#### AIA Sectional Cross Country Championships Thursday, October 26, 2023

Location: Glendale Heroes Park 8300 W Bethany Home Rd Glendale, AZ 85303

There are two gates to enter the park.

- One off Bethany Home Rd just east of 83rd ave. Limited access after 7:30am
- One off of 83rd Ave just north of Bethany Home Rd preferred entrance/exit.

#### Time Schedule:

7:00 am	Course open
8:00 am	Division 1 - Northeast Boys
8:30 am	Division 1 - Northeast Girls
9:05 am	Division 1 - Awards
9:00 am	Division 4 - Metro Boys
9:30 am	Division 4 - Metro Girls
10:05 am	Division 4 - Awards
10:00 am	Division 3 - Metro Boys
10:30 am	Division 3 - Metro Girls
11:05 pm	Division 3 - Awards
11:00 am	Division 2 - Northwest Boys
11:30 am	Division 2 - Northwest Girls
12:05 pm	Division 2 - Awards

#### Awards:

Medals will be awarded to the top fourteen (14) in each sectional. The top team will receive the Sectional Championship Plaque.

An awards ceremony will be given from the ramada at the south end of the ramada circle. The awards ceremony will be for both the boys and girls of the same division. The awards ceremony will be approximately 15 minutes following the conclusion of the final race for that division.

#### Course:

The course is mostly sidewalk, compact dirt, and grass.

A copy of the map is online at the AIA website under coaches  $\rightarrow$  cross country.

Make copies of the map. Maps may not be provided in your team packet.

There will be course monitors on the course to direct athletes and to help with crowd control.

There will be abundant flagging and cones so the course is well designated.

The course will be open for preview throughout the day. Athletes in later races wanting to warm up on the course must use extreme caution.

Bicycles will NOT be allowed on the course. No spikes will be allowed.

# <u>Finish Line:</u>

There will be officials at the finish line to help ensure athlete safety and result accuracy.

Athletes will have RF tags attached to their bibs as the official timing and scoring method. Use of a camera and watch will serve as a back-up scoring method (will be reviewed by race officials if needed).

Coaches, athletes, and spectators are not permitted into the finish area. Athletes will be walked through the finish chute and exit to the northern end of the field where they can be greeted.

The finish line will be using chip timing pads. In order to keep the results accurate and timely, please ensure that any athletes with bibs on avoid the finish line as other races are finishing.

# Parking:

Buses may drop teams off in the park but then MUST leave the park. Bus parking is reserved at Westside Church located one block east of the park on Bethany Home Rd.

Minibuses and school vans that take up only one parking space may park in the parking lot.

Spectator parking will be available in the parking lots.

# Team Camps:

Team camps may be set up in the ramadas or in the grass fields behind the starting line.

Teams are responsible for ensuring that their camp area is clean of all debris before departing the meet. Good environmental stewardship is the responsibility of all.

NO staking of team tents is allowed in the grass at the park.

# Spectators:

Spectators are to be aware of racers at all times.

Spectators are to follow the commands of the course monitors to ensure athlete safety. Spectators deliberately disobeying course monitors or race officials are subject to removal and their team's disqualification. Please ensure your spectators are aware of the expectations for appropriate and safe cross country cheering.

#### Bathrooms:

There will be bathrooms available in the building next to the ramada circle (next to the playground). There will also be portable toilets next to that building as well for athlete use. A smaller bathroom building is also located next to the skatepark in the NW corner of the park.

### Medical:

There will be trainers on site to assist with medical needs. Trainers will be located in the finish line area.

Schools are required to bring their own water for athletes and spectators.

Water will NOT be available at the finish line for athletes upon finishing. All athletes and teams are required to bring their own, labeled, water containers.

#### Section Entry Procedure:

Each team may designate up to seven runners. Entries are to be submitted online at milesplit.az

## Entry deadline is Wednesday, October 18, by 11:59 AM.

Changes to your entries will be allowed at check in. It is recommended that you add this meet to your calendar sooner than later.

# IF you do NOT have a MileSplit account you need to allow several days for your account to be set and activated.

All Athletes entered in the sectional Cross Country Championship; MUST have completed at least ONE race through the season.

#### **State Qualification:**

The top half (50%) of full finishing teams (5 athletes) will advance to state. If there is an odd number of scoring teams, then one additional team (even number) will advance. The next 7 individuals NOT on a qualifying team will advance to state.

#### State Entries:

Entries for the State Championships are to be made online at MileSplit

#### <u>Deadline for entries is Monday, October 30th by 11:59 AM</u>

For a time schedule and more information on the state meet visit <u>www.aiaonline.org</u> and scroll through the athletic tab button and tournament guides, under sports tab.

