AIA Girls Cross Country Championships

Team Champions and Runners-Up

Year	Conf/Div	Champion	Coach	Runner-Up	Third Place
1976	AA	Winslow (37)	Dave Conatser	Coconino (47)	Flagstaff (73)
1977	AAA	Buena (41)	Dick Haines	Shadow Mountain (43)	Prescott (82)
	AA	Winslow (44)	Dave Conatser	Canyon del Oro (83)	Flagstaff (89)
	A	Window Rock (34)	Bill Cowley	Monument Valley (35)	N/A
1978	AAA	Monument Valley	Ralph Farr	N/A	N/A
	AA	Tuba City (40)	Janet Tsingine	Winslow (84)	Canyon del Oro (114)
	A	Coronado (51)	Dave Archibald	Buena (80)	Shadow Mountain (109)
1979	AAA	Coronado (48)	Dave Archibald	Sahuaro (109)	Buena (120)
	AA	Flowing Wells (53)	Hayden Smith	Tuba City (68)	Flagstaff (113)
	A	Mohave (56)	Paul Tribb	Ganado (64)	Monument Valley (65)
1980	AAA	Sahuaro (64)	Jeff Lockwood	Coronado (75)	Chaparral (157)
	AA	Flagstaff (33)	Clair Harris	Tuba City (43)	Flowing Wells (88)
	A	Monument Valley (56)	Ralph Farr	Mohave (70)	Chinle (89)
	B/C	Show Low (30)	Jim Hart	Florence (81)	Benson (85)
1981	AAA	Chaparral (126)	Dick Stolper	Sahuaro (141)	Palo Verde (170)
	AA	Tuba City (30)	Steve Shapiro	Flowing Wells (71)	Lake Havasu (103)
	A	Ajo (64)	Jose Nogales	Monument Valley (75)	Chinle (81)
	B/C	Show Low (30)	Jim Hart	Benson (51)	Baboquivari (63)
1982	AAA	Buena (118)	Dick Haines	Amphitheater (140)	Coronado (146)
	AA	Tuba City (18)	Janet Lomakema	Mingus Union (95)	Nogales (104)
	A	Bisbee (19)	Leonard Suarez	Many Farms (71)	Monument Valley (93)
	B/C	Benson (31)	Jerry Lee	Ajo (38)	Willcox (79)
1983	AAA	Horizon (78)	Kathy Newsome	Washington (101)	Canyon del Oro (107)
	AA	Tuba City (21)	Bud Davis	Nogales (82)	Winslow (88)
	A	Monument Valley (54)	Ralph Farr	Page (58)	Bisbee (91)
	B/C	Ajo (29)	Jose Nogales	Benson (39)	Baboquivari (71)
1984	AAA	Amphitheater (85)	Sam McClung	Canyon del Oro (102)	Prescott (120)
	AA	Tuba City (27)	Janet Lomakema	Lake Havasu (87)	Window Rock (97)
	A	Monument Valley (39)	Ralph Farr	Page (94)	Many Farms (122)
1985	5A	Shadow Mountain (76)	Richard Garcia	Canyon del Oro (93)	Westwood (129)
	4A	Prescott (69)	Tim Carter	Lake Havasu (102)	Cactus (152)
	3A	Monument Valley (51)	Ralph Farr	Tuba City (57)	Window Rock (129)
1986	5A	Shadow Mountain (77)	Richard Garcia	Corona del Sol (94)	Buena (112)
	4A	Prescott (47)	Tim Carter	Lake Havasu (60)	Cactus (134)
	3A	Tuba City (26)	Janet Lomakema	Monument Valley (73)	Chinle (86)
1987	5A	Shadow Mountain (97)	Richard Garcia	Apollo (133)	Salpointe Catholic (149)
	4A	Prescott (38)	Tim Carter	Tuba City (109)	Arcadia (126)
	3A	Hopi (42)	Harvey Honyouti	Monument Valley (43)	Window Rock (82)
1988	5A	Sahuaro (89)	Jeff Lockwood	Mesa (101)	Canyon del Oro (133)
	4A	Lake Havasu (75)	Ray Reynolds	Red Mountain (93)	Flagstaff (114)
	3A	Hopi (36)	Harvey Honyouti	Monument Valley (59)	Chinle (90)
1989	5A	Sahuaro (88)	Jeff Lockwood	Chandler (105)	Canyon del Oro (119)
	4A	Lake Havasu (47)	Ray Reynolds	Prescott (110)	Flagstaff (120)
	3A	Monument Valley (39)	Ralph Farr	N/A	N/A
	1A/2A	Hopi (31)	Harvey Honyouti	Alchesay (87)	Valley Christian (112)

