# 2024 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP SCHEDULE OF EVENTS

#### SITE: MESA COMMUNITY COLLEGE

## FRIDAY, MAY 10, 2024 <u>Day One Prelims</u>

9:00 am 9:00 am 9:15 9:30 10:30	Unified Team Entrance open Unified Warm ups begin Unified Coaches Meeting Unified Field Events Start (Long Jump, Shot Put, Turbo Javelin) Unified 100m Dash Unified 4x100m Relay Unified 400m Dash Unified 2x200m Relay				
2:00 pm	Team entrance open – t	rack is c	losed to wa	rm ups	
3:00 pm	Coaches Meeting				
3:00 pm	Javelin	Boys			
4:00 pm	Triple Jump	Boys			
	Long Jump	Girls			
	Discus	Boys			
	Shot Put	Girls			
5:30 pm	High Jump	Girls			
	Pole Vault	Boys			
<u>Time (+/- 10 min)</u>	Track Events	Boys/C	Girls	heats	
Time (+/- 10 min) 5:15 pm	Track Events 4x800m Relay	Boys/G	Girls Finals	heats 1	
5:15 pm	4x800m Relay	Girls		1	
5:15 pm 5:30	4x800m Relay 100m Hurdles	<b>Girls</b> Girls		1 2	
5:15 pm 5:30 5:45	<b>4x800m Relay</b> 100m Hurdles 110m Hurdles	Girls Girls Boys		1 2 2	
5:15 pm 5:30 5:45 6:00	4x800m Relay 100m Hurdles 110m Hurdles 100m Dash	Girls Girls Boys Girls		1 2 2 2 2 2 1	
5:15 pm 5:30 5:45 6:00 6:15	4x800m Relay 100m Hurdles 110m Hurdles 100m Dash 100m Dash	Girls Girls Boys Girls Boys	Finals	1 2 2 2 2 2 1 2	
5:15 pm 5:30 5:45 6:00 6:15 6:30 6:45 7:00	4x800m Relay 100m Hurdles 110m Hurdles 100m Dash 100m Dash 1600m Run 4x100m Relay 4x100m Relay	Girls Girls Boys Girls Boys Boys Girls Boys	Finals	1 2 2 2 2 2 1 2 2	
5:15 pm 5:30 5:45 6:00 6:15 6:30 6:45 7:00 7:20	4x800m Relay 100m Hurdles 110m Hurdles 100m Dash 100m Dash 1600m Run 4x100m Relay	Girls Girls Boys Girls Boys Boys Girls	Finals	1 2 2 2 2 2 1 2 2 2 2	
5:15 pm 5:30 5:45 6:00 6:15 6:30 6:45 7:00 7:20 7:30	4x800m Relay 100m Hurdles 110m Hurdles 100m Dash 100m Dash 1600m Run 4x100m Relay 4x100m Relay 4v100m Dash 400m Dash	Girls Girls Boys Girls Boys Girls Boys Girls Boys Girls Boys	Finals	1 2 2 2 2 2 1 2 2 2 2 2	
5:15 pm 5:30 5:45 6:00 6:15 6:30 6:45 7:00 7:20	4x800m Relay 100m Hurdles 110m Hurdles 100m Dash 100m Dash 1600m Run 4x100m Relay 4x100m Relay 4v100m Dash 400m Dash 300m Hurdles	Girls Girls Boys Girls Boys Girls Boys Girls Boys Girls Girls Girls	Finals	1 2 2 2 2 2 1 2 2 2 2 2 2	
5:15 pm 5:30 5:45 6:00 6:15 6:30 6:45 7:00 7:20 7:30 8:00 8:15	4x800m Relay 100m Hurdles 110m Hurdles 100m Dash 100m Dash 1600m Run 4x100m Relay 4x100m Relay 4v100m Relay 400m Dash 300m Hurdles 300m Hurdles	Girls Girls Boys Girls Boys Girls Boys Girls Boys Girls Boys Girls Boys	Finals Finals	1 2 2 2 2 2 1 2 2 2 2 2 2 2 2 2	
5:15 pm 5:30 5:45 6:00 6:15 6:30 6:45 7:00 7:20 7:30 8:00 8:15	4x800m Relay 100m Hurdles 110m Hurdles 100m Dash 100m Dash 1600m Run 4x100m Relay 4x100m Relay 4v100m Dash 400m Dash 300m Hurdles 300m Hurdles 800m Run	Girls Girls Boys Girls Boys Girls Boys Girls Boys Girls Boys Girls Boys Girls	Finals	1 2 2 2 2 2 1 2 2 2 2 2 2 2 2 2	
5:15 pm 5:30 5:45 6:00 6:15 6:30 6:45 7:00 7:20 7:30 8:00 8:15 8:30 8:40	4x800m Relay 100m Hurdles 110m Hurdles 100m Dash 100m Dash 1600m Run 4x100m Relay 4x100m Relay 4v100m Dash 400m Dash 300m Hurdles 300m Hurdles 800m Run 200m Dash	Girls Girls Boys	Finals Finals	1 2 2 2 2 2 1 2 2 2 2 2 2 2 2 2 2	
5:15 pm 5:30 5:45 6:00 6:15 6:30 6:45 7:00 7:20 7:30 8:00 8:15 8:30 8:40 8:55	4x800m Relay 100m Hurdles 110m Hurdles 100m Dash 100m Dash 1600m Run 4x100m Relay 4x100m Relay 4v100m Dash 400m Dash 300m Hurdles 300m Hurdles 800m Run 200m Dash 200m Dash	Girls Girls Boys	Finals Finals	1 2 2 2 2 2 1 2 2 2 2 2 2 2 2 2 2 2 2 2	
5:15 pm 5:30 5:45 6:00 6:15 6:30 6:45 7:00 7:20 7:30 8:00 8:15 8:30 8:40 8:55 9:00	4x800m Relay 100m Hurdles 110m Hurdles 100m Dash 100m Dash 1600m Run 4x100m Relay 4x100m Relay 4v100m Dash 400m Dash 300m Hurdles 300m Hurdles 800m Run 200m Dash 200m Dash 3200 M Run	Girls Girls Boys	Finals Finals	1 2 2 2 2 2 1 2 2 2 2 2 2 2 2 2 2 2 2 2	
5:15 pm 5:30 5:45 6:00 6:15 6:30 6:45 7:00 7:20 7:30 8:00 8:15 8:30 8:40 8:55	4x800m Relay 100m Hurdles 110m Hurdles 100m Dash 100m Dash 1600m Run 4x100m Relay 4x100m Relay 4v100m Dash 400m Dash 300m Hurdles 300m Hurdles 800m Run 200m Dash 200m Dash	Girls Girls Boys	Finals Finals	1 2 2 2 2 2 1 2 2 2 2 2 2 2 2 2 2 2 2 2	

