

**2026 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

SITE: RED MOUNTAIN HIGH SCHOOL

THURSDAY May 7, 2026
Day One DIVISION I and II

Sunset for 5/7 is 7:15 pm
Sunset for 5/8 is 7:16 pm
Sunset for 5/9 is 7:17 pm

1:30 pm	Team entrance open		
1:30-5:30	Implement Inspection		
3:00	Coaches Meeting		
4:00		Triple Jump Boys D I	Check in by 3:15 PM
		Pole Vault Boys D I (South Pit)	Check in by 3:15 PM
		Boys D II (North Pit)	Check in by 3:15 PM
		Long Jump Girls D I	Check in by 3:15 PM
		High Jump Girls D II	Check in by 3:15 PM
		Shot Put Girls D II	Check in by 3:15 PM
		Discus Boys D I	Check in by 3:15 PM
		Javelin Boys D I	Check in by 3:15 PM
6:00	Javelin	Boys D II	Check in by 5:15 PM
	Discus	Boys D II	Check in by 5:15 PM
	Triple Jump	Boys D II	Check in by 5:15 PM
	Long Jump	Girls D II	Check in by 5:15 PM
	Shot Put	Girls D I	Check in by 5:15 PM
	High Jump	Girls D I	Check in by 5:15 PM

Time	Track Events	Girls/Boys	heats (D II, I)	Check-in Deadline
5:00 pm	4x800 Finals	Girls	2	II: 4:45, I: 5:00 PM
5:25	100H Hurdles	Girls	6	5:10
5:35	110H Hurdles	Boys	6	5:20
5:45	100m Dash	Girls	6	5:30
5:55	100m Dash	Boys	6	5:40
6:10	1600m Run	Boys	2	II: 5:55, I: 6:00
6:25	4x100m Relay	Girls	4	6:10
6:45	4x100m Relay	Boys	4	6:30
7:05	400m Dash	Girls	6	6:50
7:25	400m Dash	Boys	6	7:10
7:45	300m Hurdles	Girls	6	7:30
8:05	300m Hurdles	Boys	6	7:50
8:20	800m Run	Boys	4	II: 8:05, I: 8:10
8:40	200m Dash	Girls	6	8:25
8:55	200m Dash	Boys	6	8:40
9:05	3200m Run	Girls	2	II: 8:50, I: 9:05
9:35	4x400 Relay	Girls	4	9:20
9:55	4x400 Relay	Boys	4	9:40
Finished by 10:25 pm			86 races	

**2026 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

Day One

SITE: RED MOUNTAIN (DIV V)

FRIDAY, May 8, 2026

2:30 pm	Team entrance open		
2:30 – 5:45	Implement Inspection		
4:00	Coaches Meeting	Northeast Annex	
5:00	Triple Jump	Boys	Check in by 4:15 PM
	Pole Vault	Boys	Check in by 4:15 PM
	Long Jump	Girls	Check in by 4:15 PM
	Shot Put	Girls	Check in by 4:15 PM
	High Jump	Girls	Check in by 4:15 PM
	Javelin	Boys	Check in by 4:15 PM
6:15	Discus	Boys	Check in by 4:30 PM

<u>Time</u>	<u>Track Events</u>	<u>Girls/Boys</u>	<u>Heats</u>	<u>Check-in Deadline</u>
5:00 pm	4x800 Finals	Girls	1	4:45 PM
5:20	100H Hurdles	Girls	3	5:05
5:40	110H Hurdles	Boys	3	5:25
6:00	100m Dash	Girls	3	5:45
6:15	100m Dash	Boys	3	6:00
6:35	1600m Run	Boys	1	6:20
6:50	4x100m Relay	Girls	2	6:35
7:05	4x100m Relay	Boys	2	6:50
7:20	400m Dash	Girls	3	7:05
7:40	400m Dash	Boys	3	7:25
8:00	300m Hurdles	Girls	3	7:45
8:15	300m Hurdles	Boys	3	8:00
8:45	800m Run	Boys	2	II: 8:30
8:55	200m Dash	Girls	3	8:40
9:10	200m Dash	Boys	3	8:55
9:25	3200m Run	Girls	1	9:10
9:45	4x400 Relay	Girls	2	9:30
9:55	4x400 Relay	Boys	2	9:40
Finished by 10:10 pm			43 races	