AIA Girls Cross Country Championships

Year	Conf/Div	Champion	Coach	Runner-Up	Third Place
1990	5A	Sahuaro (92)	Jeff Lockwood	Red Mountain (119)	Canyon del Oro (122)
	4A	Flagstaff (58)	Dusty Sullivan	Desert View (134)	Douglas (144)
	3A	Monument Valley (30)	Ralph Farr	Tuba City (49)	Ganado (84)
	1A/2A	Hopi (18)	Harvey Honyouti	N/A	Alchesay (68)
1991	5A	Red Mountain (74)	David Hines	Deer Valley (156)	Moon Valley (160)
	4A	Page (76)	Paul Worthen	Cactus (77)	Sahuaro (134)
	3A	Monument Valley (28)	Ralph Farr	Ganado (68)	Tuba City (100)
	1A/2A	Hopi (32)	Harvey Honyouti	Alchesay (79)	Benson (100)
1992	5A	Gilbert (80)	Stacy Gardner	Deer Valley (83)	Canyon del Oro (143)
	4A	Page (60)	Paul Worthen	Mountain View (Marana) (107)	Cactus (137)
	3A	Monument Valley (49)	Darryl Reichard	Ganado (59)	Chinle (74)
	1A/2A	Hopi (43)	Harvey Honyouti	Alchesay (69)	Valley (Sanders) (88)
1993	5A	Deer Valley (32)	Lynne Hallford	Gilbert (62)	Mountain Pointe (130)
	4A	Chinle (65)	Steve Keiser	Page (82)	Mountain View (Mesa) (162)
	3A	Monument Valley (47)	Darryl Reichard	Ganado (82)	Tuba City (84)
	1A/2A	Hopi (42)	Harvey Honyouti	Benson (59)	Bisbee (73)
1994	5A	Deer Valley (44)	Lynne Hallford	Xavier Prep (50)	Gilbert (84)
	4A	Chinle (77)	Steve Keiser	Centennial (101)	Sabino (137)
	3A	Ganado (33)	Jim Lujan	Monument Valley (85)	Round Valley (90)
	1A/2A	Hopi (28)	Harvey Honyouti	Willcox (63)	Benson (69)
1995	5A	Xavier Prep (32)	Dave Van Sickle	Westwood (107)	Desert Vista (113)
	4A	Catalina Foothills (86)	Ron Grant	Chinle (88)	Gilbert (102)
	3A	Ganado (32)	Dave Hamons	Window Rock (87)	Fountain Hills (87)
	1A/2A	St. Michael (30)	Gary Morrow	Hopi (68)	Alchesay (87)
1996	5A	Xavier Prep (60)	Dave Van sickle	Horizon (68)	Westwood (111)
	4A	Chinle (53)	Steve Keiser	Flowing Wells (54)	Centennial (115)
	3A	Ganado (50)	Jim Lujan	Fountain Hills (72)	Monument Valley (115)
	1A/2A	Hopi (25)	Harvey Honyouti	Alchesay (56)	Willcox (83)
1997	5A	Xavier Prep (112)	Dave Van Sickle	Desert Mountain (145)	Kingman (146)
	4A	Chinle (43)	Steve Keiser	Page (45)	Catalina Foothills (85)
	3A	Tuba City (43)	Milfred Tewawina	Window Rock (67)	Ganado (116)
	1A/2A	Hopi (23)	Harvey Honyouti	Willcox (57)	Valley (Sanders) (138)
1998	5A	Desert Vista (69)	Chris Hanson	Xavier Prep (85)	Desert Mountain (172)
	4A	Page (38)	Mark Lomeland	Chinle (105)	Catalina Foothills (107)
	3A	Tuba City (53)	Milfred Tewawina	Ganado (59)	Window Rock (72)
	1A/2A	Hopi (36)	Harvey Honyouti	Tombstone (103)	Willcox (122)
1999	5A	Mountain Ridge (49)	Scott Pestka	Mountain Pointe (116)	Desert Vista (131)
	4A	Page (74)	Jim Trapp	Catalina Foothills (104)	Chinle (124)
	3A	Tuba City (26)	Milfred Tewawina	Ganado (67)	Winslow (117)
	1A/2A	Hopi (20)	Harvey Honyouti	St. Michael (98)	Willcox (134)
2000	5A	Desert Vista (41)	Erin Scroggins	Gilbert (116)	Mountain Ridge (120)
	4A	Flagstaff (76)	Sharon Falor	Page (113)	Chaparral (177)
	3A	Tuba City (43)	Milfred Tewawina	Payson (75)	Window Rock (91)
	1A/2A	Hopi (22)	Harvey Honyouti	St. Michael (77)	Valley Christian (94)
2001	5A	Mountain Pointe (37)	Geoffrey Owers	Xavier Prep (128)	Mountain View (Marana) (129)
	4A	Flagstaff (57)	Sharon Falor	Chinle (88)	Cactus Shadows (97)
	3A	Payson (53)	Chuck Hardt	Hopi (65)	Ganado (77)
	1A/2A	St. Michael (46)	Terry Thompson	Many Farms (72)	Bisbee (113)
2002	5A	Mountain Pointe (51)	Geoffrey Owers	Desert Vista (78)	Desert Mountain (127)
	4A	Flagstaff (34)	Sharon Falor	Catalina Foothills (96)	Arcadia (101)
	3A	Hopi (55)	Harvey Honyouti	Ganado (83)	Window Rock (97)
	1A/2A	St. Michael (69)	Terry Thompson	Many Farms (92)	Tombstone (94)