Finished by 9:45 pm



# 2024 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP SCHEDULE OF EVENTS

#### SITE: MESA COMMUNITY COLLEGE

### SATURDAY, MAY 11, 2024

### **Day Two Schedule Finals**

2:00 pm	Team entrance open – track is closed to warm ups			
3:00 pm	Javelin	Girls		
4:30 pm	Triple Jump Long Jump	Girls Boys		
5:00 pm	Discus Shot Put	Girls Boys		
5:30 pm	High Jump Pole Vault	Boys Girls		

Time (+/- 10 min)	Track Events	Boys/Girls	heats
5:45 pm	4x800m Relay	Boys Finals	1
6:00	100m Hurdles	Girls	1
6:10	110m Hurdles	Boys	1
6:20	100m Dash	Girls	1
6:27	100m Dash	Boys	1
6:40	1600m Run	Girls Finals	1
7:00	4x100m Relay	Girls	1
7:10	4x100m Relay	Boys	1
7:20	400m Dash	Girls	1
7:30	400m Dash	Boys	1
7:45	300m Hurdles	Girls	1
7:52	300m Hurdles	Boys	1
8:00	800m Run	Girls Finals	1
8:10	200m Dash	Girls	1
8:17	200m Dash	Boys	1
8:30	3200 m Run	Boys Finals	1
8:50	4x400 Relay	Girls	1
9:00 pm	4x400 Relay	Boys	1