

**2024 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP  
SCHEDULE OF EVENTS**

**SITE: RED MOUNTAIN HIGH SCHOOL**

**THURSDAY May 2, 2024  
Day One DIVISION I**

2:00 pm	Worker meeting		
2:30 pm	Team entrance open (School gets out at 3:15)		
3:30	Coaches Meeting		
5:00	Javelin	Boys	
	Triple Jump	Boys	
5:00	Pole Vault	Boys	
	Long Jump	Girls	
	Shot Put	Girls	
	High Jump	Girls	
6:15	Discus	Boys	

<p>Sunset for 5/2 is 7:12 pm</p> <p>Sunset for 5/3 is 7:13 pm</p> <p>Sunset for 5/4 is 7:13 pm</p>
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<b>Time</b>	<b>Track Events</b>	<b>Girls/Boys</b>	<b>heats</b>
5:00 pm	<b>4x800 Finals</b>	<b>Girls</b>	<b>1</b>
5:20	100H Hurdles	Girls	3
5:35	110H Hurdles	Boys	3
6:00	100m Dash	Girls	3
6:15	100m Dash	Boys	3
<b>6:35</b>	<b>1600m Run</b>	<b>Boys</b>	<b>1</b>
6:50	4x100m Relay	Girls	2
7:00	4x100m Relay	Boys	2
7:20	400m Dash	Girls	3
7:40	400m Dash	Boys	3
8:00	300m Hurdles	Girls	3
8:15	300m Hurdles	Boys	3
<b>8:45</b>	<b>800m Run</b>	<b>Boys</b>	<b>2</b>
8:55	200m Dash	Girls	3
9:10	200m Dash	Boys	3
<b>9:25</b>	<b>3200m Run</b>	<b>Girls</b>	<b>1</b>
9:45	4x400 Relay	Girls	2
9:55	4x400 Relay	Boys	2

Finished by 10:00 pm

**43 races**



**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP  
SCHEDULE OF EVENTS**

**Day One  
SITE: RED MOUNTAIN (DIV IV & V)**

**FRIDAY, May 3, 2024**

**BOLD TIMES ARE EARLIEST START TIMES FOR FIELD EVENTS AFTER THE FIRST FINAL**

2:30 pm	Team entrance open (School gets out at 3:15)	
3:00	Javelin	Boys D IV/Boys D V
3:30	Coaches Meeting	
4:00	Discus	Boys D V <b>/(6 PM)</b> Boys D IV
	Triple Jump	Boys D IV <b>/(6 PM)</b> Boys D V
	Pole Vault	Boys D V /Boys D IV <b>(Simultaneous)</b>
	Long Jump	Girls D V <b>/(6 PM)</b> Girls D IV
	Shot Put	Girls D IV <b>/(6 PM)</b> Girls D V
	High Jump	Girls D IV <b>/(6 PM)</b> Girls D V

<b>Time</b>	<b>Track Events</b>	<b>Boys/Girls</b>	<b>heats (D IV followed by D V)</b>
4:00 pm	<b>4x800 Finals</b>	<b>Girls</b>	<b>2</b>
4:30	100H Hurdles	Girls	6
4:55	110H Hurdles	Boys	6
5:20	100m Dash	Girls	6
5:40	100m Dash	Boys	6
<b>6:00</b>	<b>1600m Run</b>	<b>Boys</b>	<b>2</b>
6:16	4x100m Relay	Girls	4
6:34	4x100m Relay	Boys	4
6:42	400m Dash	Girls	6
7:08	400m Dash	Boys	6
7:40	300m Hurdles	Girls	6
8:05	300m Hurdles	Boys	6
<b>8:30</b>	<b>800m Run</b>	<b>Boys</b>	<b>4</b>
8:45	200m Dash	Girls	6
9:05	200m Dash	Boys	6
<b>9:30</b>	<b>3200m Run</b>	<b>Girls</b>	<b>2</b>
10:00	4x400 Relay	Girls	4
10:25	4x400 Relay	Boys	4

Finished by 11:00 pm

86 races



**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP  
SCHEDULE OF EVENTS**

**Day One**

**SITE: DEER VALLEY (DIV II & III)**

**FRIDAY, May 3, 2024**

1:15 pm	Team entrance open (School gets out at 12:42)	
2:15	Javelin	Boys D II/Boys D III
	Triple Jump	Boys D II /Boys D III – South and North Pits
	Pole Vault	Boys D III /Boys D II
	Long Jump	Girls D III /Girls D II – North Pit Follows Triple Jump
3:00	Shot Put	Girls D III /Girls D II
	Discus	Boys D III /Boys D II
3:30 (approx.)	High Jump	Girls DII/Girls D III – Follows South Pit Triple Jump
4:00	Coaches Meeting	