AIA Girls Cross Country Championships

Year	Conf/Div	Champion	Coach	Runner-Up	Third Place
2003	5A	Mountain Pointe (60)	Geoffrey Owers	Desert Vista (97)	Mountain Ridge (150)
	4A	Flagstaff (55)	Sharon Falor	Catalina Foothills (69)	Cactus Shadows (134)
	3A	Hopi (31)	Harvey Honyouti	Ganado (72)	Round Valley (76)
	1A/2A	Valley (Sanders) (70)	Lucas Lucio	Many Farms (74)	Yuma Catholic (90)
2004	5A	Flowing Wells (73)	Mandee Fish	Mountain Pointe (75)	Desert Vista (100)
	4A	Flagstaff (77)	Trina Painter	Page (110)	Catalina Foothills (113)
	3A	Ganado (41)	Kyle O'Dell	Window Rock (84)	Hopi (117)
	1A/2A	Yuma Catholic (94)	Ralph Farr	Scottsdale Christian (101)	[TIE] Valley (Sanders)/Many Farms (117)
2005	5A Div. I	Mountain Pointe (58)	Geoffrey Owers	Desert Vista (103)	Mountain Ridge (116)
	5A Div. II	Mountain View (Marana) (61)	Dennis Hansen	Sandra Day O'Connor (70)	Flowing Wells (102)
	4A Div. I	Catalina Foothills (69)	Eric Grossman	Ironwood Ridge (90)	Saguaro (138)
	4A Div. II	Page (42)	Mark Lomeland	Flagstaff (59)	Rio Rico (101)
	3A	Ganado (61)	Anna James	[TIE] Window Rock/Winslow (90)	
	1A/2A	Yuma Catholic (42)	Ralph Farr	Pinon (65)	Tempe Prep (138)
2006	5A Div. I	Salpointe Catholic (82)	Malisa Carino	Xavier Prep (111)	Mountain Ridge (121)
	5A Div. II	Sandra Day O'Connor (28)	Brian Dempsey	Mountain View (Marana) (87)	Flowing Wells (111)
	4A Div. I	Catalina (45)	Kathleen Espinoza	Saguaro (67)	Ironwood Ridge (101)
	4A Div. II	Page (37)	Mark Lomeland	Flagstaff (59)	Coconino (100)
	3A	Chinle (40)	Melissa Martin	Winslow (103)	Ganado (111)
	1A/2A	Valley Christian (90)	Erika Jackson	Valley (Sanders) (91)	Yuma Catholic (98)
2007	5A Div. I	Xavier Prep (69)	Dave Van Sickle	Mountain Ridge (89)	Mountain View (Mesa) (94)
	5A Div. II	Ironwood Ridge (44)	Rob Clouse	Mountain View (Marana) (47)	Marcos de Niza (98)
	4A Div. I	Sandra Day O'Connor (47)	Brian Dempsey	Cactus Shadows (74)	Nogales (86)
	4A Div. II	Rio Rico (79)	Roger Bristow	Flagstaff (84)	Catalina (94)
	3A	Chinle (50)	Melissa Martin	Blue Ridge (62)	Winslow (70)
	1A/2A	Hopi (36)	Harvey Honyouti	Northland Prep (46)	Valley Christian (90)
2008	5A Div. I	Xavier Prep (87)	Dave Van Sickle	Mountain View (Mesa) (95)	Highland (145)
	5A Div. II	Ironwood Ridge (38)	Rob Clouse	Pinnacle (60)	Sunnyside (104)
	4A Div. I	Sandra Day O'Connor (66)	Brian Dempsey	Saguaro (77)	Nogales (110)
	4A Div. II	Flagstaff (74)	Trina Painter	Page (82)	Rio Rico (94)
	3A	Chinle (50)	Shaun Martin	Tuba City (71)	Blue Ridge (79)
	1A/2A	Hopi (32)	Laverne Lomakema	Northland Prep (51)	Valley (Sanders) (81)
2009	5A Div. I	Xavier Prep (31)	Dave Van Sickle	Desert Vista (74)	Highland (77)
	5A Div. II	Ironwood Ridge (40)	Rob Clouse	Pinnacle (66)	Sunnyside (115)
	4A Div. I	Nogales (47)	Manny Gatica	Cactus Shadows (88)	Sabino (114)
	4A Div. II	Page (72)	Theo Martin	Flagstaff (75)	Rio Rico (76)
	3A	Chinle (34)	Shaun Martin	Sedona Red Rock (85)	Tuba City (96)
	1A/2A	Hopi (52)	Laverne Lomakema	Northland Prep (54)	Valley (Sanders) (76)
2010	Div. I	Xavier Prep (37)	Dave Van Sickle	Desert Vista (94)	Mountain View (Mesa) (106)
	Div. II	Nogales (77)	Manny Gatica	Marcos de Niza (97)	Sahuaro (128)
	Div. III	Page (94)	Theodore Martin	Chinle (98)	Flagstaff (108)
	Div. IV	Hopi (31)	Laverne Lomakema	Sedona Red Rock (66)	Northland Prep (92)
2011	Div. I	Xavier Prep (22)	Dave Van Sickle	Desert Vista (81)	Highland (98)
	Div. II	Flagstaff (62)	Trina Painter	Sahuaro (93)	Catalina Foothills (105)
	Div. III	Chinle (74)	Shaun Martin	Page (77)	Saguaro (99)
	Div. IV	Hopi (39)	Elmer Yazzie	Pusch Ridge (78)	Northland Prep (83)
2012	Div. I	Xavier Prep (55)	Dave Van Sickle	Mountain View (Mesa) (75)	Desert Vista (105)
	Div. II	Flagstaff (63)	Trina Painter	Catalina Foothills (103)	Cactus Shadows (131)
	Div. III	Page (51)	MacArthur Lane	Mingus Union (58)	Chinle (110)
	Div. IV	Hopi (47)	Laverne Lomakema	Pusch Ridge (62)	Northland Prep (87)
2013	Div. I	Desert Vista (60)	Jeff Messer	Xavier Prep (70)	Mountain View (Mesa) (145)
	Div. II	Flagstaff (34)	Trina Painter	Catalina Foothills (87)	Prescott (186)
	Div. III	Rio Rico (89)	Stephen Schadler	Mingus Union (132)	Page (149)
	Div. IV	Hopi (38)	Laverne Lomakema	Pusch Ridge (56)	Scottsdale Prep (69)

