



**MINUTES**  
**SPORTS MEDICINE ADVISORY COMMITTEE MEETING**  
**September 24, 2020**

**Members in Attendance:**

Kristina Wilson  
Tamara McLeod  
Robert Luberto  
John Kearney  
Roger McCoy  
Tina Kwasnica  
Steven Erickson  
Javier Cardenas  
Bart Peterson  
David Hayward

**AIA Staff Present:**

David Hines, Executive Director  
Joe Paddock, Assistant Executive Director  
Mark Mignella, AIA Legal Council  
Tayler Coady, Executive Assistant

❖ **UPDATES ON PRO SPORTS / COLLEGE SPORTS / SECONDARY SCHOOLS**

- National Hockey League
  - Bubble (2 locations) (Alberta and Ontario)
  - Has been highly successful – bubble was very stringent
  - Not sure what will happen next season
- Major League Baseball – Diamondbacks
  - Currently no positive in system.
  - Bubble was successful
- PAC 12
  - Talks about having a football season if the numbers go down.
- National Football League
  - No bubble
  - Teams traveling (higher concerns)
  - Very strict protocol of who goes with the team when traveling (including owners)
  - Game day personnel will be tested

❖ **ARTICLE 17 CONCERNS**

- Concerns that only head coaches are required to have first aid / CPR certifications.
  - On a motion made seconded and carried the recommendation would be that all coaches have First Aid/Safety/CPR/AED certifications.

❖ **RETURN TO PLAY AFTER COVID FORM**

- Is exercise permitted during home isolation if COVID positive?
  - If asymptomatic – encouraged to maintain light activity during quarantine
- MD/PA/DO/NP have been added to the Return to Play form

❖ **NORTHERN SCHOOLS MODIFIED SPORT OF SEASON PROPOSAL**

- The Northern Arizona schools proposed a modified season of sport to the Executive Board during the September meeting and it was approved.
  - They will begin with Basketball and Wrestling in early January
- Allows kids the opportunity to participate
- No traveling outside of their area at this time
- The Committee had some questions regarding the proposal:
  - How much time is needed to go from one sport to another
    - Outside sports to indoor sports not much concern
    - More concern when athletes are going from an indoor sport to an outdoor sport regarding acclimatization periods.

❖ **WINTER SPORTS**

- Metrics will start over – counties will need to meet the metrics in order to begin practicing
- Guidelines will remain in place regarding the metrics and where the sports will fall (light / moderate / high risk)
- Winter Sports Modifications will be created
- Sports will be placed in category based on the NFHS
  - Wrestling – High Risk
  - Basketball – Moderate Risk
  - Soccer – Moderate Risk

Next Meeting – October 29, 2020