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2020 AIA State Track & Field Tournament Guide



**2021 AIA State Track & Field**  
**TOURNAMENT GUIDE**

**Schedule, Rules, Regulations, Instructions**  
**Updated** April 27, 2021

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**AIA State Tournament Coordinator**

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**Web information at**  
[www.aiaonline.org](http://www.aiaonline.org)

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**ALL NEW INFORMATION FOR THIS YEAR'S TOURNAMENT GUIDE  
ARE IN THIS COLOR PRINT.**

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### Hosting a State Qualifying Meet

Hy-Tek must be used to export a backup of the meet to Sue Hysong within 72 hours after completion of the meet.

**All meet registration needs to be on MileSplit. See the [aiaonline.org](http://aiaonline.org) Coaches→Track for instructions on how to set up a meet in MileSplit.**

It is the coaches' responsibility to confirm results for athletes are correct. A coach has seven calendar days after the meet to question results. After this time there will be NO changes allowed. IF a coach has a question, an email needs to be sent to Dave Shapiro at [Dshapiro@aiaonline.org](mailto:Dshapiro@aiaonline.org) within these seven days.

It is also the coaches' responsibility to check state rankings on [az.milesplit.com](http://az.milesplit.com) or the weekly posting on the stat page on [azpreps365](http://azpreps365) for the sport of track, throughout the season.

A listing of all qualifying meets will be found at [www.aiaonline.org](http://www.aiaonline.org) under Coaches→:Track.

### Calendar of the Track Season

Monday	March 1	First day of permissible practice
Friday	March 12	First day of permissible competition
Friday	March 19	Rosters and Schedule Inputted or edited <b>in MileSplit</b> deadline
Friday	April 30	Coaches and Manager Roster for state passes due.
Friday	May 7	Copy of Pole Vault Certification course due for coaches box pass.
Wednesday	April 28	Declaration process for State Track opens up on MileSplit
Wednesday	May 5	Last day for State Qualifying Meets
Thursday	May 6	Results of last chance meets must be posted to Milesplit by 2PM
Friday	May 7	State Declaration closes at 5:00 PM.
Saturday	May 8	State Performance lists are emailed to coaches.
Monday	May 10	Deadline for any relay member change. Email to <a href="mailto:chysong@cox.net">chysong@cox.net</a>
Tuesday	May 11	Lane Assignments are posted at <a href="http://azpreps365">azpreps365</a>
<b>Wednesday</b>	<b>May 12</b>	<b>Division One Day One at Desert Vista High School</b>
<b>Thursday</b>	<b>May 13</b>	<b>Division Two State Track Meet, Day One at Perry High School</b>
<b>Friday</b>	<b>May 14</b>	<b>Division Three State Track Meet, Day One at Desert Vista HS</b>
<b>Friday</b>	<b>May 14</b>	<b>Division Four State Track Meet, Day One at Perry High School</b>
<b>Saturday</b>	<b>May 15</b>	<b>Division One and Three Finals at Desert Vista High School.</b>
<b>Saturday</b>	<b>May 15</b>	<b>Division Two and Four Finals at Perry High School.</b>

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### RULES

Rules shall be those of the current National Federation Track and Field Rule Book with exceptions noted in the AIA Constitution and Bylaws and these tournament instructions.

### GENERAL INFORMATION

- Coaches will remain in the stands; under no circumstances should coaches come onto the field.
- Participants will be assigned designated areas at each site and shall remain in those areas. Participants will not be allowed on the field unless participating.
- Sportsmanship Rule will be in effect and is in continuation from regular season. (Refer to the AIA Constitution and Bylaws, Article 16, Section 3)
- Field Event Contestants shall report promptly to the event judge at the designated location when the event is called. A contestant shall be charged with an unsuccessful attempt if he/she does not complete the trial or indicate his/her passing it within one minute after he/she has been called for a trial, unless he/she has been excused by the event judge to participate in another event.
- Starting blocks will be provided at the state meet.
- All pole vaulters will be weighed prior to the start of their competition. Athletes must be in uniform and have their shoes.
- Pole vault poles will not be allowed to be used unless an appropriate weight label is on that pole per National Federation rules.
- *34.92° sectors will be used in shot put and discus for all divisions.*
- The meet director will determine the procedure used in the long and triple jump.
- Spikes must be 1/8 to 1/4 inch in length; long spikes are unacceptable.
- **Throwing implements (shot/discus) will NOT be provided this year. Weigh in of the implements will be conducted at the venue.**
- Neither the AIA nor the host sites shall be responsible for lost or stolen articles.
- Any coach or competitor using tobacco, alcoholic beverages, or misusing drugs at the tournament site during athletic contests sponsored by AIA shall be disqualified from the contest. (Refer to the AIA Constitution and Bylaws, Article 14, Section 14.13)
- Locker room facilities will not be available.
- No field event warm up can commence till an official is at the event venue.
- Unfortunately, events will not be changed to accommodate outside events (i.e. testing, graduation, personal conflicts, etc.)
- Electronic devices may be used in unrestricted areas and coaching boxes, providing the location does not interfere with progress of the meet as determined by the meet referee.