AIA Girls Cross Country Championships

Year	Conf/Div	Champion	Coach	Runner-Up	Third Place
2014	Div. I	Desert Vista (30)	Jeff Messer	Xavier Prep (83)	Highland (140)
	Div. II	Catalina Foothills (84)	Mike Smith	Flagstaff (96)	Vista Grande (120)
	Div. III	Page (65)	MacArthur Lane	Window Rock (96)	Chinle (102)
	Div. IV	Northland Prep (37)	Missy Acker	Scottsdale Prep (139)	ALA-Queen Creek (159)
2015	Div. I	Chandler (46)	Matt Lincoln	Xavier Prep (51)	Desert Vista (56)
	Div. II	Flagstaff (59)	Trina Painter	Sunrise Mountain (156)	Catalina Foothills (158)
	Div. III	Page (64)	MacArthur Lane	Window Rock (110)	Rio Rico (115)
	Div. IV	Scottsdale Prep (64)	Bob Shisler	Northland Prep (74)	Hopi (112)
2016	Div. I	Desert Vista (20)	Jeff Messer	Chandler (105)	Highland (112)
	Div. II	Flagstaff (63)	Trina Painter	Chaparral (105)	Catalina Foothills (196)
	Div. III	Salpointe Catholic (97)	Mike Urbanski	Coconino (118)	Ganado (119)
	Div. IV	Northland Prep (78)	Missy Acker	Hopi (118)	Scottsdale Prep (149)
2017	Div. I	Chandler (55)	Matt Lincoln	Xavier Prep (77)	Desert Vista (124)
	Div. II	Flagstaff (49)	Trina Painter	Chaparral (80)	North Canyon (127)
	Div. III	Ganado (101)	Anna James	Coconino (108)	Salpointe Catholic (116)
	Div. IV	Northland Prep (70)	Missy Acker	Hopi (134)	St. Michael (137)
2018	Div. I	Xavier Prep (71)	Dave Van Sickle	Chandler (93)	Highland (105)
	Div. II	Flagstaff (94)	Trina Painter	North Canyon (96)	Sunrise Mountain (120)
	Div. III	Salpointe Catholic (66)	Mike Urbanski	Prescott (129)	Ganado (145)
	Div. IV	St. Michael (63)	Kelly Bia	Hopi (102)	Chandler Prep (137)
2019	Div. I	Desert Vista (49)	Chris Hanson	Highland (99)	Xavier Prep (106)
	Div. II	Flagstaff (53)	Trina Painter	Catalina Foothills (98)	Cactus Shadows (142)
	Div. III	Prescott (75)	Cylinda Bray	Salpointe Catholic (79)	Ganado (143)
	Div. IV	St. Michael (37)	Kelly Bia	Glendale Prep (103)	Many Farms (166)
2020	Div. I	Desert Vista (41)	Chris Hanson	Highland (44)	Perry (82)
	Div. II	Flagstaff (41)	Trina Painter	Catalina Foothills (79)	Casteel (98)
	Div. III	Salpointe Catholic (68)	Mike Urbanski	Coconino (71)	Snowflake (83)
	Div. IV	Northland Prep (54)	Carl Perry	Northwest Christian (76)	Glendale Prep (96)
2021	Div. I	Highland (38)	Dave “Monty” Montgomery	Desert Vista (45)	Liberty (90)
	Div. II	Casteel (70)	Todd Daniels	Flagstaff (94)	Desert Mountain (127)
	Div. III	Coconino (72)	Shannon Taylor	Salpointe Catholic (74)	Chinle (97)
	Div. IV	Northwest Christian (69)	Brandon Southall	Glendale Prep (86)	Pusch Ridge (126)
2022	Div. I	Highland (20)	Dave “Monty” Montgomery	Desert Vista (65)	Xavier Prep (146)
	Div. II	Flagstaff (48)	Trina Painter	Desert Mountain (144)	Cienega (172)
	Div. III	Chinle (61)	Beatrice Begay	Salpointe Catholic (91)	Snowflake (127)
	Div. IV	Phoenix Country Day (50)	Matthew Hull	Glendale Prep (74)	Northland Prep (88)
2023	Div. I	Highland (53)	Dave “Monty” Montgomery	Xavier Prep (91)	Perry (125)
	Div. II	Desert Mountain (100)	Kevin Kemmerle	Flagstaff (117)	Ironwood Ridge (142)
	Div. III	ALA-Queen Creek (91)	Duerk Brewer	Gilbert Christian (98)	Ganado (143)
	Div. IV	Northwest Christian (60)	Brandon Southall	Valley Christian (81)	Northland Prep (104)
2024	Div. I	Highland (32)	Dave “Monty” Montgomery	Hamilton (138)	Mountain View (Mesa) (157)
	Div. II	Flagstaff (47)	Trina Painter	Ironwood Ridge (94)	Cactus Shadows (122)
	Div. III	ALA-Queen Creek (66)	Duerk Brewer	Valley Christian (101)	Ganado (183)
	Div. IV	Northland Prep (61)	Pamela White-Hanson	Hopi (78)	[TIE] North Phoenix Prep (100) [TIE] Veritas Prep (100)
2025	Div. I	Highland (40)	Rick Carr	Desert Vista (131)	Xavier Prep (146)
	Div. II	Ironwood Ridge (45)	Michael Smith	Flagstaff (84)	Mica Mountain (141)
	Div. III	ALA-Queen Creek (80)	Duerk Brewer	Pusch Ridge (122)	Salpointe Catholic (131)
	Div. IV	North Phoenix Prep (98)	Brad Curtis	Veritas Prep (100)	Phoenix Country Day (117)

