



School Name _____

Division & Category _____

Game Day Penalty Sheet

- Jewelry and/or Nail Violation..... _____ x 3 = _____

Athletes will be checked for jewelry and fingernail length prior to entering warm-ups and may be checked again prior to the on deck area. A penalty will be given for EACH occurrence/athlete in violation.

- Procedure Violation _____ x 3 = _____

If a team performs any skill that is not permitted within that category or a Game Day restricted skill, a penalty will be given for EACH occurrence within the performance.

- Out of Bounds _____ x 0.5 = _____

If, at any point, an athlete goes off the performance mat/floor, a penalty will be given. This includes, but is not limited to, starting or finishing a tumbling pass/skill off the performance mat, beginning or completing a stunt off the performance mat or taking a step off the performance mat to grab a prop. A penalty will be given for EACH occurrence within the performance.

- NFHS Safety Violation _____ x 1.5 = _____

Any skill that is performed in violation of the NFHS Safety Rules will receive a penalty. A penalty will be given for EACH occurrence.

Tech Judge Signature

Scribe Signature