

# AIA Girls Swim & Dive Championships

## Team Champions and Runners-Up

| Year    | Conf/Div | Champion                             | Coach                             | Runner-Up  | Third Place                                   |
|---------|----------|--------------------------------------|-----------------------------------|--|---|
| 1972-73 | AAA      | Washington (493)                     | Brian Methany                     | Sunnyslope (303)                                       | Apollo (291)                                  |
| 1973-74 | AAA      | Xavier Prep (294)                    | Mary Faith                        | Washington (287)                                       | Agua Fria (190)                               |
| 1974-75 | AAA      | Washington (90)                      | Brian Methany                     | Agua Fria (31)   | Thunderbird (30)                              |
| 1975-76 | AAA      | Agua Fria (155)                      | Dick Forshier                     | Westwood (141)   | Thunderbird (128)                             |
| 1976-77 | AAA      | Westwood (176)                       | Sally Bixby                       | Thunderbird (107)                                      | Shadow Mountain (104)                         |
| 1977-78 | AAA      | Arcadia (195)                        | Ann Chadwick                      | Westwood (148)   | Coronado (109)                                |
| 1978-79 | AAA      | Arcadia (227)                        | Dale Blasius                      | Thunderbird (151)                                      | Westwood (120)                                |
| 1979-80 | AAA      | Arcadia (210)                        | Dale Blasius                      | Thunderbird (196)                                      | Westwood (95)                                 |
| 1980-81 | AAA      | Arcadia (243)                        | Dale Blasius                      | Thunderbird (153)                                      | Coronado (81)                                 |
| 1981-82 | AAA      | Arcadia (196)                        | Dale Blasius                      | Yuma Union (120)                                       | Shadow Mountain (73)                          |
| 1982-83 | AAA      | Sahuaro (134)                        | Kelly McConnell                   | Yuma Union (122)                                       | Arcadia (107)                                 |
| 1983-84 | AAA      | Arcadia (103)                        |                                   | Saguaro (98)   | Catalina (95)                                 |
| 1984-85 | 5A       | Arcadia (118)                        | Brad Herring                      | Dobson (104)   | Xavier Prep (99)                              |
| 1985-86 | 5A       | Xavier Prep (182)                    | Gerry Seaquist                    | Dobson (124)   | Amphitheater (101)                            |
| 1986-87 | 5A       | Xavier Prep (114)                    | Jeff Seaquist                     | Shadow Mountain (106)                                  | Dobson (102)                                  |
| 1987-88 | 5A       | Dobson (135)                         | Connie Michaelson                 | Xavier Prep (133)                                      | Saguaro (85)                                  |
| 1988-89 | 5A       | Xavier Prep (176)                    | Jeff Seaquist                     | Mountain View (Mesa) (100)                             | Westwood (87)                                 |
| 1989-90 | 5A<br>4A | Xavier Prep (378)<br>Arcadia (153)   | Gerry Seaquist<br>Jack Giles      | Mountain View (Mesa) (185)<br>Sabino (143)             | Amphitheater (164)<br>Cactus (134)            |
| 1990-91 | 5A<br>4A | Xavier Prep (466)<br>Arcadia (442)   | Jeff Seaquist<br>Jack Giles       | Mountain View (Mesa) (256)<br>Sabino (198)             | Saguaro (162)<br>Rincon (182)                 |
| 1991-92 | 5A<br>4A | Xavier Prep (440)<br>Arcadia (364)   | Gerry Seaquist<br>Jack Giles      | Mountain View (Mesa) (247)<br>Ironwood (217)           | Salpointe Catholic (198)<br>Sahuaro (215)     |
| 1992-93 | 5A<br>4A | Xavier Prep (454)<br>Arcadia (309)   | Gerry Seaquist<br>Jack Giles      | Mountain View (Mesa) (250)<br>Sabino (231)             | Salpointe Catholic (192)<br>Sahuaro (217)     |
| 1993-94 | 5A<br>4A | Xavier Prep (449)<br>Arcadia (349)   | Gerry Seaquist<br>Matt McCarthy   | Salpointe Catholic (269)<br>Rincon (236)               | Mountain View (Mesa) (248)<br>Sabino (204)    |
| 1994-95 | 5A<br>4A | Xavier Prep (463)<br>Arcadia (378)   | Gerry Seaquist<br>Carl Van Faasen | Salpointe Catholic (278)<br>Rincon (262)               | Mountain View (Mesa) (231)<br>Chaparral (186) |
| 1995-96 | 5A<br>4A | Xavier Prep (435)<br>Arcadia (301)   | Gerry Seaquist<br>Karen Morrison  | Salpointe Catholic (333)<br>Paradise Valley (221)      | Mountain View (Mesa) (202)<br>Rincon (204)    |
| 1996-97 | 5A<br>4A | Xavier Prep (404)<br>Rincon (277)    | Gerry Seaquist<br>Mike Ward       | Salpointe Catholic (252)<br>[TIE] Sabino/Arcadia (255) | Shadow Mountain (238)                         |
| 1997-98 | 5A<br>4A | Xavier Prep (445)<br>Chaparral (303) | Gerry Seaquist<br>Jim Ware        | Dobson (279)<br>Sabino (291)                           | Red Mountain (189)<br>Arcadia (289)           |