Team Records

Championships Won

22 - Hopi: 1987 (3A), 1988 (3A), 1989 (1A/2A), 1990 (1A/2A), 1991 (1A/2A), 1992 (1A/2A), 1993 (1A/2A), 1994 (1A/2A), 1996 (1A/2A), 1997 (1A/2A), 1998 (1A/2A), 1999 (1A/2A), 2000 (1A/2A), 2002 (3A), 2003 (3A), 2007 (1A/2A), 2008 (1A/2A), 2009 (1A/2A), 2010 (Div. IV), 2011 (Div. IV), 2012 (Div. IV), 2013 (Div. IV).
19 - Flagstaff: 1980 (AA), 1990 (4A), 2000 (4A), 2001 (4A), 2002 (4A), 2003 (4A), 2004 (4A), 2008 (4A Div. II), 2011 (Div. II), 2012 (Div. II), 2013 (Div. II), 2015 (Div. II), 2016 (Div. II), 2017 (Div. II), 218 (Div. II), 2019 (Div. II), 2020 (Div. II), 2022 (Div. II), 2024 (Div. II).
11 - Page: 1991 (4A), 1992 (4A), 1998 (4A), 1999 (4A), 2005 (4A Div. II), 2006 (4A Div. II), 2009 (4A Div. II), 2010 (Div. III), 2012 (Div. III), 2014 (Div. III) 2015 (Div. III).
10 - Chinle: 1993 (4A), 1994 (4A), 1996 (4A), 1997 (4A), 2006 (3A), 2007 (3A), 2008 (3A), 2009 (3A), 2011 (Div. III), 2022 (Div. III).
10 - Monument Valley: 1978 (AAA), 1980 (A), 1983 (A), 1984 (A), 1985 (3A), 1989 (3A), 1990 (3A), 1991 (3A), 1992 (3A), 1993 (3A).
10 - Tuba City: 1978 (AA), 1981 (AA), 1982 (AA), 1983 (AA), 1984 (AA), 1986 (3A), 1997 (3A), 1998 (3A), 1999 (3A), 2000 (3A).
10 - Xavier Prep: 1995 (5A), 1996 (5A), 1997 (5A), 2007 (5A Div. I), 2008 (5A Div. I), 2009 (5A Div. I), 2010 (Div. I), 2011 (Div. I), 2012 (Div. I), 2018 (Div. I).
7 - Desert Vista: 1998 (5A), 2000 (5A), 2013 (Div. I), 2014 (Div. I), 2016 (Div. I), 2019 (Div. I), 2020 (Div. I).
6 - Ganado: 1994 (3A), 1995 (3A), 1996 (3A), 2004 (3A), 2005 (3A), 2017 (Div. III).
5 - Highland: 2021 (Div. I), 2022 (Div. I), 2023 (Div. I), 2024 (Div. I), 2025 (Div. I).
5 - St. Michael: 1995 (1A/2A), 2001 (1A/2A), 2002 (1A/2A), 2018 (Div. IV), 2019 (Div. IV).
4 - Ironwood Ridge: 2007 (5A Div. II), 2008 (5A Div. II), 2009 (5A Div. II), 2025 (Div. II).
4 - Mountain Pointe: 2001 (5A), 2002 (5A), 2003 (5A), 2005 (5A Div. I).
4 - Northland Prep: 2014 (Div. IV), 2016 (Div. IV), 2017 (Div. IV), 2020 (Div. IV).
4 - Prescott: 1985 (4A), 1986 (4A), 1987 (4A), 2019 (Div. III).
4 - Sahuaro: 1980 (AAA), 1988 (5A), 1989 (5A), 1990 (5A).
4 - Salpointe Catholic: 2006 (5A Div. I), 2016 (Div. III), 2018 (Div. III), 2020 (Div. III).
3 - ALA-Queen Creek: 2023 (Div. III), 2024 (Div. III), 2025 (Div. III).
3 - Catalina Foothills: 1995 (4A), 2005 (4A Div. II), 2014 (Div. II).
3 - Sandra Day O'Connor: 2006 (5A Div. II), 2007 (4A Div. I), 2008 (4A Div. I).
3 - Shadow Mountain: 1985 (5A), 1986 (5A), 1987 (5A).
2 - Ajo: 1981 (A), 1983 (B/C).
2 - Buena: 1977 (AAA), 1982 (AAA).
2 - Chandler: 2015 (Div. I), 2017 (Div. I).
2 - Coronado: 1978 (A), 1979 (AAA).
2 - Deer Valley: 1993 (5A), 1994 (5A).
2 - Flowing Wells: 1979 (AA), 2004 (5A).
2 - Lake Havasu: 1988 (4A), 1989 (4A).
2 - Nogales: 2009 (4A Div. I), 2010 (Div. II).
2 - Northwest Christian: 2021 (Div. IV), 2023 (Div. IV).
2 - Rio Rico: 2007 (4A Div. II), 2013 (Div. III).
2 - Show Low: 1980 (B/C), 1981 (B/C).
2 - Winslow: 1976 (AA), 1977 (AAA).
2 - Yuma Catholic: 2004 (1A/2A), 2005 (1A/2A).
1 - Amphitheater: 1984 (AAA).
1 - Benson: 1982 (B/C).
1 - Bisbee: 1982 (A).
1 - Casteel: 2021 (Div. II).
1 - Catalina: 2006 (4A Div. I).
1 - Chaparral: 1981 (AAA).
1 - Coconino: 2021 (Div. III).
1 - Desert Mountain: 2023 (Div. II)
1 - Gilbert: 1992 (5A).
1 - Horizon: 1983 (AAA).
1 - Mohave: 1979 (A).
1 - Mountain Ridge: 1999 (5A).
1 - Mountain View (Marana): 2005 (5A Div. II).
1 - Northland Prep: 2024 (Div. IV).
1 - North Phoenix Prep: 2025 (Div. IV).
1 - Payson: 2001 (3A).
1 - Phoenix Country Day: 2022 (Div. IV).
1 - Red Mountain: 1991 (5A).
1 - Scottsdale Prep: 2015 (Div. IV).
1 - Valley (Sanders): 2003 (1A/2A).
1 - Valley Christian: 2006 (1A)/2A).
1 - Window Rock: 1977 (A).

Most Consecutive Championships

8 - Hopi: 1987 (3A), 1988 (3A), 1989 (1A/2A), 1990 (1A/2A), 1991 (1A/2A), 1992 (1A/2A), 1993 (1A/2A), 1994 (1A/2A).
7 - Hopi: 2007 (1A/2A), 2008 (1A/2A), 2009 (1A/2A), 2010 (Div. IV), 2011 (Div. IV), 2012 (Div. IV), 2013 (Div. IV).
6 - Flagstaff: 2015 (Div. II), 2016 (Div. II), 2017 (Div. II), 218 (Div. II), 2019 (Div. II), 2020 (Div. II).
6 - Xavier Prep: 2007 (5A Div. I), 2008 (5A Div. I), 2009 (5A Div. I), 2010 (Div. I), 2011 (Div. I), 2012 (Div. I).
5 - Highland: 2021 (Div. I), 2022 (Div. I), 2023 (Div. I), 2024 (Div. I), 2025 (Div. I).
5 - Hopi: 1996 (1A/2A), 1997 (1A/2A), 1998 (1A/2A), 1999 (1A/2A), 2000 (1A/2A).
5 - Flagstaff: 2000 (4A), 2001 (4A), 2002 (4A), 2003 (4A), 2004 (4A).
5 - Monument Valley: 1989 (3A), 1990 (3A), 1991 (3A), 1992 (3A), 1993 (3A).
4 - Chinle: 2006 (3A), 2007 (3A), 2008 (3A), 2009 (3A).
4 - Tuba City: 1981 (AA), 1982 (AA), 1983 (AA), 1984 (AA).
4 - Tuba City: 1997 (3A), 1998 (3A), 1999 (3A), 2000 (3A).
3 - ALA-Queen Creek: 2023 (Div. III), 2024 (Div. III), 2025 (Div. III).
3 - Flagstaff: 2011 (Div. II), 2012 (Div. II), 2013 (Div. II).
3 - Ganado: 1994 (3A), 1995 (3A), 1996 (3A).
3 - Ironwood Ridge: 2007 (5A Div. II), 2008 (5A Div. II), 2009 (5A Div. II).
3 - Monument Valley: 1983 (A), 1984 (A), 1985 (3A).
3 - Mountain Pointe: 2001 (5A), 2002 (5A), 2003 (5A).
3 - Prescott: 1985 (4A), 1986 (4A), 1987 (4A).
3 - Sahuaro: 1988 (5A), 1989 (5A), 1990 (5A).
3 - Sandra Day O'Connor: 2006 (5A Div. II), 2007 (4A Div. I), 2008 (4A Div. I).
3 - Shadow Mountain: 1985 (5A), 1986 (5A), 1987 (5A).
3 - Xavier Prep: 1995 (5A), 1996 (5A), 1997 (5A).

