



School Name _____

Division _____

Penalty Sheet

QUALIFIER	STATE
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- Jewelry and/or Nail Violation..... _____ x 3 = _____

Athletes will be checked for jewelry and fingernail length prior to entering warm-ups and may be checked again prior to the on deck area. A penalty will be given for EACH occurrence/athlete in violation.

- Out of Bounds..... _____ x 0.5 = _____

If, at any point, an athlete goes off the performance mat/floor, a penalty will be given. This includes, but is not limited to, starting or finishing a tumbling pass/skill off the performance mat, beginning or completing a stunt off the performance mat, beginning or competing turns and leaps off the performance floor, or taking a step off the performance mat to grab a prop. A penalty will be given for EACH occurrence.

[Does not apply to Dance & Game Day divisions]

- NFHS Safety Violation _____ x 1.5 = _____

Any skill that is performed in violation of the NFHS Safety Rules will receive a penalty. A penalty will be given for EACH occurrence.

Tech Judge Signature

Scribe Signature