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|---------|--|---|---|---|---|
| 1998-99 | 5A<br>4A   | Mountain View (Mesa) (269)<br>Arcadia (322)   | Nicki Barna<br>Erica Jones  | Xavier Prep (205)<br>Sabino (299)   | Corona del Sol (186)<br>Chaparral (291)   |
| 1999-00 | 5A<br>4A   | Xavier Prep (298)<br>Arcadia (414)  | Gerry Seaquist<br>Erica Jones   | Shadow Mountain (243)<br>Catalina Foothills (411)   | Mountain View (Mesa) (234)<br>Chaparral (321)   |
| 2000-01 | 5A<br>4A   | Xavier Prep (301)<br>Catalina Foothills (347)   | Jeff Seaquist<br>Nicole Penkalski   | Corona del Sol (199)<br>Chaparral (344)   | Salpointe Catholic (167)<br>Arcadia (262)   |
| 2001-02 | 5A<br>4A   | Xavier Prep (312)<br>Catalina Foothills (353)   | Jeff Seaquist<br>Nicole Penkalski   | Shadow Mountain (210)<br>Arcadia (285)  | Horizon (192)<br>Rincon (271)   |
| 2002-03 | 5A<br>4A   | Xavier Prep (329)<br>Catalina Foothills (314)   | Jeff Seaquist<br>Nicole Penkalski   | Mountain View (Mesa) (176)<br>Rincon (310)  | Red Mountain (151)<br>Chaparral (250)   |
| 2003-04 | 5A<br>4A   | Xavier Prep (430.5)<br>Catalina Foothills (319)   | Jeff Seaquist<br>Nicole Penkalski   | Mountain View (Mesa) (238)<br>Sunnyslope (234.5)  | Salpointe Catholic (166)<br>Chaparral (219)   |
| 2004-05 | 5A<br>4A   | Xavier Prep (443)<br>Catalina Foothills (322.5)   | Jeff Seaquist<br>Nicole Penkalski   | Desert Mountain (297)<br>Chaparral (290)  | Mountain View (Mesa) (187)<br>Sunnyslope (233)  |
| 2005-06 | 5A Div. I<br>5A Div. II<br>4A Div. I<br>4A Div. II             | Xavier Prep (493.5)<br>Desert Mountain (508.5)<br>Catalina Foothills (439)<br>Sunnyslope (375)                | Jeff Seaquist<br>Christine Bodmer<br>Nicole Sayers-Penkalski<br>Brian Metheny     | Mountain View (Mesa) (281.5)<br>North (236)<br>Chaparral (308)<br>Arcadia (356)                                 | Corona del Sol (174)<br>Centennial (175)<br>Millennium (261)<br>Cactus Shadows (189)  |
| 2006-07 | 5A Div. I<br>5A Div. II<br>4A Div. I<br>4A Div. II             | Xavier Prep (507)<br>Desert Mountain (484)<br>Catalina Foothills (419)<br>Arcadia (374)                       | Jeff Seaquist<br>Christine Bodmer<br>Dale Payne<br>Erica Jones                    | Mountain View (Mesa) (295)<br>Sandra Day O'Connor (212)<br>Chaparral (358)<br>Sunnyslope (279)                  | Desert Vista (216)<br>Ironwood (191.5)<br>Pinnacle (298)<br>Cactus Shadows (206)  |