Current Consecutive Championships

5 - Highland: 2021 (Div. I), 2022 (Div. I), 2023 (Div. I), 2024 (Div. I), 2025 (Div. I).
3 - ALA-Queen Creek: 2023 (Div. III), 2024 (Div. III), 2025 (Div. III).

Medalists (since 2000)

Year	Conf/Div	Medalist	School	Time	Runner-Up	School	Third Place	School
2000	5A	Sally Meyerhoff	Mountain Pointe	18:48	Amanda Lyon	Desert Vista	Julie Fisher	Desert Vista
	4A	Jennifer Klein	Prescott	19:33	Annie Falor	Flagstaff	Sara Galasky	Chaparral
	3A	Jodie Denike	Chino Valley	19:31	Whitney Hardt	Payson	Rebecca Wiseman	Monument Valley
	1A/2A	Katie Sammons	Valley Christian	20:06	Martina Goklish	Hopi	Alyssa Fredericks	Hopi
2001	5A	Sally Meyerhoff	Mountain Pointe	17:25.52	Julie Fisher	Desert Vista	Ilea Eskildsen	Mountain Pointe
	4A	Jennifer Klein	Prescott	20:19	Ariel Latimer	Mingus Union	N/A	
	3A	Whitney Hardt	Payson	18:28.76	Virginia Begay	Window Rock	Jackie Sinquah	Ganado
	1A/2A	Julie-Anne Bailey	Valley Christian	19:46.49	Elisha Moore	Valley (Sanders)	Harriett Borman	Many Farms
2002	5A	Valerie McGregor	Mtn. View (Marana)	18:22.17	Keara Sammons	Desert Vista	Emily McGregor	Mtn. View (Marana)
	4A	Annie Falor	Flagstaff	18:07.99	Rory Schmidt	Arcadia	Adele Keating	Arcadia
	3A	Whitney Hardt	Round Valley	18:33.43	Kari Hardt	Round Valley	Kelsey Hardt	Hopi
	1A/2A	Julie-Anne Bailey	Valley Christian	19:48.79	Calah Schlabach	St. Michael	Kelly Spartonos	Yuma Catholic
2003	5A	Ellen Mork	Flowing Wells	19:11.57	Kristen Phillips	Mountain Pointe	Katie Sammons	Desert Vista
	4A	Angela Camillo	Cactus Shadows	19:20.42	Shannon Durkin	Cactus Shadows	Merry Placer	Flagstaff
	3A	Whitney Hardt	Round Valley	19:03.83	Kari Hardt	Round Valley	Kelsey Hardt	Hopi
	1A/2A	Kelly Spartonos	Yuma Catholic	20:03.79	Calah Schlabach	St. Michael	Jillian Klassen	Scottsdale Christian
2004	5A	Kristin Phillips	Mountain Pointe	18:31	Noelle Lopez	Salpointe Catholic	Ellen Mork	Flowing Wells
	4A	Kelsey Greathouse	Bradshaw Mtn.	19:01	Katrina Lee	Page	Michele Howe	Flagstaff
	3A	Kari Hardt	Round Valley	18:12	Alandria Reid	Ganado	Tiffany Sorrell	Window Rock
	1A/2A	Jillian Klassen	Scottsdale Christ.	19:34	Kelly Spartonos	Yuma Catholic	Calah Schlabach	St. Michael
2005	5A Div. I	Kristen Phillips	Mountain Pointe	19:15.30	Patricia Barella	Desert Vista	Aubri Carman	Mountain Pointe
	5A Div. II	Tara Erdmann	Flowing Wells	19:11.00	Linsday Prescott	Sandra Day O'Connor	Camille Olson	Sandra Day O'Connor
	4A Div. I	Andrea Crowe	Catalina Foothills	20:34.50	Kirsten Herrera	Ironwood Ridge	Shea Albrecht	Greenway
	4A Div. II	Kari Hardt	Queen Creek	18:42.45	Katrina Lee	Page	Rochelle Kanuho	Coconino
	3A	Janeen Yazzie	Winslow	20:20	Tiffany Sorrell	Window Rock	Alandria Reid	Ganado
	1A/2A	Jillian Klassen	Scottsdale Christ.	20:23	Dani Higgins	Benson	Sachell Etsitty	Piñon
2006	5A Div. I	Nadya Bishton	Mountain Ridge	18:11.40	Jessica Tonn	Xavier Prep	Nastia Bishton	Mountain Ridge
	5A Div. II	Linsday Prescott	Sandra Day O'Connor	18:41.25	Camille Olson	Sandra Day O'Connor	Tara Erdmann	Flowing Wells
	4A Div. I	Ashley Chirco	Rincon	19:21.85	Susana Melendez	Nogales	Melanie McGrath	Catalina
	4A Div. II	Katrina Lee	Page	19:14.55	Hanna Henson	Rio Rico	Rochelle Kanuho	Coconino
	3A	Charnelle Curley	Chinle	19:48.25	Marilyn Curley	Ganado	DeAnne Honanie	Hopi
	1A/2A	Jillian Klassen	Scottsdale Christ.	19:12.30	Bridget Schaaf	Yuma Catholic	Dani Higgins	Benson
2007	5A Div. I	Nadya Bishton	Mountain Ridge	17:28.25	Nastia Bishton	Mountain Ridge	Jessica Tonn	Xavier Prep
	5A Div. II	Sarah Miville	Ironwood Ridge	18:57.10	Stephanie Ledgerwood	Kofa	Brittny Vaughn	Mtn. View (Marana)
	4A Div. I	Lindsay Prescott	Sandra Day O'Connor	18:34.15	Lisette Michaels	Cactus	Zahira Jimenez	Nogales
	4A Div. II	Hanna Henson	Rio Rico	18:46.90	Aeoleone Bristow	Rio Rico	Ashley Workman	Queen Creek
	3A	Jessica Rydberg	Blue Ridge	20:00.00	Emerald Raney	Blue Ridge	Cody Terrell	Chinle
	1A/2A	IDeAnn Honanie	Hopi	19:30.10	Katelyn Williams	Yuma Catholic	Andrea Klimowski	Northland Prep
2008	5A Div. I	Jessica Tonn	Xavier Prep	17:50.90	Sarah Penney	Xavier Prep	Taylor Cole	Hamilton
	5A Div. II	Lacey Kalinen	Pinnacle	19:27.30	Stephanie Ledgerwood	Kofa	Kerri Lenihan	Mtn. View (Marana)
	4A Div. I	Christina Price	Sabino	19:16.20	Glorida Tello	Sandra Day O'Connor	Konnie Zuniga	Nogales
	4A Div. II	Aeoleone Bristow	Rio Rico	19:07.05	Alexandra Myers	Sinagua	Latrisha Blackstar	Page
	3A	Rolonda Jumbo	Chinle	18:14.30	Jessica Rydberg	Blue Ridge	Emerald Raney	Blue Ridge
	1A/2A	Andrea Klimowski	Northland Prep	20:20.45	Corrie Bain	Northland Prep	Brittany Little	Hopi
2009	5A Div. I	Jessica Tonn	Xavier Prep	17:28.16	Sarah Fakler	Xavier Prep	Kylee Kieser	Casa Grande
	5A Div. II	Sarah Miville	Ironwood Ridge	19:14.81	Taylor Delaveaga	Perry	Christen Collins	Pinnacle
	4A Div. I	Zahira Jimenez	Nogales	18:59.09	Christina Price	Sabino	Konnie Zuniga	Nogales
	4A Div. II	Aeoleone Bristow	Rio Rico	19:22.39	Shayla Freeman	Greenway	Kristina Vanderhout	Notre Dame Prep
	3A	Rolonda Jumbo	Chinle	18:40.99	Charnelle Curley	Chinle	April Tracy	Tuba City
	1A/2A	Chelena Betoney	Valley (Sanders)	19:36.28	Andrea Klimowski	Northland Prep	Monika Kawski	Horizon Honors