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### GENERAL INFORMATION (CONT.)

- For eligibility at the State Championships in the long jump, triple jump, or any race that is not run around the complete oval of the track, a wind gauge recorded speed indicating any assisting wind did not exceed an average velocity of 3.0 meters per second is required.
- Any substitutions in a relay must come from the six names listed in the milesplit declaration (or any corrections emailed by 5/10 to Sue Hysong). Any athlete that is substituted into the relay that is NOT on this list will result in disqualification of the relay team from the event and team results.
- **The 4x100 Relay will now use the 30 meter zone.**
- **The Javelin for all four divisions will be conducted this year at Seton Catholic High School on Saturday, May 8, 2021. The runway is a natural all weather surface. Not grass**

### ELECTRONIC DEVICES

- Electronic devices shall not be used to transmit information to the competitor during the race or trial. Once a field event athlete's name has been called and their trial begins, that athlete may NOT view any video with or without a coach.
- Electronic devices/videos shall not be used for any review of an official's decision.
- Meet management will allow the viewing of video by a field event athlete after the beginning of a trial only if the competitor is taking consecutive trials. This does not change the amount of time the athlete has to initiate a trial.

NO PETS ARE ALLOWED—unless they are service animals. Comfort animals and other pets will not be allowed into the facility at Desert Vista or Perry High School.

Spike Lengths: Spikes are to be ¼” or less.

## UNIFORM SHORT RULING

Since the National Federation made compression shorts a legal uniform bottom, many of the shorts that were previously worn as undergarments are now worn as a team's uniform bottom. This change, coupled with the increasingly common practice of individual athletes purchasing their own matching color compression shorts to wear as their team uniform, has presented the following challenge when applying rule 4-3-1 (5c) addressing manufacturer's logos. Many of the compression style shorts, whether purchased by athletes or the school, have waistbands sporting multiple and/or oversized manufacturer logos. Often, the waistbands are not seen until an athlete is participating in an event. Or the infraction is revealed when they are asked to tuck in their uniform top before a race so hip numbers are clearly visible in the picture of the finish. The AIA is asking coaches and athletes to solve this violation by tucking the waistband inside of the short and stitching the band permanently in this position, sewing a matching solid color material over the band to cover the logos, or any other permanent solutions that will not allow the logos to be seen. Officials that observe this violation prior to the contestant becoming a competitor will not allow athletes to compete until the athlete changes the uniform or makes the uniform compliant with a permanent solution. AIA supports the intent of the logo rule (athletes not advertising for various manufacturers), it also does not want this issue to prevent athletes from competing or incurring additional expenses with the purchase of a different uniform. Coaches, please inform you athletes of the uniform rules and have them resolve any violations prior to competition.

### **Pole Vault coaches box Certification requirement.**

This year anyone who is in the coaching box at the state meet will be required to show proof of one of the following two Pole Vault courses. A copy of the certificate will need to be emailed to [dshapiro@aiaonline.org](mailto:dshapiro@aiaonline.org) by Friday, April 16.