| 2007-08 | 5A Div. I<br>5A Div. II<br>4A Div. I<br>4A Div. II<br>1A/2A/3A | Xavier Prep (411)<br>Pinnacle (383)<br>Catalina Foothills (398)<br>Arcadia (475.5)<br>Phoenix Christian (344) | Colleen Murphy<br>Cheri White<br>R.J. Lundstrom<br>Erica Jones<br>Danielle Smyers | Desert Mountain (348.5)<br>Horizon (300.5)<br>Chaparral (376.5)<br>Flagstaff (322)<br>Phoenix Country Day (309) | [TIE] Desert Vista/Mtn. View (Mesa) (217)<br>Rincon (198.5)<br>Sabino (196)<br>Notre Dame (268.5)<br>Valley Christian (280) |
| 2008-09 | 5A Div. I<br>5A Div. II<br>4A Div. I<br>4A Div. II<br>1A/2A/3A | Xavier Prep (396)<br>Pinnacle (368)<br>Chaparral (415.5)<br>Arcadia (489)<br>Valley Christian (455)           | Colleen Murphy<br>Jodi Lamell<br>Laura Winslow<br>Erica McClurg<br>Ben Swanholm   | Desert Vista (259)<br>Boulder Creek (265)<br>Catalina Foothills (386)<br>Notre Dame (267)<br>Pusch Ridge (390)  | Mountain View (Mesa) (232)<br>Horizon (237)<br>Sabino (199)<br>Mingus Union (262)<br>Sedona Red Rock (249)                  |
| 2009-10 | 5A Div. I<br>5A Div. II<br>4A Div. I<br>4A Div. II<br>1A/2A/3A | Xavier Prep (546)<br>Chaparral (386)<br>Catalina Foothills (450)<br>Arcadia (497)<br>Valley Christian (423)   | Colleen Murphy<br><br>R.J. Lundstrom<br>Erica McClurg<br>Ben Swanholm             | Desert Vista (323)<br>Pinnacle (326)<br>Canyon del Oro (284)<br>Notre Dame (254)<br>Phoenix Country Day (316)   | Mountain View (Mesa) (303)<br>Desert Mountain (282)<br>Sabino (251)<br>Thunderbird (225.5)<br>Pusch Ridge (275)             |
| 2010-11 | Div. I<br>Div. II  | Xavier Prep (401)<br>Catalina Foothills (398)   | Colleen Murphy<br>R.J. Lundstrom  | Chaparral (220)<br>Arcadia (258)  | Mountain View (Mesa) (209.5)<br>Notre Dame (226)  |
| 2011-12 | Div. I<br>Div. II  | Xavier Prep (429)<br>Arcadia (289)  | Colleen Murphy<br>Erica McClurg   | Pinnacle (194)<br>Salpointe Catholic (262)  | Mountain View (Mesa) (172)<br>Verrado (261)   |
| 2012-13 | Div. I<br>Div. II  | Xavier Prep (330)<br>Salpointe Catholic (246)   | Brian Hoffer<br>Chad Castillo   | Pinnacle (245)<br>Arcadia (221)   | Mountain View (Mesa) (169)<br>Verrado (218)   |
| 2013-14 | Div. I<br>Div. II  | Desert Vista (278.5)<br>Catalina Foothills (256)  | Shawn O'Connell<br>Ed Walter  | Xavier Prep (267)<br>Notre Dame (205.5)   | Pinnacle (243)<br>Salpointe Catholic (189)  |
| 2014-15 | Div. I<br>Div. II  | Chaparral (365.5)<br>Campo Verde (257)  | Nate Moore<br>Ben Scott   | Pinnacle (286.5)<br>Salpointe Catholic (210.5)  | Desert Vista (250)<br>Catalina Foothills (207)  |