#### Games Committee:

In the rare instance that a games committee is needed for a decision, the following will be represented:

Members are subject to change.

Monty Montgomery	Highland Prep	Division 1
Michael Mendoza	Washington	Division 2
???	???	Division 3
Chad Wilshusen	Valley Lutheran	Division 4
James Hershberger	AIA	Referee
Julie Patton	Glendale	Administrator

#### Post-Race Meals:

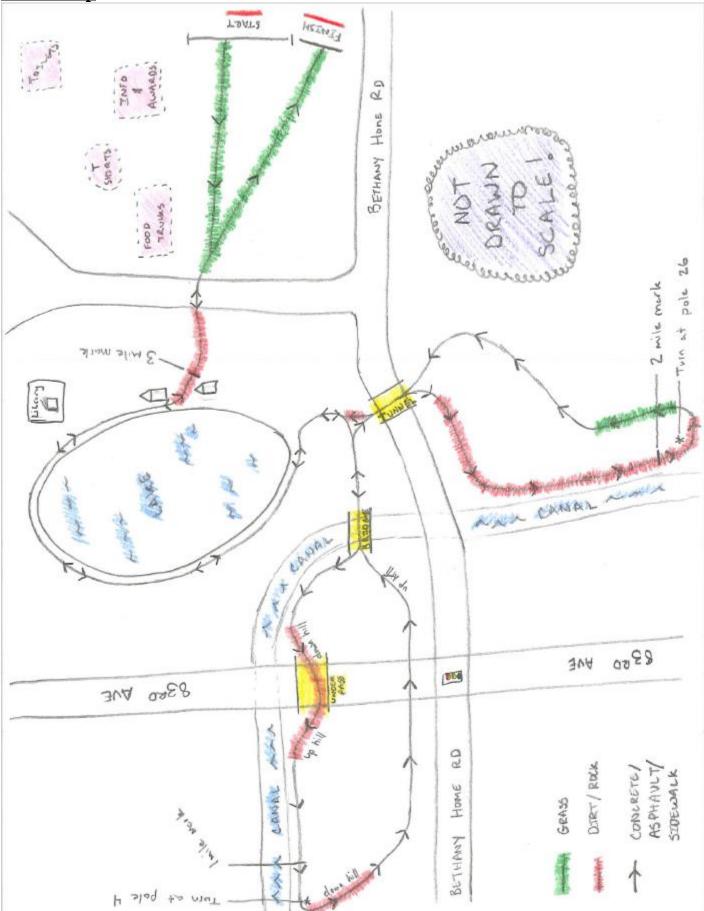
If you are in need of eating establishments, the West Gate Entertainment area has countless restaurants—both sit down and fast service. West Gate is located off of Glendale Ave and 95th Ave.

#### **Contact Information:**

Email questions or concerns to Matthew Schmitt. Matthew.Schmitt@guhsdaz.org

Please call only on the day of the sectionals if there is some sort of crisis. 623.853.6903

# <u>Course Map</u>



# **Starting Boxes**

Box	Division 1 NE Section	Division 2 NW Section	Division 3	Division 4 Metro Section
1	Mountain View Mesa	Millennium	Kingma	Kingman Academy
2	Westwood	Willow Canyon	ALA - West Foothills	Camp Verde
3	Mountain Ridge	Ironwood	Lee Williams	Trivium Prep
4	Skyline	Independence	Cactus	Heritage Academy - Laveen
5	Mesa	Glendale	Mohave	Arizona Lutheran
6	Sandra Day O'Connor	Washington	Chino Valley	Phoenix Country Day
7	Highland	Flagstaff	Moon Valley	Northwest Christian
8	Red Mountain	Westview	Coronado	Anthem Prep
9	Dobson	Coconino	Odyssey Institute	Glendale Prep
10	Pinnacle	Thunderbird	Wickenburg	Veritas Prep
11	Desert Ridge	Canyon View	Paradise Honors	BASIS - Phoenix
12	Gilbert	Sunrise Mountain	Dysart	Highland Prep
13	Boulder Creek	Bradshaw Mountain	Parker	Phoenix Christian
14		Raymond S Kellis	Estrella Foothills	Cicero Prep
15		Barry Goldwater	Shadow Mountain	North Phoenix Prep
16		Peoria	Fountain Hills	Valley Lutheran
17		Apollo	St. Marys	Desert Heights Prep
18		Notre Dame Prep	Greenway	North Valley Christrian
19			Tonopah Valley	St. John Paul II
20			Cortez	