NFHS: Coaching Pole Vault: Successful Skill Development. A free course found at: NFHS <https://nfhslearn.com/courses/40000/coaching-pole-vault>

OR:

<https://www.everythingtrackandfield.com/npvca>

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### **STATE MEET ENTRY DEADLINE**

- **The deadline for entering qualified athletes into the State Track & Field meet is 5:00 pm on Friday, May 7, 2021.** The entry process will be through the roster page of MileSplit. Instructions for the entry process will be located on the Track & Field page of [www.aiaonline.org](http://www.aiaonline.org) . **Athletes that are not entered by that date will not participate in the State Meet per NFHS rules. (Rule 4 Section 1 Art. 1)**
- Last date for a State Qualifying Meet is **Wednesday May 5, 2021.**
- **Milesplit is the official entry portal and MUST be used.**

**ENTRIES WILL ONLY BE PLACED IN MILESPLIT.COM.**  
**THERE IS NO BACK UP ENTRY PORTAL.**

**Javelin Entries are DUE by Sunday, May 2. At 6:00PM**

### **2021 NUMBER OF ENTRIES AT STATE**

- A maximum of **24** will qualify for running events.
- A maximum of **16** relay teams will qualify for state.
- A maximum of **24** will qualify for Long and Triple Jump
- A maximum of **24** will qualify for Discus and Shot Put
- A maximum of **22** will qualify for Javelin, High Jump and Pole Vault.
- If there is a tie for the last qualifying individual, then those tied will be admitted into the state meet.

### **Advancement to finals from Running Preliminaries**

#### **Eight to all finals**

- Four heats: Heat winners and next **four** times.
- Three heats: Heat winners and next **five** times.
- Two heats: Heat winners and next **six** times.

### **PACKET PICK UP**

At the school sites packets can be picked up at the team check-in area at the Team Entrance Gate.

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### **TEAM CHECK IN**

- Each member school will receive a maximum of four (4) coaches' wristbands per gender for a total of eight (8). Each school will also receive two (2) additional wristbands for your school manager/statistician. The wrist bands will be updated each day with a new color for that specific day and will not carry over to the next day. Only coaches listed on the coaches list will be admitted through the pass gate and will need to check in at the tent located near the entrance of the two stadiums. The team check in table will screen athletes and coaches for the proper wristbands and bib number for each participating athlete. All coaches must have the appropriate color wristband and the athletes' must have their state championship bib number.
- Roster of Coaches and Manager for wrist bands are due on **Friday, April 30**. Email list to [Dshapiro@aiaonline.org](mailto:Dshapiro@aiaonline.org). Please use excel for this listing if possible.

**See maps for the two high school sites for team camps, warm up and check in.**

### **BULL PEN / STAGING AREA**

- **Please note that cell phones, iPods, and other musical devices are not allowed in this area. Athletes should be "competition ready" (warm ups removed, dressed in a legal uniform, spikes on, etc. upon arrival to the staging area.**

### **COVID MODIFICATIONS:**

- Refer to the AIA Modifications on the AIA website.
- **All Coaches will need to bring the signed COVID Athlete-Coaches monitoring signature form. This form is on every coach's dashboard.** This form will be needed for each day. On day one it will be needed to pick up the schools packet.



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### 2021 ADMISSION PRICE

**General Admission - \$10.00 tickets can only be purchased through GoFan. There will be no cash sales of tickets on day of the meet.**

### FREE ADMISSION

Children five or under. All children must wear masks and sit with the parent.  
Media with proper credentials

### PROGRAMS AND SOUVENIRS

- PepWear is the official merchandise partner of the AIA.
  - Sale or distribution of AIA State Tournament merchandise by any individual or company other than PepWear at any AIA state tournament or championship event is prohibited.
- Programs can be viewed for free on the AZPreps365 Live Mobile App, available on the Apple App Store and Google Play Store.
- The NFHS Network is the exclusive broadcast partner of the AIA for state tournament and championship events.
  - Video recording for live streaming of the event or for purpose of resale by any individual or company other than the NFHS Network is strictly prohibited.

