout
- Standard mode vs Athletic Mode.
  - Standard Mode to be more accurate.
- Eliminate Alternative and update 31.1.4.1 with the standard mode verbiage.
- [Bylaw 31](#)
- The Committee requested for Dean Visser and Ron Kordonowy to make the changes and bring back to the Committee for review in January.

➤ CATASTROPHIC INJURY (Dr. Cardenas)

- Met in November and had a good discussion in regards to insurance, ATCs, etc.

➤ NEW BUSINESS

- Dr. Parsons will not be able to serve on the committee anymore because he has taken a job at the NCAA. He thanked Dr. Cardenas for his leadership and he will miss attending the meetings. Dr. Cardenas thanked Dr. Parsons for his service on this committee.
- Chuck Schmidt and Mark Mignella requested to put chiropractors for Pre-Participation exams on the agenda for January.

❖ Next Meeting: January 30, 2014

❖ Meeting Adjourned at 9:00 a.m.