**2026 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

**SITE: Red Mountain
SATURDAY, May 9, 2026**

Day Two Division I, II & V Meet Schedule

Field Events

11:30 AM	Team entrance open			
11:30 – 2:30	Implement Inspection			
2:00 PM		Javelin (South Field)	Girls D V	Check in by
1:15 PM				
		Triple Jump	Girls D II	Check in by 1:15 PM
	Pole Vault	Girls D II	Check in by 1:15 PM	
	Pole Vault	Girls D I	Check in by 1:15 PM	
	Long Jump	Boys D V	Check in by 1:15 PM	
	High Jump	Boys D I	Check in by 1:15 PM	
3:00	Discus	Girls D II	Check in by 2:15 PM	
	Shot Put	Boys D I	Check in by 2:15 PM	
4:00	Triple Jump	Girls D V	Check in by 3:15 PM	
	Long Jump	Boys D I	Check in by 3:15 PM	
	High Jump	Boys D II	Check in by 3:15 PM	
4:15	Javelin (South Field)	Girls D II	Check in by 3:30 PM	
5:00	Discus	Girls D V	Check in by 4:15 PM	
	Shot Put	Boys D II	Check in by 4:15 PM	
	Pole Vault	Girls D V	Check in by 4:15 PM	
6:00	Javelin	Girls D I	Check in by 5:15 PM	
	Triple Jump	Girls D I	Check in by 5:15 PM	
	Long Jump	Boys D II	Check in by 5:15 PM	
	High Jump	Boys D V	Check in by 5:15 PM	
7:00	Discus	Girls D I	Check in by 6:15 PM	
	Shot Put	Boys D V	Check in by 6:15 PM	

**2026 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

**SITE: Red Mountain
SATURDAY, May 9, 2026**

Day Two Division I, II & V Meet Schedule

Track Events

Time	Track Events	Boys/Girls	heats (V/II/ I)	Check-in deadline
5:00 pm			4x800 Finals	Boys 3 V: 4:45, II: 5:00, I:
5:15 PM				
5:35			100H Hurdles	Girls 3 5:20
5:45			110H Hurdles	Boys 3 5:30
5:55			100m Dash	Girls 3 5:40
6:05			100m Dash	Boys 3 5:50
6:15			1600m Run	Girls 3 V: 6:00, II: 6:10, I:
6:20				
6:45			4x100m Relay	Girls 3 6:30
7:00			4x100m Relay	Boys 3 6:45
7:15			400m Dash	Girls 3 7:00
7:25			400m Dash	Boys 3 7:10
7:45			300m Hurdles	Girls 3 7:30
7:55			300m Hurdles	Boys 3 7:40
8:10			800m Run	Girls 6 V: 7:55, II: 8:00, I:
8:05				
8:45			200m Dash	Girls 3 8:30
8:55			200m Dash	Boys 3 8:40
9:05			3200m Run	Boys 3 V: 8:50, II: 9:05, I:
9:20				
9:45			4x400 Relay	Girls 3 9:30
10:00			4x400 Relay	Boys 3 9:45
Finished by 10:20 PM			57 Total Races	

**2026 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

SITE: SHADOW MOUNTAIN HIGH SCHOOL

FRIDAY May 8, 2026
Day One DIVISION III and IV

Sunset for 5/8 is 7:16 pm

Sunset for 5/9 is 7:17 pm

11:30am:	Triple Jumpers entrance		
12:30pm:	Triple Jump	Boys D III	Check in by 12:00 PM
1:30 pm:	All team entrance open		
1:30–4:30 pm:	Implement Inspection (N. racquetball court)		
2:45pm:	Triple Jump	Boys D IV	Check in by 2:15 PM
3:00pm:	Javelin	Boys D III	Check in by 2:30 PM
	Discus	Boys D IV	Check in by 2:30 PM
	Shot Put	Girls D III	Check in by 2:30 PM
3:30pm:	Pole Vault	Boys D III	Check in by 2:30 PM
	High Jump	Girls D IV	Check in by 2:45 PM
5:15pm:	Long Jump	Girls D III	Check in by 4:45 PM
6:00pm:	Javelin	Boys D IV	Check in by 5:30 PM
	Discus	Boys D III	Check in by 5:30 PM
	Shot Put	Girls D IV	Check in by 5:30 PM
6:30pm:	Pole Vault	Boys D IV	Check in by 5:30 PM
	High Jump	Girls D III	Check in by 5:45 PM
7:30pm:	Long Jump	Girls D IV	Check in by 7:15 PM