### IMPORTANT SITE INFORMATION

**The Gates at Perry will open at 2:45pm. DO NOT SHOW UP until 2:35 as school will be getting out and students will be exiting the parking lot till 2:30. ANY team bus that shows up early will need to park at the South-west corner of Val Vista and Queen Creek Roads. Spectators will NOT be allowed into the stadium until 3:30pm.**

**The Gates at Desert Vista will open at 3:00pm. DO NOT SHOW UP until 2:45 as the students will be exiting the parking lot up until that time. Any Team bus that shows up early will need to find a place to park until 2:45pm. Spectators will NOT be allowed into the stadium until 3:45pm.**

**Each site will be limiting spectators. Tickets will be purchased through GoFan.co there will be no cash sales at the venues.**

**Capacity at Desert Vista will be 1500**

**Capacity at Perry High School will 1500**

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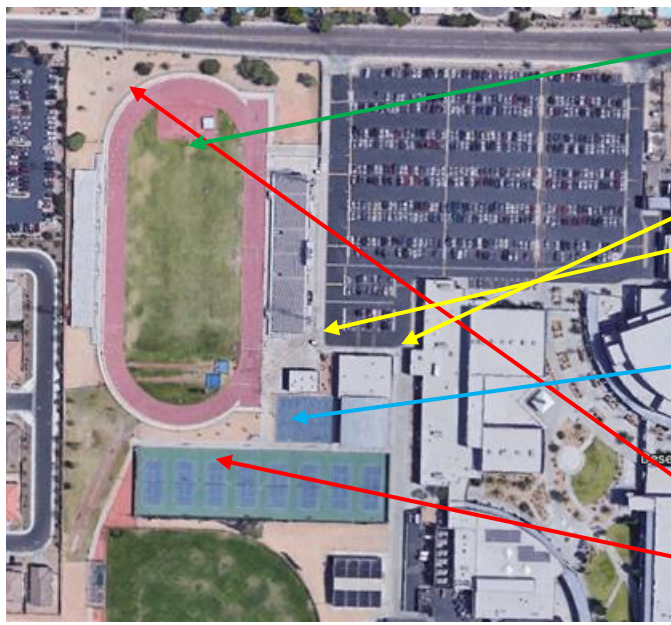
Map of Desert Vista High School



Shot Put and Discus.  
No parking allowed on  
this street

Athlete Warm Up  
JV Baseball Field  
outfield only

32<sup>nd</sup> street



Trainers

- Team Entrance Gate
- Spectator Gate

Athlete Check in—Bull  
Pen

Team Camps on  
Tennis Courts or  
granite area.  
NOT in west  
bleachers

Map of Perry High School



• Team Camps (are not in either set of bleachers)

• Athlete Check In ???

• Athlete Gate

• Spectator Gate

• Long/Triple Jump & Pole Vault

## 2021 AIA State Track & Field Tournament Guide

### GAMES COMMITTEE PERRY HIGH SCHOOL

#### **Division 4**

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Jury of Appeals	Rick Samon Mike Elder Greg Hull Dean Ouellette	Mogollon Northland Prep Phoenix Country Day Chandler Prep
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#### **Division 2**

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Division Two:	Roger Bristow Mike Gleason Scott Giddings Camron Dozier	Buena Horizon Greenway Marana
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#### **AIA Representatives**

Site Coordinator	Shawn Rustad
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### GAMES COMMITTEE DESERT VISTA HIGH SCHOOL

#### **Division 3:**

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Jury of Appeals	Paul Demuth Mike Carlin Bob London Doug Beaumont	Holbrook Florence Blue Ridge Peoria
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#### **Division 1:**

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Jury of Appeals	David Van Sickle Matt Lincoln Cibola Sandra Day O'Connor	Xavier Chandler Kevin McLean Eric Bolus
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#### **AIA Representatives**

Meet Director	David Shapiro
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#### **Games Committee Duties/Responsibilities**

- Members of the committee should be available throughout the contest for assistance to the director.
- The Games Committee, upon the request of the Meet Director, shall consider and take appropriate action on any protest of the tournament operation.
- The decision of the Meet Director and/or Games Committee shall be final.

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### 2021 State Track & Field Coaches Information

State entries due by **5:00 pm Friday, May 7, 2021** through MileSplit.

- A Performance listing of athletes by event that have qualified to state will be emailed by Sunday, evening—May 9. Emails will be sent by way of MileSplit. This email has actually been sent out by Saturday evening some years so start checking your emails.
- State qualifiers will be posted on [www.aia365.com](http://www.aia365.com) by 12:00 noon Monday, May 10, 2021
- Any correction or change of relay members must be emailed to [chysong@cox.net](mailto:chysong@cox.net) by Monday (May 10) afternoon, 2:00 PM
- **Individuals can only be entered in four events—individual or relay.**
- **Each school can only enter up to four athletes per event—regardless of how many they may have in the rankings.**

Hip Tag Numbers for distance runs, 100 and High Hurdles

- Located at the bull pen.