AIA Girls Cross Country Championships

Year	Conf/Div	Medalist	School	Time	Runner-Up	School	Third Place	School
2010	Div. I	Sarah Fakler	Xavier Prep	18:26.97	Monica Houston	Cibola	Brittany Tretbar	Desert Vista
	Div. II	Kylee Kiesser	Marcos de Niza	18:53.01	Konnie Zuniga	Nogales	Chloe Newell	Sahuaro
	Div. III	Rolonda Jumbo	Chinle	18:34.55	Aeoleone Bristow	Rio Rico	Haley Stenquist	Sabino
	Div. IV	Chelena Betoney	Valley (Sanders)	19:52.44	Keven Griffen	Northland Prep	Ashley Onsae	Hopi
2011	Div. I	Sarah Fakler	Xavier Prep	17:48.19	Tory Haberman	Highland	Laura Orlie	Xavier Prep
	Div. II	Tatiana Gillick	Flagstaff	18:29.64	Chloe Newell	Sahuaro	Taylor Taite	Flagstaff
	Div. III	Rolonda Jumbo	Chinle	18:27.20	Diana Garcia	Tempe	Leticia Shaban	Tempe
	Div. IV	Sarah McDonald	Pusch Ridge	18:55.28	Mikaela Martin	Horizon Honors	Keven Griffen	Northland Prep
2012	Div. I	Sarah Fakler	Xavier Prep	18:02.25	Kristi Rush	Highland	Monica Houston	Cibola
	Div. II	Tatiana Gillick	Flagstaff	18:55.25	Bridgette Doucet	Canyon del Oro	Julie Vanderhout	Notre Dame Prep
	Div. III	Diana Garcia	Tempe	18:39.19	Sierra Jarriel	Fountain Hills	Skyler Storie	Mingus Union
	Div. IV	Anna Long	Scottsdale Christian	18:54.12	Daangoiina Haven	Ganado	Sarah McDonald	Pusch Ridge
2013	Div. I	Danielle Jones	Desert Vista	18:00.80	Baylee Jones	Desert Vista	Lauren Ellsworth	Highland
	Div. II	Tatiana Gillick	Flagstaff	18:28.96	Alix Manci	Flagstaff	Megan Reniewicki	Arcadia
	Div. III	Alexandra Schadler	Rio Rico	18:38.18	Daangoiina Haven	Ganado	Nikesha Eagleman	Ganado
	Div. IV	Valentina Nyhart	Northland Prep	19:39.72	Christen Ben	Hopi	Cayley Hensley	Pusch Ridge
2014	Div. I	Danielle Jones	Desert Vista	17:26	Kelly Naumann	Corona del Sol	Baylee Jones	Desert Vista
	Div. II	Bridgette Doucet	Canyon del Oro	18:07	Carissa Diaz	Vista Grande	Megan Reniewicki	Arcadia
	Div. III	Alexandra Schadler	Rio Rico	18:14	Chamique Duboise	Window Rock	Daangoiina Haven	Ganado
	Div. IV	Maya Smith	Northland Prep	19:25	Amber Miller	Scottsdale Prep	Corrin Kalinich	Northland Prep
2015	Div. I	Sarah Carter	Xavier Prep	18:09	Emily Crall	Desert Vista	Jesselyn Bries	Sandra Day O'Connor
	Div. II	Courtney Lewis	Flagstaff	18:36	Kassidy Deardorff	Deer Valley	Clara Haynes	Gila Ridge
	Div. III	Allie Schadler	Rio Rico	17:04	Daangoiina Haven	Ganado	Samantha Schadler	Rio Rico
	Div. IV	Maya Smith	Northland Prep	18:20	Jaeda Honani	Hopi	Haley Everroad	Scottsdale Prep
2016	Div. I	Jesselyn Bries	Sandra Day O'Connor	18:03	Haley Wolf	Desert Vista	Baylee Jones	Desert Vista
	Div. II	Abi Archer	Chaparral	18:29	Clara Haynes	Gila Ridge	Richelle Sandin	Catalina Foothills
	Div. III	Allie Schadler	Rio Rico	17:03	Samantha Schadler	Rio Rico	Ana Alvarez-Tostado	Salpointe Catholic
	Div. IV	Maya Smith	Northland Prep	18:21	Alil Upshaw	St. Michael	Danah Smith	Greyhills Academy
2017	Div. I	Haley Wolf	Desert Vista	18:38	Carolina McLeskey	Highland	Mihajla Milovanovic	Chandler
	Div. II	Abi Archer	Chaparral	17:58	Richelle Sandin	Catalina Foothills	Alaina Kautz	Campo Verde
	Div. III	Samantha Schadler	Rio Rico	18:06	Ana Alvarez-Tostado	Salpointe Catholic	Zoey Delgado	Salpointe Catholic
	Div. IV	Maya Smith	Northland Prep	18:01	Alil Upshaw	St. Michael	Keelah Barger	Northland Prep