ALL TRACK EVENTS: CHECK-IN DEADLINE 15 MINUTES BEFORE RACE TIME

Time	Track Events	Girls/Boys	heats (D III, IV)	Check-in
4:00 pm	4x800 Finals	Girls	2	III: 3:45, IV: 4:00
4:25	100H Hurdles	Girls	6	4:10
4:45	110H Hurdles	Boys	6	4:30
5:10	100m Dash	Girls	6	4:55
5:25	100m Dash	Boys	6	5:10
5:40	1600m Run	Boys	2	III: 5:25, IV: 5:30
5:55	4x100m Relay	Girls	4	5:40
6:15	4x100m Relay	Boys	4	6:00
6:35	400m Dash	Girls	6	6:20
6:50	400m Dash	Boys	6	6:35
7:05	300m Hurdles	Girls	6	6:50
7:25	300m Hurdles	Boys	6	7:10
7:45	800m Run	Boys	4	III: 7:30, IV: 7:40
8:05	200m Dash	Girls	6	7:50
8:20	200m Dash	Boys	6	8:05
8:35	3200m Run	Girls	2	III: 8:20, IV: 8:35
9:05	4x400 Relay	Girls	4	8:50
9:30	4x400 Relay	Boys	4	9:15
Finished by 10:00 pm			86 races	

**2026 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

SITE: SHADOW MOUNTAIN HIGH SCHOOL

SATURDAY, May 9, 2026

Day Two Division III & IV Meet Schedule

11:30am:	Triple Jumpers entrance		
12:30pm:	Triple Jump	Girls D III	Check in by 12:00 PM
1:30 pm:	All team entrance open		
1:30–4:30 pm:	Implement Inspection (N. racquetball court)		
2:45pm:	Triple Jump	Girls D IV	Check in by 2:15 PM
3:00pm:	Javelin	Girls D III	Check in by 2:30 PM
	Discus	Girls D IV	Check in by 2:30 PM
	Shot Put	Boys D III	Check in by 2:30 PM
3:30pm:	Pole Vault	Girls D III	Check in by 2:30 PM
	High Jump	Boys D III	Check in by 2:45 PM
5:15pm:	Long Jump	Boys D III	Check in by 4:45 PM
6:00pm:	Javelin	Girls D IV	Check in by 5:30 PM
	Discus	Girls D III	Check in by 5:30 PM
	Shot Put	Boys D IV	Check in by 5:30 PM
6:30pm:	Pole Vault	Girls D IV	Check in by 5:30 PM
	High Jump	Boys D IV	Check in by 5:45 PM
7:30pm:	Long Jump	Boys D IV	Check in by 7:15 PM

ALL TRACK EVENTS: CHECK-IN DEADLINE 15 MINUTES BEFORE RACE TIME

Time	Track Events	Girls/Boys	heats (D III, IV)	Check-in
4:00 pm	4x800 Finals	Boys	2	III: 3:45, IV: 4:00
4:25	100H Hurdles	Girls	2	4:10
4:45	110H Hurdles	Boys	2	4:30
5:10	100m Dash	Girls	2	4:55
5:25	100m Dash	Boys	2	5:10
5:40	1600m Run	Girls	2	III: 5:25, IV: 5:30
5:55	4x100m Relay	Girls	2	5:40
6:15	4x100m Relay	Boys	2	6:00
6:35	400m Dash	Girls	2	6:20
6:50	400m Dash	Boys	2	6:35
7:05	300m Hurdles	Girls	2	6:50
7:25	300m Hurdles	Boys	2	7:10
7:45	800m Run	Girls	4	III: 7:30, IV: 7:40
8:05	200m Dash	Girls	2	7:50
8:20	200m Dash	Boys	2	8:05
8:35	3200m Run	Boys	2	III: 8:20, IV: 8:35
9:05	4x400 Relay	Girls	2	8:50
9:30	4x400 Relay	Boys	2	9:15
Finished by 10:00 pm			38 races	