Bull Pen

- See map of the facilities.
- Bull Pen will open one hour before the first scheduled race.

Coaches Corner

- Pole Vault weigh ins
- PV coaches check-in for Coaches Boxes
- Shot / Discus weigh-ins
- Coaches questions, concerns, protests, explanations for DQ's

Coaches Box

Due to Social Distancing Only the Pole Vault will have a coach's box for this year at Desert Vista. At Perry the box will be small and only four or five coaches will be allowed to be in at one time. Coaches will need to rotate when their vaulter are up, on deck and in the hole.

Coaches Seating

- No teams will be allowed in bleachers on either side of the track.

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### Results

- Event results will be posted online live at [www.azpreps365.com](http://www.azpreps365.com)

### Opening Heights:

- **Will be looped out as the end of season nears.**

### Awards

- The top 4 finishers will receive medals immediately following the conclusion of their event
- No college sweatshirts/T-shirts or advertising of any commercial products on the awards stand. Athletes are to be in school issued uniform.

### Certified Athletic Trainer

- See site maps.
- The trainer is present to provide water around the site and for emergencies only.
- The trainer will not be available for treatment or taping.

### Media Area

- Located at the SW corner of the track

### NFHS Network

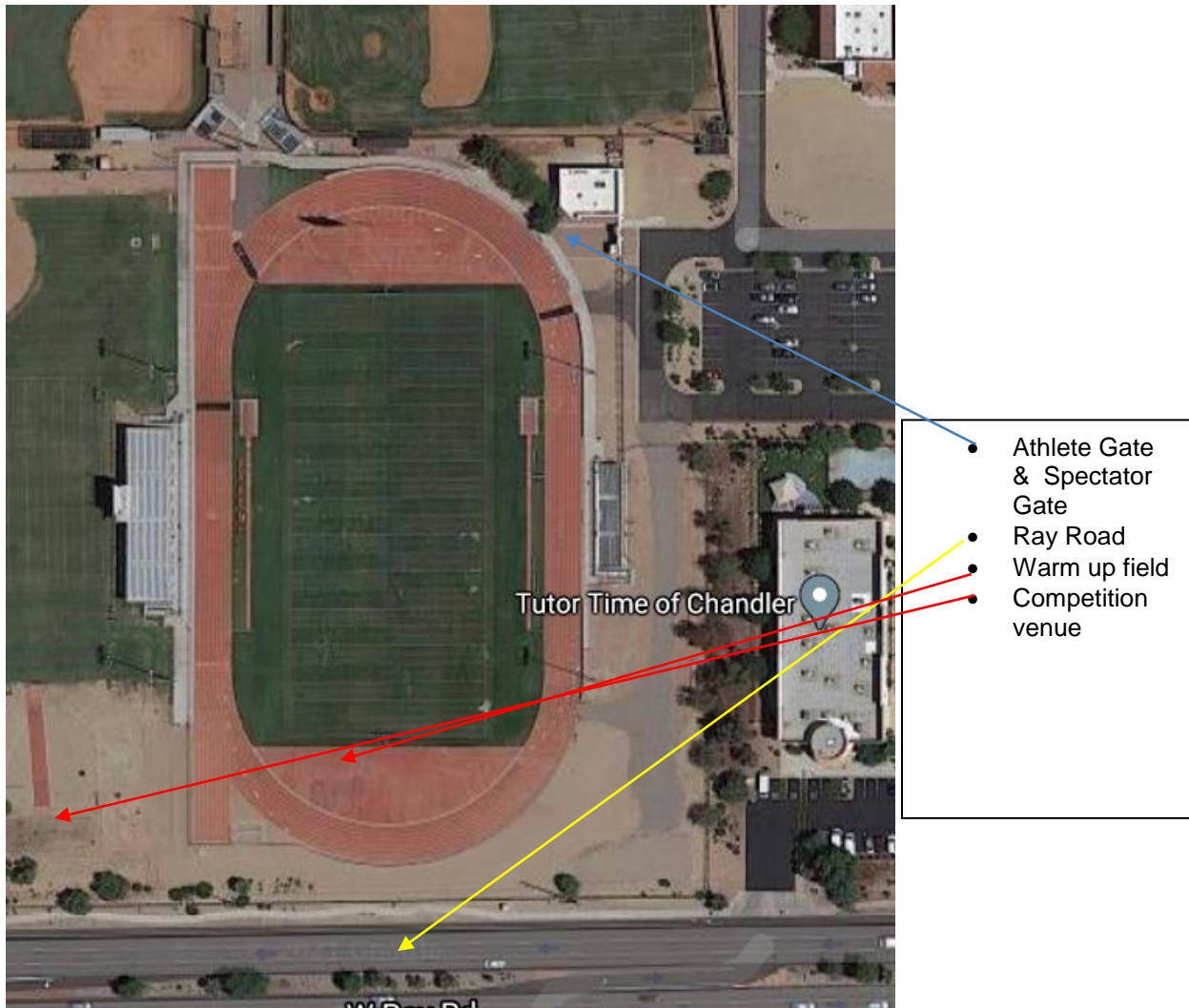
- Saturday's finals at both sites will be available for purchase on the NFHS network.