<b>Time</b>	<b>Track Events</b>	<b>Boys/Girls</b>	<b>heats (D II followed by D III)</b>
3:00 pm	<b>4x800 Finals</b>	<b>Girls</b>	<b>2</b>
3:30	100H Hurdles	Girls	6
3:55	110H Hurdles	Boys	6
4:20	100m Dash	Girls	6
4:40	100m Dash	Boys	6
<b>5:00</b>	<b>1600m Run</b>	<b>Boys</b>	<b>2</b>
5:16	4x100m Relay	Girls	4
5:34	4x100m Relay	Boys	4
5:42	400m Dash	Girls	6
6:08	400m Dash	Boys	6
6:40	300m Hurdles	Girls	6
7:05	300m Hurdles	Boys	6
<b>7:30</b>	<b>800m Run</b>	<b>Boys</b>	<b>4</b>
7:45	200m Dash	Girls	6
8:05	200m Dash	Boys	6
<b>8:30</b>	<b>3200m Run</b>	<b>Girls</b>	<b>2</b>
9:00	4x400 Relay	Girls	4
9:25	4x400 Relay	Boys	4

Finished by 10:00 pm

86 Races Total



**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP  
SCHEDULE OF EVENTS**

**SITE: DEER VALLEY  
Division II & III  
Saturday May 4, 2024  
Day Two**

12:00 pm	Team entrance open	
1:30	Javelin	Girls D II/D III
	Triple Jump	Girls D III/D II – South and North Pits
2:00	Pole Vault	Girls D II/D III
	Long Jump	Boys D II/D III – North Pit follows Triple Jump
	Shot Put	Boys D III/D II
	Discus	Girls D III/D II
	High Jump	Boys D III/D II– Follows South Pit Triple Jump

<b>Time</b>	<b>Track Events</b>	<b>Boys/Girls</b>	<b>heats (D II followed by D III)</b>
4:00 pm	<b>4x800 Finals</b>	<b>Boys</b>	<b>2</b>
4:30	100H Hurdles	Girls	2
4:40	110H Hurdles	Boys	2
4:55	100m Dash	Girls	2
5:05	100m Dash	Boys	2
<b>5:20</b>	<b>1600m Run</b>	<b>Girls</b>	<b>2</b>
5:50	4x100m Relay	Girls	2
6:00	4x100m Relay	Boys	2
6:15	400m Dash	Girls	2
6:25	400m Dash	Boys	2
6:50	300m Hurdles	Girls	2
7:00	300m Hurdles	Boys	2
<b>7:20</b>	<b>800m Run</b>	<b>Girls</b>	<b>4</b>
7:35	200m Dash	Girls	2
7:45	200m Dash	Boys	2
<b>8:00</b>	<b>3200m Run</b>	<b>Boys</b>	<b>2</b>
8:30	4x400 Relay	Girls	2
8:45	4x400 Relay	Boys	2

38 Total Races

**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP**



## SCHEDULE OF EVENTS

**SITE: Red Mountain**  
**SATURDAY, May 4, 2024**

### Day Two Division I, IV & V Meet Schedule

**BOLD TIMES ARE EARLIEST START TIMES FOR FIELD EVENTS AFTER THE FIRST FINAL**

12:00 pm	Team entrance open	
1:15	Javelin	Girls D IV/V/ <b>(3:30)</b> I (S Field) Double Barrel to start?
2:00	High Jump Triple Jump Pole Vault Long Jump	Boys D V/ <b>(4:00)</b> I/ <b>(6:00)</b> IV Girls D I/ <b>(4:00)</b> IV/ <b>(6:00)</b> V Girls D IV/V <b>Simultaneous/ (5:00)</b> DI Boys D IV/ <b>(4:00)</b> V/ <b>(6:00)</b> I
3:00	Discus Shot Put	Girls D I/ <b>(5:00)</b> IV/ <b>(7:00)</b> V Boys D V/ <b>(5:00)</b> I/ <b>(7:00)</b> IV

<u>Time</u>	<u>Track Events</u>	<u>Boys/Girls</u>	<u>heats (D I, IV, V)</u>
<b>3:30 pm</b>	<b>4x800 Finals</b>	<b>Boys</b>	<b>3</b>
4:20	100H Hurdles	Girls	3
4:30	110H Hurdles	Boys	3
4:45	100m Dash	Girls	3
5:00	100m Dash	Boys	3
<b>5:20</b>	<b>1600m Run</b>	<b>Girls</b>	<b>3</b>
5:50	4x100m Relay	Girls	3
6:00	4x100m Relay	Boys	3
6:25	400m Dash	Girls	3
6:40	400m Dash	Boys	3
7:00	300m Hurdles	Girls	3
7:20	300m Hurdles	Boys	3
<b>7:50</b>	<b>800m Run</b>	<b>Girls</b>	<b>6</b>
8:20	200m Dash	Girls	3
8:35	200m Dash	Boys	3
<b>8:50</b>	<b>3200m Run</b>	<b>Boys</b>	<b>3</b>
9:35	4x400 Relay	Girls	3
9:55	4x400 Relay	Boys	3

57 Total Races

