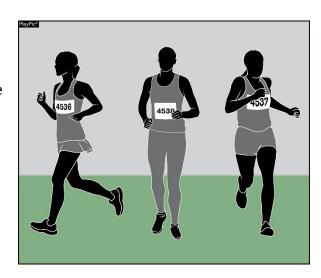


9/17/2025

NFHS Cross Country Weekly Rule Interpretations

Uniform

after warm-up and removes their sweats. The clerk notices that while they all have the same top on the bottoms are different and informs the meet referee. RULING: Team A uniforms are legal. COMMENT: Since all team members are wearing the same uniform top and liked colored bottoms it is clear that they are from the same team and doesn't matter that one has compression shorts, one has leggings and the others are wearing running skorts.



Timing



SITUATION 2: Transponders chips on the shoes are being used to determine times in a crosscountry meet. Runner A dives across the finish line to barely edge out Runner B. The finish judges pick Runner A, because the torso clearly crossed the line first. When the official results come in, Runner A had the second fastest time but was awarded first place.

RULING: Correct procedure.

COMMENT: No matter the timing system used, the order of finish is based on when the torso crosses the finish. When Identilynx systems or

other cameras are used at the finish line of a cross country meet an individual should review and confirm finish order is correct. [8-3-3]

SITUATION 3: Competitor A1 and A2 mistakenly exchange their bibs with transponder chips when the coach hands them out for the race. The meet referee disqualifies the two athletes. **RULING:** Correct procedure. **COMMENT:** Each competitor is responsible for wearing the assigned contestant number and computerized chips during competition. The penalty is disqualification. [8-3-3]