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|---------|----------|----------------------------|-----------------------|-----------------------------|------------------------------|
| 2015-16 | Div. I   | Chaparral (359)            | Richie Krzyzaznowski  | Desert Vista (234)          | Pinnacle (219.5)             |
|         | Div. II  | Notre Dame Prep (215)      | Rebecca Strolc        | Salpointe Catholic (181)    | Verrado (180)                |
| 2016-17 | Div. I   | Desert Vista (274)         | Shawn O'Connell       | Chandler (245)              | Hamilton (206)               |
|         | Div. II  | Chaparral (404)            | Richie Krzyzaznowski  | Arcadia (266.5)             | Catalina Foothills (198)     |
|         | Div. III | Sabino (199)               | Melanie Paulsen       | Northland Prep (163)        | ALA-Queen Creek (149)        |
| 2017-18 | Div. I   | Xavier Prep (321)          | Maureen Rankin        | Chandler (263)              | Mountain View (Mesa) (238.5) |
|         | Div. II  | Chaparral (554)            | Richie Krzyzaznowski  | Catalina Foothills (271)    | Arcadia (264)                |
|         | Div. III | Sabino (259)               | Melanie Paulsen       | Scottsdale Prep (200)       | Saguaro (161)                |
| 2018-19 | Div. I   | Chaparral (477.5)          | Richie Krzyzaznowski  | Xavier Prep (301)           | Mountain View (Mesa) (268)   |
|         | Div. II  | Arcadia (266)              | Erica McClurg         | Catalina Foothills (245)    | Campo Verde (164)            |
|         | Div. III | Sabino (234)               | Melanie Paulsen       | Scottsdale Prep (205)       | Seton Catholic (182)         |
| 2019-20 | Div. I   | Chaparral (480)            | Richie Krzyzaznowski  | Xavier Prep (320)           | Mountain View (Mesa) (209)   |
|         | Div. II  | Catalina Foothills (309.5) | Robyn Burton          | Campo Verde (242)           | Salpointe Catholic (183)     |
|         | Div. III | Scottsdale Prep (299)      | Nikita Denisyako      | Phoenix Country Day (272.5) | Pusch Ridge (184)            |
| 2020-21 | Div. I   | Chaparral (452.5)          | Russell Krzyzaznowski | Xavier Prep (267)           | Red Mountain (208)           |
|         | Div. II  | Desert Mountain (253)      | Crystal Strimple      | Campo Verde (223)           | Cactus Shadows (204.5)       |
|         | Div. III | Scottsdale Prep (289)      | Nikita Denisyako      | Pusch Ridge (231)           | Phoenix Country Day (183)    |
| 2021-22 | Div. I   | Chaparral (357.5)          | Russell Krzyzaznowski | Red Mountain (240)          | Desert Vista (212)           |
|         | Div. II  | Desert Mountain (286)      | Crystal Strimple      | Campo Verde (256)           | Salpointe Catholic (218)     |
|         | Div. III | Phoenix Country Day (329)  | Michael Maczuga       | Chandler Prep (193)         | Valley Christian (161)       |
| 2022-23 | Div. I   | Chaparral (315)            | Russell Krzyzaznowski | Horizon (262)               | Desert Vista (224)           |
|         | Div. II  | Desert Mountain (349.5)    | Crystal Strimple      | Campo Verde (324)           | Catalina Foothills (212)     |
|         | Div. III | AZ College Prep (302)      | Kristine Nelson       | Phoenix Country Day (266)   | Salpointe Catholic (209)     |
| 2023-24 | Div. I   | Desert Vista (271)         | Bowen Johnson         | Horizon (259.5)             | Boulder Creek (247)          |
|         | Div. II  | Desert Mountain (365)      | Crystal Strimple      | Catalina Foothills (312)    | Campo Verde (231)            |
|         | Div. III | AZ College Prep (362)      | Kristine Nelson       | Phoenix Country Day (262.5) | ALA-Gilbert North (170)      |
| 2024-25 | Div. I   | Xavier Prep (398)          | Glen Coy              | AZ College Prep (367)       | Chaparral (309.5)            |
|         | Div. II  | Catalina Foothills (463.5) | Tamara Brandhuber     | Desert Mountain (440)       | Horizon (352)                |
|         | Div. III | Phoenix Country Day (398)  | Michael Maczuga       | Notre Dame Prep (362)       | Chandler Prep (296.5)        |
| 2025-26 | Div. I   | Desert Vista (490)         | Greg Plank            | Xavier Prep (420)           | AZ College Prep (341)        |
|         | Div. II  | Desert Mountain (321)      | Crystal Strimple      | Salpointe Catholic (313)    | Campo Verde (284)            |
|         | Div. III | Phoenix Country Day (276)  | Michael Maczuga       | ALA-Gilbert North (263.5)   | Notre Dame P rep (242.5)     |