## **MEDIA CREDENTIAL POLICY**

AIA has a Media Policy that needs to be followed to protect the proprietary rights of the Association and to protect the student-athletes and coaches at region and state tournament events. The following link ([http://aiaonline.org/news/press\\_center.php](http://aiaonline.org/news/press_center.php)) is to the AIA Media Center which houses the AIA online media credential form and the AIA approved media list (those that have requested and been granted AIA media credentials). The editor/manager of an outlet already granted access to AIA media credentials must go online and order credentials for a member of the media not on the master list. Please note that some members of the media might show up with freelance credentials. These have no pictures on them, but do allow for access to the event per the designated media outlet on the AIA media credential. Additionally, all member schools were allotted a number of school-based credentials for the school year. These will allow admittance equal to a media or freelance credential.

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**Javelin**  
**At Seton Catholic High School**  
**1150 N. Dobson Road, Chandler 85224**



- Javelin will be contested at Seton High School on Saturday, May 8, 2021
  - Entries are due **by Sunday, May 2, 2021, 9:00PM** on MileSplit.
  - Warm ups will only be allowed on the Football field and with a field judge present.
    - Anyone violating the warm up procedure could be disqualified.
  - Time Schedule is approximate: Boys first Girls to Follow
    - Division One: 7:30am
    - Division Three: 11:00am
    - Division Four: 2:30pm
    - Division Two: 5:00pm
- This time schedule could be changed.

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**2021 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP  
SCHEDULE OF EVENTS**

**SITE: Perry High School and Desert Vista High School**

**WEDNESDAY, MAY 12, 2021 for Division One:**

**THURSDAY, MAY 13, 2021 for Division Two:**

3:00 pm Team entrance open

3:30 pm Coaches Meeting

4:00 pm	High Jump	Boys
	Triple Jump	Boys
	Pole Vault	Girls
	Long Jump	Girls
	Discus	Boys
	Shot Put	Girls

<b>Time.</b>	<b>Track Events</b>	<b>Boys/Girls</b>
<b>4:30 pm</b>	<b>4X800m Relay</b>	<b>Boys</b>
4:45	110m Hurdles	
5:00	100H Hurdles	
5:20	100m Dash	
5:35	100m Dash	
<b>5:50 pm</b>	<b>1600m Run</b>	<b>Girls</b>
6:00	4X100 Relay	
6:10	4X100 Relay	
6:30	400m Dash	
6:45	400m Dash	
7:10	300m Hurdles	
7:25	300m Hurdles	
<b>7:50 pm</b>	<b>800m Run</b>	<b>Girls</b>
8:00	200m Dash	
8:15	200m Dash	
<b>8:35 pm</b>	<b>3200m Run</b>	<b>Boys</b>
8:50	4X400 Relay	
9:10	4X400 Relay	



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**2021 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP  
SCHEDULE OF EVENTS**

**FRIDAY, MAY 14, 2021 Day One**  
**DIVISION III at Desert Vista High School**  
**Division IV at Perry High School**

1:00pm Unified Sports at Perry High School.