2018	Div. I	Abi Archer	Chaparral	17:56.22	Morgan Foster	Chandler	Caroline McLeskey	Highland
	Div. II	Hana Hall	Flagstaff	18:07.48	Stefana Purkovic	North Canyon	Emily Stutesman	Deer Valley
	Div. III	Samantha Schadler	Rio Rico	18:01.32	Alisia Honyumptewa	Chinle	Zoey Delgado	Salpointe Catholic
	Div. IV	Ali Upshaw	St. Michael	18:18.33	Precious Robinson	Piñon	Jaeda Honani	Hopi
2019	Div. I	Lauren Ping	Desert Vista	17:36.9	Grace Ping	Desert Vista	Taylor Lovell	Perry
	Div. II	Hana Hall	Flagstaff	18:15.2	Grace Driskill	Rincon/University	Mia Hall	Flagstaff
	Div. III	Zoey Delgado	Salpointe Catholic	18:40.9	Emily McMahon	Prescott	Evelynne Carr	ALA-Queen Creek
	Div. IV	Ali Upshaw	St. Michael	17:49.5	Grace Tipton	North Phoenix Prep	Ani Durell	Glendale Prep
2020	Div. I	Lauren Ping	Desert Vista	17:13.4	Katie Sigerud	Desert Vista	Kayla Case	Highland
	Div. II	Mia Hall	Flagstaff	17:54.6	Kyah Zurek	Casteel	Clara Jones	Campo Verde
	Div. III	Kylie Wild	Salpointe Catholic	18:37.3	Evelynne Carr	ALA-Queen Creek	Ryley Nelson	Gilbert Christian
	Div. IV	Kayla O'Connell	Morenci	19:57.8	Jessica Madrid	Round Valley	Madeline McBee	Glendale Prep
2021	Div. I	Lauren Ping	Desert Vista	17:39.4	Emma Baugh	Highland	Kayla Case	Highland
	Div. II	Mia Hall	Flagstaff	18:06.2	Clara Jones	Campo Verde	Taylor McCue	Catalina Foothills
	Div. III	Kylie Wild	Salpointe Catholic	18:41.0	Evelynne Carr	ALA-Queen Creek	Wheaten Smith	Coconino
	Div. IV	Jessica Madrid	Round Valley	19:52.7	Taryn Janssen	Glendale Prep	Kimi Cahoon	Phoenix Country Day
2022	Div. I	Emma Baugh	Highland	18:46.8	Cloe Baugh	Highland	Taylor Drewry	Basha
	Div. II	Mia Hall	Flagstaff	18:50.7	Clara Jones	Campo Verde	Taylor Biggambler	Flagstaff
	Div. III	Kylie Wilde	Salpointe Catholic	18:40.0	Temyra Bia	Chinle	Lucy Turley	Greenway
	Div. IV	Lauren Ping	Valley Christian	17:53.2	Kimi Cahoon	Phoenix Country Day	Ellie Phillips	Valley Christian

AIA Girls Cross Country Championships

Year	Conf/Div	Medalist	School	Time	Runner-Up	School	Third Place	School
2023	Div. I	Taylor Drewery	Basha	18:51.0	Stella Hall	Highland	Natalie Roberts	Mountain View (Mesa)
	Div. II	Landen LeBlond	Millennium	18:46.2	Clara Jones	Campo Verde	Olivia Baker	Flagstaff
	Div. III	Mila Russo	Gilbert Christian	19:32.3	Damira Allen	Ganado	Talya Workman	ALA-Queen Creek
	Div. IV	Kimi Cahoon	Phoenix Country Day	19:13.9	Ashley Tarasenko	Northwest Christian	Ellie Phillips	Valley Christian
2024	Div. I	Taylor Drewry	Basha	18:09.6	Amelia North	Rincon/University	Stella Hall	Highland
	Div. II	Olivia Baker	Flagstaff	18:59.3	Taylor Biggambler	Flagstaff	Kylyn Taylor	Flagstaff
	Div. III	Janessa Segay	Chinle	18:49.2	Addison Bisceglie	Gilbert Christian	Ellie Phillips	Valley Christian
	Div. IV	Taryn Jannsen	Glendale Prep	19:29.3	Emerson Butler	Phoenix Country Day	Ava Wadhwa	Arizona Lutheran
2025	Div. I	Taylor Drewry	Basha	18:05.8	Audra Huempfner	Highland	Kennedy Frakes	Xavier Prep
	Div. III	Taylor Biggambler	Flagstaff	18:44.8	Sorella Natale	Ironwood Ridge	Kylyn Taylor	Flagstaff
	Div. III	Gwendolyn LeVander	ALA-West Foothills	19:05.5	Ruby Lambsopn	Eastmark	Jada O'Leary	ALA-Queen Creek
	Div. IV	Jasmine Hall	BASIS Flagstaff	19:45.4	Emerson Butler	Phoenix Country Day	Maycee Brady	Glendale Prep