



MINUTES
SPORTS MEDICINE ADVISORY COMMITTEE MEETING
October 29, 2020

Members in Attendance:

Kristina Wilson
Bart Peterson
Janele Roche
Javier Cardenas
Randy Cohen
Tina Kwasnica
Robert Luberto
Tamara McLeod
John Kearney
Steve Erickson

AIA Staff Present:

David Hines, Executive Director
Joe Paddock, Assistant Executive Director
Mark Mignella, AIA Legal Council
Tayler Coady, Executive Assistant
Dean Visser, Sports Administrator
David Shapiro, Tournament Coordinator

❖ **COVID RATES IN ARIZONA**

- Joe Paddock is tracking the metrics by county every Thursday.
- November 5th will be the metrics to determine in Winter sports will begin on time
- Currently 6 counties that would not meet the requirement to participate
- Winter season could possibly be delayed for those counties if they do not meet the baseline requirements.

❖ **FALL SPORTS UPDATE**

- David Hines has a call with the Directors of health departments around the state
 - No stats regarding tracing going back to the court/field/practice/contest
 - Typically comes from outside of the athletic area
- Currently 44 games have been cancelled in football
- Currently 60 games have been cancelled in volleyball
- AIA has not been made aware of any complications or hospitalizations needed from any positive athletes that have been reported.
- Dr. Cardenas brought up that officials have not been asking the pre-contest questions or identifying who the AT is on site.
 - Mr. Hines indicated that he would make sure the officials are asking those questions.
- Social distancing is nearly impossible on the sidelines – even with the limited number of bodies allowed on the sidelines
- Mr. Hines has notified 14 schools of coaches not wearing mask
 - If the school is contacted they will be given a warning the first time and then the coach may be suspended if not followed or officials will be pulled from the game. Face coverings are required and must remain over the nose and mouth when speaking.

❖ WRESTLING RECOMMENDATIONS

- Less concern regarding wrestling participation due to the fact that it is one on one where football has multiple players having contact.
- Wrestling should be easier to contact trace if necessary
- Focus on essential environments (only duals – not multiple meets)
- Small schools may not be able to have duals as they have a harder time having a full team – may be allowed to host a multiple to maximize the number of students allowed to participate.
 - Athlete should only be allowed to participate in one match per night.
- Recommendations to be added for Wrestling:
 - Recommend Cohorting
 - Open doors/windows for ventilation when possible
 - Move mats to larger space (gym / outside) when possible
- On a motion made, seconded and carried the committee recommends approval to the Executive Board.

❖ WINTER SPORTS MODIFICATIONS

- Recommendations to be added for Wrestling to the sports modifications
 - Weigh ins:
 - Skin Checks, Temperature Check, COVID Survey
 - Dual Meets Only
 - Small schools may have a small multiple
 - Student only permitted to participate in one match per day
 - No invitationals
 - Limit practice partners
 - Coaches are not permitted to wrestle students.
 - If demonstrations are needed coaches can wrestle coaches or students can wrestle students.
 - When possible – use same partner for demonstrations
- On a motion made, seconded and carried the committee recommends approval to the Executive Board with the above additions to the modifications.

Next Meeting – December 10, 2020