# AIA Girls Swim & Dive Championships

## Team Records

### Championships Won

**29 - Xavier Prep:** 1973 (AAA), 1985 (5A), 1986 (5A), 1988 (5A), 1989 (5A), 1990 (5A), 1991 (5A), 1992 (5A), 1993 (5A), 1994 (5A), 1995 (5A), 1996 (5A), 1997 (5A), 1999 (5A), 2000 (5A), 2001 (5A), 2002 (5A), 2003 (5A), 2004 (5A), 2005 (5A Div. I), 2006 (5A Div. I), 2007 (5A Div. I), 2008 (5A Div. I), 2009 (5A Div. I), 2010 (Div. I), 2011 (Div. I), 2012 (Div. I), 2017 (Div. I), 2024 (Div. I).

**22 - Arcadia:** 1977 (AAA), 1978 (AAA), 1979 (AAA), 1980 (AAA), 1981 (AAA), 1983 (AAA), 1984 (5A), 1989 (4A), 1990 (4A), 1991 (4A), 1992 (4A), 1993 (4A), 1994 (4A), 1995 (4A), 1998 (4A), 1999 (4A), 2006 (4A Div. II), 2007 (4A Div. II), 2008 (4A Div. II), 2009 (4A Div. II), 2011 (Div. II), 2018 (Div. II).

**13 - Catalina Foothills:** 2000 (4A), 2001 (4A), 2002 (4A), 2003 (4A), 2004 (4A), 2005 (4A Div. I), 2006 (4A Div. I), 2007 (4A Div. I), 2009 (4A Div. I), 2010 (Div. II), 2013 (Div. II), 2019 (Div. II), 2024 (Div. II).

**12 - Chaparral:** 1997 (4A), 2008 (4A Div. I), 2009 (5A Div. II), 2014 (Div. I), 2015 (Div. I), 2016 (Div. II), 2017 (Div. II), 2018 (Div. I), 2019 (Div. I), 2020 (Div. I), 2021 (Div. I), 2022 (Div. I).

**7 - Desert Mountain:** 2005 (5A Div. II), 2006 (5A Div. II), 2020 (Div. II), 2021 (Div. II), 2022 (Div. II), 2023 (Div. II), 2025 (Div. II).

**3 - Phoenix Country Day:** 2021 (Div. III), 2024 (Div. III), 2025 (Div. III).

**3 - Sabino:** 2016 (Div. III), 2017 (Div. III), 2018 (Div. III).

**2 - AZ College Prep:** 2022 (Div. III), 2023 (Div. III).

**2 - Desert Vista:** 2016 (Div. I), 2025 (Div. I).

**2 - Pinnacle:** 2007 (5A Div. II), 2008 (5A Div. II).

**2 - Scottsdale Prep:** 2019 (Div. III), 2020 (Div. III).

**2 - Valley Christian:** 2008 (1A/2A/3A), 2009 (1A/2A/3A).

**2 - Washington:** 1972 (AAA), 1974 (AAA).

**1 - Agua Fria:** 1975 (AAA).

**1 - Campo Verde:** 2014 (Div. II).

**1 - Dobson:** 1987 (5A).

**1 - Mountain View (Mesa):** 1998 (5A).

**1 - Notre Dame Prep:** 2015 (Div. II).

**1 - Phoenix Christian:** 2007 (1A/2A/3A).

**1 - Rincon:** 1996 (4A).

**1 - Sahuaro:** 1982 (AAA).

**1 - Salpointe Catholic:** 2012 (Div. II).

**1 - Sunnyslope:** 2005 (4A Div. II).

**1 - Westwood:** 1976 (AAA).

### Most Consecutive Championships

**14 - Xavier Prep:** 1999 (5A), 2000 (5A), 2001 (5A), 2002 (5A), 2003 (5A), 2004 (5A), 2005 (5A Div. I), 2006 (5A Div. I), 2007 (5A Div. I), 2008 (5A Div. I), 2009 (5A Div. I), 2010 (Div. I), 2011 (Div. I), 2012 (Div. I).

**10 - Xavier Prep:** 1988 (5A), 1989 (5A), 1990 (5A), 1991 (5A), 1992 (5A), 1993 (5A), 1994 (5A), 1995 (5A), 1996 (5A), 1997 (5A).

**9 - Chaparral:** 2014 (Div. I), 2015 (Div. I), 2016 (Div. II), 2017 (Div. II), 2018 (Div. I), 2019 (Div. I), 2020 (Div. I), 2021 (Div. I), 2022 (Div. I).

**8 - Catalina Foothills:** 2000 (4A), 2001 (4A), 2002 (4A), 2003 (4A), 2004 (4A), 2005 (4A Div. I), 2006 (4A Div. I), 2007 (4A Div. I).

**7 - Arcadia:** 1989 (4A), 1990 (4A), 1991 (4A), 1992 (4A), 1993 (4A), 1994 (4A), 1995 (4A).

**5 - Arcadia:** 1977 (AAA), 1978 (AAA), 1979 (AAA), 1980 (AAA), 1981 (AAA).

**4 - Arcadia:** 2006 (4A Div. II), 2007 (4A Div. II), 2008 (4A Div. II), 2009 (4A Div. II).

**4 - Desert Mountain:** 2020 (Div. II), 2021 (Div. II), 2022 (Div. II), 2023 (Div. II).

**3 - Sabino:** 2016 (Div. III), 2017 (Div. III), 2018 (Div. III).

### Current Consecutive Championships

**2 - Phoenix Country Day:** 2024 (Div. III), 2025 (Div. III).