3:00 pm Team entrance open

3:30 pm Coaches Meeting

4:00 pm	Pole Vault	Boys
	Long Jump	Boys
	Triple Jump	Girls
	High Jump	Girls
	Discus	Girls
	Shot Put	Boys

<b>Time.</b>	<b>Track Events</b>	<b>Boys/Girls</b>
<b>4:30 pm</b>	<b>4X800m Relay</b>	<b>Girls</b>
4:45	110m Hurdles	
5:00	100H Hurdles	
5:20	100m Dash	
5:35	100m Dash	
<b>5:50 pm</b>	<b>1600m Run</b>	<b>Boys</b>
6:00	4X100 Relay	
6:10	4X100 Relay	
6:30	400m Dash	
6:45	400m Dash	
7:10	300m Hurdles	
7:25	300m Hurdles	
<b>7:50 pm</b>	<b>800m Run</b>	<b>Boys</b>
8:00	200m Dash	
8:15	200m Dash	
<b>8:35 pm</b>	<b>3200m Run</b>	<b>Girls</b>
8:50	4X400 Relay	
9:10	4X400 Relay	

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**2021 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP  
SCHEDULE OF EVENTS  
DAY 2 at Desert Vista High School**

**SATURDAY, MAY 15, 2021  
DIVISION 1 & 3**

1:00 pm Team entrance open

2:30 pm	Pole Vault	D1 Boys/ D3 Girls
	Long Jump	D3 Girls/ D1 Boys
	Triple Jump	D1 Girls/ D3 Boys
	High Jump	D3 Boys /D1 Girls
	Shot Put	D1 Boys /D3 Girls
	Discus	D3 Boys /D1 Girls

<b>Time</b>	<b>Track Events</b>	<b>Boys/Girls Div III/Div I</b>
4:30 p.m.	4X800 Relay	Div. III Boys/Div. I Girls
5:00 p.m.	110/100m Hurdles	
5:25 p.m.	100m Dash	
5:50 p.m.	1600m Run	Div. III Girls/Div. I Boys
6:15 p.m.	4X100 Relay	
6:35 p.m.	400m Dash	
7:00 p.m.	300m Hurdles	
7:30 p.m.	800m Run	Div. III Girls/Div. I Boys
6:15 p.m.	4X100 Relay	
8:00 p.m.	200m Dash	
8:20 p.m.	3200m Run	Div. III Boys/Div. I Girls
8:50 p.m.	4X400 Relay	
9:15 pm.	Trophy Presentation	

**NOTE: TIME SCHEDULE IS APPROXIMATE AND SUBJECT TO CHANGE.  
The Schedule is NOT a rolling time schedule. Recovery Time is built into the schedule**

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**2021 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP  
SCHEDULE OF EVENTS  
DAY 2 at Perry High School**

**SATURDAY, MAY 15, 2021**  
**DIVISION 2 & 4**

1:00 pm Team entrance open

2:30 pm	Pole Vault	D2 Boys/ D4 Girls
	Long Jump	D4 Girls/ D2 Boys
	Triple Jump	D2 Girls/ D4 Boys
	High Jump	D4 Boys /D2 Girls
	Shot Put	D4 Girls /D2 Boys
	Discus	D2 Girls /D4 Boys

<b>Time</b>	<b>Track Events</b>	<b>Boys/Girls Div IV/Div II</b>
4:30 p.m.	4X800 Relay	Div. IV Boys/Div. II Girls
5:00 p.m.	110/100m Hurdles	
5:25 p.m.	100m Dash	
5:50 p.m.	1600m Run	Div. IV Girls/Div. II Boys
6:15 p.m.	4X100 Relay	
6:35 p.m.	400m Dash	
7:00 p.m.	300m Hurdles	
7:30 p.m.	800m Run	Div. IV Girls/Div. II Boys
6:15 p.m.	4X100 Relay	
8:00 p.m.	200m Dash	
8:20 p.m.	3200m Run	Div. IV Boys/Div. II Girls
8:50 p.m.	4X400 Relay	
9:15 pm.	Trophy Presentation	

**NOTE: TIME SCHEDULE IS APPROXIMATE AND SUBJECT TO CHANGE.**  
**The Schedule is NOT a rolling time schedule. Recovery Time is built into the schedule**

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