



MINUTES
SPORTS MEDICINE ADVISORY COMMITTEE MEETING - TELECONFERENCE
December 10, 2020

Members in Attendance:

Kristina Wilson
Randy Cohen
John Kearney

Tamara McLeod
Tina Kwasnica
Steven Erickson

Roger McCoy
Thomas Fiel
Kareem Shaarawy

AIA Staff Present:

David Hines, Executive Director
Joe Paddock, Assistant Executive Director

Mark Mignella, AIA Legal Council
Tayler Coady, Executive Assistant

❖ **COVID RATES IN ARIZONA**

- Joe Paddock is tracking the metrics by county every Thursday when they become available.
- Numbers have increased drastically over the course of a few weeks and continue to increase which is very concerning.

❖ **WINTER SPORTS UPDATE**

- The recommended start date for winter sports to begin competition is January 5, 2021
 - Schools may begin practice at any time at the discretion of the school/district
 - Schools need at minimum 14 days of practice prior to beginning any competition
- If an athlete competes with a club/outside group they will be in a 14 day exclusion period from the high school team.
- Spectators will not be permitted to any competitions until metrics are appropriate.
- No winter tournaments are permitted.

❖ **CDC RELAXED RECOMMENDATIONS**

- Discussion occurred regarding the recommendations released by the CDC and close contact quarantine.

❖ **RETURN TO ACTIVITY FORM**

- SMAC Members have been contacted regarding the Return To Activity form
 - Parents are having confusion regarding who is responsible to complete the form
- Athlete Trainers have reached out to members of the committee with a few options to help alleviate the confusion.
 - Dr. Wilson will work on adding information to the form to clear up confusion.

❖ **COVID-19 SURVEY**

- Members of SMAC have created a survey to be distributed to athletic directors regarding fall sports and the mitigation measures they took with student athletes that may have tested positive to COVID-19 or had a close contact.
- Another survey was created to gather data on athletes and cases in the high school setting.

❖ **KSI RANKING AND REVIEW/SITE VISIT PROPOSAL**

- Looking to meeting with members from KSI in June to discuss the following items and gather some insight and assistance.
 - Policy Development Assessment
 - Wet Bulb Globe Processes

Next meeting: December 31, 2020